



Poland 2026



BULLETIN 2

**CX80 WORLD MASTERS
ORIENTEERING
CHAMPIONSHIPS**

**PRZEWORSK - RZESZÓW
7TH - 14TH AUGUST 2026**

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WELCOME



Konrad Fijótek
President of
Rzeszów City



Dear Athletes, Distinguished Guests,

It is my great pleasure to welcome all participants of the World Masters Orienteering Championships to Rzeszów.

This year, our city proudly holds the title of European City of Sport. For us, this is far more than a prestigious award - it reflects who we are. In Rzeszów, we do not dream about sport; we live it every day. Thousands of residents enjoy physical activity on our boulevards, in our parks, sports halls and playing fields. Sport is part of our daily life and an important element of our city's identity.

That is why we are especially delighted to welcome competitors from all over the world. Orienteering perfectly reflects the values we believe in: an active lifestyle, respect for nature, determination and fair play. It is a sport that combines competition with discovering new places in a unique way.

I hope that during the championships you will not only enjoy challenging courses but also discover Rzeszów - a modern, green and welcoming city, the capital of the Podkarpackie Voivodeship in south-eastern Poland. I also encourage you to explore the beauty of our region and experience the hospitality for which it is well known.

My sincere thanks go to all the organisers, volunteers and partners whose dedication has made this event possible.

I wish you successful races, unforgettable experiences and an enjoyable stay in Rzeszów. May you leave with wonderful memories and many reasons to visit us again.

Good luck!



Leszek Kisiel
Mayor of
Przeworsk City



Dear Competitors, Distinguished Guests!

It is with great joy and pride that I welcome you all to Przeworsk for the World Masters Orienteering Championships 2026! The anticipation is finally over, and right now, our streets, parks, and historic sites are turning into the arena for the world's best orienteers.

For Przeworsk, hosting the Sprint Qualification is a truly exceptional moment. Our city, which beautifully blends a rich history with the unique charm of Podkarpackie's nature, becomes the heart of global orienteering for these few days. We are proud to co-host this prestigious celebration of sport, passion, and perseverance alongside Rzeszów.

Orienteering is a remarkable discipline – it demands not only peak physical fitness but also lightning-fast decision-making and absolute focus. I am confident that the courses prepared for you will provide thrilling sports challenges, while the charm of historic Przeworsk will leave a lasting impression. Beyond the competition, I warmly encourage you to experience our hospitality and explore the unique corners of our region.

I would like to express my sincere gratitude to the organisers, volunteers, and everyone involved in preparing this event. Your hard work has allowed us to create the perfect conditions for safe and exciting competition.

I wish all competitors clean runs, sharp navigation, new personal bests, and unforgettable memories from your stay in Przeworsk. May the best athletes win, and may the spirit of fair play guide you every step of the way!

Good luck!



Łukasz Charuba
Polish O-Fed
President



Dear Competitors, Friends, and Orienteering Enthusiasts!

The long-awaited moment has finally arrived – the World Masters Orienteering Championships 2026 have officially begun! It is with great pride and joy that I welcome you all to Poland, to the courses of Rzeszów and Przeworsk.

For the past months, we have lived and breathed the preparations for this event. Today, we look with immense satisfaction at hundreds of enthusiasts from all over the world, brought together by their shared love for our remarkable discipline. The trust placed in us by the International Orienteering Federation in granting Poland the organisation of these championships has now materialised into the very courses that will soon test your skills, fitness, and quick decision-making.

Ahead of you are days filled with sporting thrills, top-tier competition, and invaluable encounters in the true spirit of fair play. We have done our best to ensure that the maps and courses offer unique challenges, and that Polish hospitality makes you feel right at home.

I would like to extend my deepest thanks to the entire organising committee, controllers, volunteers, and partners – your passion and hard work have made this festival of sport possible.

I wish all participants flawless route choices, error-free navigation, the pure satisfaction of nailing every control point, and a wonderful time here in the Podkarpackie region.

**See you at the finish line and on the podiums of
CX80 WMOC 2026!**



Marcin Leśnicki
CX80 WMOC
Event Director



Dear Orienteering Friends!

