

Mørk langdistanse



Målestokk 1:15 000
Ekvidistanse 5m
Utgitt 2019

Grunnlag: Laserkurver og Roar Forbord
Synfaring: Kristen Treekrem 2017-19
Rentegning: Kristen Treekrem
Trykk: OK-Trykk



WOC 2019 Long distance				
Women	11,7 km	300 m		
--- 320 m --->△				
1	174	●		○
2	151	○		○
3	152	▲	1,0	○
4	153	○		○
5	175	⋯		○
6	176	▲	1,0	○
7	177	∩		
8	178	▲	1,4	○
9	164		●	○
10	165	∪		
11	166	●		○
12	167	∇		○
13	168	↑	◇	○
14	100	○		○
○ --- 310 m --->				
15	169	∩		⊥
16	179	○		○
17	171	●		○
18	172	●		○
19	173	⋯		⊥
20	168	↑	◇	○
21	100	○		○
○ --- 170 m --->○				



Course planners: Unni and Tom A. Karlsen