

Special Rules for the 2009 World Cup in Orienteering

The World Cup in 2009 will consist of 9 competitions. The programme includes the World Orienteering Championships (WOC) in Hungary, the Nordic Orienteering Championships (NOC) in Finland and competitions held as part of already existing, high-quality events in Norway and Switzerland.

The full programme is:

| <u>Date</u> | <u>Type of competition</u> | <u>Event</u> | <u>Country</u> |
|---------------------|------------------------------|--------------|----------------|
| 1) Tue 9 June | Middle Distance | NOC | Finland |
| 2) Wed 10 June | Sprint | NOC | Finland |
| 3) Fri 26 June | Middle Distance | O-Festivalen | Norway |
| 4) Sat 27 June | Long Distance, chasing start | O-Festivalen | Norway |
| 5) Wed 19 August | Middle Distance | WOC | Hungary |
| 6) Thu 20 August | Sprint | WOC | Hungary |
| 7) Sun 23 August | Long Distance | WOC | Hungary |
| 8) Sat 26 September | Middle Distance | Post Finance | Switzerland |
| 9) Sun 27 September | Sprint | Post Finance | Switzerland |

The **Competition Rules for IOF Foot Orienteering Events** (as published on the IOF website www.orienteering.org on 1st July 2008) apply to all 2009 World Cup events.

In the case of a tie for qualification in any of the following competitions, all the tied runners qualify.

Competitions 1 & 2 Nordic Orienteering Championships, Finland

1) Middle Distance: No qualification. The start order is according to the reverse standing of the World Rankings as at the beginning of 1st June 2009. The start interval is 2 minutes.

2) Sprint: Qualification in the morning (3 heats, start draw according to Rules 12.5, 12.7 & 12.11). Only 33 competitors will qualify for the Final. In the final, the start order will be according to Rules 12.8 & 12.9. There is no B Final. There will be World Cup points for the 12th (7), 13th (4) and 14th (1) finishers in each of the qualification heats. The start interval for the qualification and final races will be 1 minute.

Competitions 3 & 4 O-Festivalen, Norway

3) Day one: Middle distance, individual interval start. There is no prior qualification. The start order is according to the reverse World Cup current standings. Runners without World Cup points start first and their order is determined by the reverse standing of the World Rankings as at the beginning of 1st June 2009. The start interval is 2 minutes.

4) Day two: Long distance chasing start. Qualification: athletes must have valid results in World Cup 3. Start order and time differences are according to the results in World Cup 3; the winner starts first. The results for World Cup 4 are the order of the runners at the finish line. The times from day two taken separately will, exceptionally, count as a World Ranking event.

Competitions 5, 6 & 7 World Orienteering Championships, Hungary

WOC rules apply.

Competitions 8 & 9 Post Finance, Switzerland

8) Day one: Middle distance, individual interval start. There is no prior qualification. The 40 runners with the highest World Cup standings start last in reverse order (leader starts last); the rest of field start earlier and their start order is determined by the reverse standing of the World Rankings as at the beginning of 1st September 2009. The start interval is 2 minutes.

9) Day two: Sprint, individual time trial. The competition consists of one Final only, with 40 competitors. These 40 competitors are the 40 highest placed competitors in the World Cup Standings (5 out of first 7 plus score from competition 8) out of those entered for competition 9. The start order is reverse World Cup current standings (leader starts last). The start interval is 1 minute.

World Cup standings are defined as

| | |
|----------------------|--|
| After 1 competition | 1 out of 1 |
| After 2 competitions | 2 out of 2 |
| After 3 competitions | 3 out of 3 |
| After 4 competitions | 4 out of 4 |
| After 5 competitions | 5 out of 5 |
| After 6 competitions | 5 out of 6 |
| After 7 competitions | 5 out of 7 |
| After 8 competitions | 5 out of first 7 plus score from competition 8 |
| After 9 competitions | 5 out of first 7 plus scores from competitions 8 and 9 |

National runners quota for competitions 1, 2, 3 and 8

There will be a maximum number of runners allowed for each Federation. This depends on the strength of each Federation as measured by performance in the IOF World Rankings list based on the total points of the leading 10 athletes from that Federation. The national quota will be based on the position of each Federation based on the ranking points of athletes as published at the beginning of 1st January 2009 in the World Rankings section of the IOF website. Separate quotas will apply for men and women.

The allocations will be:

- The top 6 nations get 8 places. The list of the top 6 nations (separately for men and women) will be published on the IOF website 15th January 2009.
- All other nations get 6 places

A Federation may enter any runner irrespective of his/her position in the IOF World Rankings list.

All Individual 2008 World Champions shall be offered a free place in competitions 1, 2 and 3 provided he/she is selected by his/her Federation. All Individual 2009 World Champions shall be offered a free place in competition 8 provided he/she is selected by his/her Federation. These free places shall be additional to the national quotas.

The organising nation shall have the right to enter an additional 4 men and 4 women in competitions 1, 2, 3 & 8.

Scoring System

In the **World Cup** competition the total score shall be counted by adding:

- a) 5 scores from events 1-7 (5/7)
- b) 2 scores from events 8 & 9 (2/2)

The scoring system gives 100 points to the winner, 80 points to second place, 60 points to third place and is given in full below:

| | |
|------------------------|------------|
| 1 st place | 100 points |
| 2 nd place | 80 points |
| 3 rd place | 60 points |
| 4 th place | 50 points |
| 5 th place | 45 points |
| 6 th place | 40 points |
| 7 th place | 37 points |
| 8 th place | 35 points |
| 9 th place | 33 points |
| 10 th place | 31 points |
| 11 th place | 30 points |
| 12 th place | 29 points |

.....
40th place 1 point

In competition 2, points are awarded to the 12th, 13th and 14th place in the three qualification heats as indicated.

In the final, competition 9, the scores are doubled so that the winner gets 200 points down to 2 points for the 40th place.

Prize money

The six World Cup races (excluding WOC) contribute 1000€ each making a total prize money "pot" of 6000€. This is divided amongst the overall World Cup leaders as follows:

| Place | Men | Women |
|-----------------|------------|--------------|
| 1 st | 1000€ | 1000€ |
| 2 nd | 750€ | 750€ |
| 3 rd | 500€ | 500€ |
| 4 th | 350€ | 350€ |
| 5 th | 250€ | 250€ |
| 6 th | 150€ | 150€ |