It is my ultimate pleasure to welcome you all to Rzeszów and Przeworsk! The countdown is finally over, and the moment we have all been working so hard for has arrived. The CX80 World Masters Orienteering Championships 2026 are officially underway!

It is an incredible feeling to see you here – orienteering enthusiasts from all corners of the globe, coming together to create this magnificent festival of sport. The Podkarpackie region, from its charming urban sprint locations to its demanding forests, is fully prepared. Our team has poured their hearts into ensuring that the maps, courses, and overall event infrastructure meet the highest professional standards.

Over the coming week, you will face days of fierce competition, sporting challenges, and thrills. However, I truly hope it will also be a time of joy, shared with old and new friends. We want you to experience our warm Polish hospitality at every turn and return home with bags full of unforgettable memories.

Thank you for being here with us. I wish you all clean runs, perfect route choices, great success on the courses, and above all – fantastic fun in the spirit of fair play.

May these be the championships of your lifetime! See you at the arenas and finish lines!

ORGANISERS

- Uczniowski Klub Sportowy „Azymut” Dębów
- International Orienteering Federation
- Polish Orienteering Federation
- City of Rzeszów
- City of Przeworsk

ORGANISING COMMITTEE

Event Director	Marcin Leśnicki
Event Director assistant	Karol Huba
Logistic Director	Stanisław Leśnicki
Technical Director	Wojciech Dwojak
Office	Aleksandra Sobas
Public Race Director	Michał Kruk
Safety Manager	Konrad Maciej Thomas
Medical Manager	Mirosław Motyka
IT and Website	Marcin Fastyn
Accommodation	Aleksandra Sobas
Volunteers	Wiktoria Zębała
Media / Commentary	Igor Błachut

MAPPING

Sprint Model	Wojciech Dwojak
Sprint Qualification	Piotr Pietroń
Sprint Final	Wojciech Dwojak
Forest Model	Wojciech Dwojak, Jacek Morawski
Forest Qualification	Wojciech Dwojak, Jacek Morawski
& Middle Model	
Long Model, Final	Wojciech Dwojak, Jacek Morawski

COURSE PLANNING

Sprint Qualification, Final	Tomas Novotny
Forest Qualification	Piotr Pietroń
Middle Final	Janusz Porzycz
Long Final	Robert Banach

EVENT ADVISERS

IOF SENIOR EVENT ADVISERS

Julie Cleary (GBR)
Ronan Cleary (GBR)

NATIONAL CONTROLLER

Jerzy Antonowicz (POL)

IOF REPRESENTATIVES

Tom Hollowell, President

JURY

David Roach (LUX)
Marquita Gelderman (NZL)
Margus Sarap (EST)
Bjørn Erik Glomsrud (NOR) - reserve

CONTACT INFORMATION

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<https://eventor.orienteering.sport/Events/Show/8179>

EVENT PROGRAMME

Thu, 6th August	16.00 - 20.00	Event Office is open Accreditation	Rzeszów - Podpromie Hall
Fri, 7th August	10.00 - 20.00 10.00 - 19.00 10.00 - 19.00	Event Office is open Technical Model Event Sprint Model Event	Rzeszów - Podpromie Hall
Sat, 8th August	8:00 8:00 - 16:00 8:30 - 16:00 10.00 - 14.00 14.00 - 15.00	Strict Embargo begins Event Arena is open Facilities are open Sprint Qualification Opening Ceremony	Przeworsk
Sun, 9th August	8:00 - 15:00 8:30 - 15:00 8:30 10.00 - 14.00 16:00	Event Arena is open Facilities are open Strict Embargo begins Sprint Final Prize-giving Ceremony	Rzeszów Rzeszów – Park Jedności Poloni z Macierzą
Mon, 10th August	8.00 - 18.00 10:00 - 16:00	Rest day Forest Qualification & Middle Final Model is open Model Office is open	Budy Głogowskie

Tue, 11th August	8:00 - 16:00	Event Arena is open	Korniaków
	8.30 - 16.00	Facilities are open	
	10.00 - 15.00	Forest Qualification	
Wed, 12th August	8:00 - 16:00	Event Arena is open	Korniaków Rzeszów – Park Jedności Poloni z Macierzą
	8:30 - 16:00	Facilities are open	
	10.00 - 16.00	Middle Final	
	18:00	Prize-giving Ceremony	
Thu, 13th August		Rest day	Święty Roch
	8.00 - 18.00	Long Final Model is open	
	10:00 - 16:00	Model Office is open	
Fri, 14th August	8:00 - 16:00	Event Arena is open	Niechobrz
	8.30 - 16:00	Facilities are open	
	10.00 - 15.00	Long Final	
	14.00 - 16.00	Closing Ceremony, Prize-giving Ceremony, Departure	

VENUE

Poland, located in Central Europe, is a country rich in history, culture and natural beauty. It is known for its medieval towns, stunning castles and vibrant cities like Warsaw, Kraków and Gdańsk. The country is also home to diverse landscapes, from the Baltic Sea in the north to the Tatra Mountains in the south. Poland offers a blend of modernity and tradition, with a lively arts scene, a rich culinary heritage and numerous UNESCO World Heritage sites. With its welcoming people and strong sporting culture, Poland is an exciting destination for tourists and athletes alike.

Rzeszów and Przeworsk are charming towns located in southeastern Poland, both rich in history and culture. Rzeszów, the regional capital of the Podkarpackie Voivodeship, is a vibrant city known for its dynamic mix of modernity and tradition. It boasts beautiful historic buildings, such as the Rzeszów Castle and the Town Hall, alongside a bustling city centre with cafes, shops and cultural events. The city is also a hub for education and business, with a growing international presence.

Przeworsk, a smaller town located just 20 kilometers from Rzeszów, is steeped in history, particularly from the medieval and early modern periods. Known for its picturesque surroundings and historical landmarks, including the Przeworsk Palace and Holy Spirit Church, it offers a peaceful atmosphere ideal for visitors interested in exploring Poland's rich heritage.

Both towns are surrounded by beautiful landscapes, offering outdoor activities and a welcoming environment for tourists and locals alike.

TOURISM

The Podkarpackie region is one of the most picturesque and diverse areas in Poland. Beyond the orienteering courses, you will find rich history, charming monuments, unique wooden architecture, and beautiful nature.

Rzeszów – the capital of the region, charms visitors with its lively Market Square, the Underground Tourist Route running beneath it, and the beautiful Lubomirski Castle and Summer Palace.

Przeworsk – a charming, historic town renowned for its unique Lubomirski Palace and Park Complex, the historic narrow-gauge railway "Pogórze", and Poland's only Museum of Firefighting.

We highly recommend exploring the local sights during your stay:

Official Travel Portal of Podkarpackie: podkarpackie.travel/en

Tourism and sights in Rzeszów: erzeszow.pl/en

What to see in Przeworsk: przeworsk.um.gov.pl (Tourism section)

Wooden Architecture Route of Podkarpackie: sad.podkarpackie.travel/en

DRINKING WATER

Please note that tap water in Poland is perfectly safe to drink. We kindly ask all participants to fill up their reusable bottles before leaving their accommodation and arrive at the events.

PARKING IN RZESZÓW

A Paid Parking Zone (SPP) is active in Rzeszów. Please note the following key rules and rates:

- **Active hours:** Paid parking applies from Monday to Friday, between **8:00 and 18:00** (up to 20:00 in certain subzones).
- **Weekends:** Parking is **free of charge** on Saturdays, Sundays, and public holidays.
- **Rates:** The cost ranges from **3.00 PLN to 5.00 PLN** for the first hour, depending on the subzone.
- **Payment window:** You must pay for parking within **5 minutes** of parking your vehicle.
- **Payment methods:** At parking meters (cash or card) or via mobile apps (e.g., *AnyPark*, *SkyCash*, *mPay*).
- **Fines:** A penalty charge of **50 PLN** applies if you fail to buy a ticket or exceed your paid parking time.

ACCOMMODATION IN CAMPERVANS

You may park your campervan in public surfaced parking lots (provided you comply with all weight and size limit signs) and spend the night inside to rest. However, active

camping—such as setting up outdoor furniture or discharging waste—is strictly prohibited. For full camping facilities and vehicle servicing, the city and district authorities direct visitors to the dedicated campsite on Krakowska Street or to private agritourism farms in the region.

VISA AND ENTERING THE COUNTRY

Poland, as a member of the European Union and the Schengen Area, has specific entry requirements depending on the country of origin. Citizens of non-EU countries may need a Schengen visa (for stays up to 90 days) or a national visa (for long-term stays). Citizens of EU, EEA, and some other countries, such as the UK, USA or Canada, can enter without a visa for up to 90 days. It is always advisable to check the current visa requirements on the official website www.gov.pl/web/dyplomacja or contact the nearest Polish diplomatic mission, as regulations may change.

CURRENCY / PAYMENT

In Poland, the official currency is the Polish zloty (PLN). Banknotes and coins are widely used. Card payments are widely accepted as well, especially in large cities and tourist areas. Most shops, restaurants, hotels and service points accept payments by card (Visa, MasterCard, American Express) as well as contactless payments via mobile phones (e.g. Apple Pay, Google Pay). However, in smaller towns and rural areas, not all places may accept cards, so it's a good idea to have cash on hand just in case.

CLIMATE

In August, Poland experiences a warm, late-summer climate. The average temperature ranges from 18°C to 25°C, but it can be much hotter, especially in the south, where temperatures may reach up to 30°C. Days are long and sunny, although short thunderstorms and intense downpours are common. There is also a high humidity level. It's a great time for tourism and outdoor activities.

INSURANCE

Each competitor participates in the event at his/her own risk. We recommend you obtain personal health and travel insurance prior to travel.

HEALTHCARE

Day-to-day Medical Care & Emergency (SOR)

For non-life-threatening medical issues during the day, outpatient clinics (*Przychodnie POZ*) offer general consultations. In the event of a sudden, severe illness or injury, **Hospital Emergency Wards (SOR - Szpitalny Oddział Ratunkowy)** operate 24/7 to

provide immediate assistance. For life-threatening emergencies, please call the European emergency number **112**.

Emergency phone number:
112
(Police, Ambulance, Firefighters)

Pharmacies (Apteki)

Poland has a high density of pharmacies, making access to medicines very convenient, with an average of one pharmacy per roughly 3,000 residents. Standard opening hours are usually 8:00 to 20:00. Outside of these hours, **designated on-duty pharmacies (dyżur nocny)** provide urgent services. In **Rzeszów**, there are several 24/7 pharmacies open every day, including:

- **Apteka Dbam o Zdrowie** – al. Tadeusza Rejtana 65
- **Apteka Dr. Max** – ul. Podchorążych 1
- **Apteka Pod Gwiazdą** – ul. Fryderyka Szopena 2
- **Apteka Różana** – ul. Aleksandra Fredry 20/1

Please note that in **Przeworsk**, there are no 24/7 pharmacies; emergency pharmaceutical service is provided on a rotation basis by designated local pharmacies only until **23:00** (e.g., *Apteka Różana* at ul. Lwowska 3/2).

OVERVIEW MAP



WMOC26 x Oland Merchandise

Take home the official World Masters Orienteering Championship 2026 collection. Performance apparel. Event souvenirs. Limited editions.

Official Event Shop - www.olandsport.com/wmoc26



All designs feature the unique Rzeszów main square



Discover the full range on
the olandsport.com website



EVENT OFFICE, ACCREDITATION

Location & Accessibility

- **August 6th and 7th:** The Event Office will be located at **Hala Podpromie** in Rzeszów (ul. Podpromie 10, **GPS:** 50.02961497025434, 22.000996968037832). A large, free municipal parking lot is available directly next to the venue. The location is also easily accessible via Rzeszów's public transport network.
- **Other Days:** On all other race days, the Event Office will move directly to the respective **Event Arenas**.
- **Outside Opening Hours:** Outside of the published Event Office and Event Arena opening hours, you can reach the event staff via **phone or email** (contact details provided in the beginning of the bulletin).

Model Events & Services

On **August 7th**, both the **Technical Model Event** and the **Sprint Model Event** will be available for competitors. Additionally, various orienteering and sports equipment shops will be set up inside the Event Office area during the initial days.

Responsibilities & Competitor Services

The Event Office is the main information centre for WMOC 2026 and will be dealing with:

- Distribution of competitor's material (race packs, accreditation, etc.).
- Sale of available service tickets (parking, bus transport, etc.).
- SI-Card rental and SI-Card number changes.
- Replacement of lost number bibs fee: 5 EUR
- Lost and found items service.
- Registration and information for the public/accompanying races.
- Problem Desk

Competitor Material & Pickup

You can pick up your competitor material at the main Event Office in **Hala Podpromie, Rzeszów** (on August 6th and 7th), or at the **Arena Event Office** on the day of the Forest Qualification race. Please check the specific opening hours in the schedule table. **Please note that you cannot pick up your competitor material at the Sprint or Forest Model events.**

Each competitor material envelope contains:

- Number bibs
- Safety pins
- Maps for the model events
- Services tickets (parking, bus transport, etc.), if pre-ordered
- An SI-card (for those who have rented one in advance, or those who left the SI number blank in IOF Eventor. If your SI number was left blank, you must pay for

the SI-card rental at the Event Office. The price for SI-card rental is 20 EUR for the entire competition).

- A participant gift

Printed copies of Bulletin 2 will be available separately for anyone wishing to have a physical version.

Group Pickup for Tour Operators

Competitor material for tour operators can be collected for the entire group. The envelopes for your group will be packed together and prepared in advance for a quick pickup. To arrange this, please send an email to the organisers by **July 31st, 2026**.

CHANGES AND LATE ENTRIES

Any changes (SI-Card number, club, class, etc.) made from **July 1st, 2026** will incur a fee of **10 EUR**. These changes can be requested by filling out the online change form changes.wmoc2026.pl by **July 31st, 2026**. After this date, changes can only be processed in person at the Event Office when picking up your competitor material. If a change results in a refund, a small commission fee will be applied to cover bank transfer costs.

PAYMENT

You will only be allowed to pick up your competitor material if the organisers have received your full entry payment. If there are any outstanding or unpaid amounts, you must settle the balance due at the Event Office first.

CANCELLATION

We are unable to refund any payments after the final entry deadline of **June 30th, 2026**. If you are unable to attend the event for any reason, we would greatly appreciate it if you could inform us that you will not be taking part. Please notify us via email at: info@wmoc2026.pl

PRESS AND MEDIA

A small dedicated media area will be available for journalists and photographers in the Arena at all races. For media accreditation, please contact us at media.wmoc2026.pl by **July 31st, 2026**. Please provide your full name, the name of the media outlet you represent, and your contact information.

PRIZE-GIVING CEREMONIES & PRIZES

Prize-giving ceremonies for Sprint Final and Middle Final will take place in Rzeszów Park Jedności Poloni z Macierzą

GPS

50.038750583346065, 21.994926176221803

LINK

[[Google Maps](#)]

- Prize-giving ceremony for the Long Final will take place in Long Final Area after Closing ceremony.
- The three best runners in each A-Final class will be awarded with IOF medals and souvenirs.

ORGANISER TRANSPORTATION & BUS STOPS

Please note that organiser transportation is available only for participants who booked it prior to the competition or purchased available spots at the Event Office. Tickets will be checked upon boarding the bus.

The main departure and arrival point will be the parking lot at the **Podpromie Arena** (*hala Podpromie*). Additionally, a bus stop located at **ul. Powstańców Warszawy - Bus stop 2**, serves as an extra stop. Detailed timetables for individual stages can be found in the specific stage information sections. Locations of bus stops are as following

Main bus stop 1

Podpromie Arena
(hala Podpromie)

GPS: 50.03000086977403, 22.00331994289987

LINK: [[Google Maps](#)]

Bus stop 2

Ul. Powstańców Warszawy
(Powst. Warszawy
dom studenta 08)

GPS: 50.01948825605316, 22.00469036404306

LINK: [[Google Maps](#)]

TECHNICAL INFORMATION

RULES

The competitions will be conducted according to the IOF Foot Orienteering Competition Rules 2026 WMOC and the WMOC Manual 2026 published on the IOF official website.

TRAINING

Maps of relevant areas for self-training can be provided by the organisers. More information is available on the event web page: <https://wmoc2026.pl/trainings/>

EMBARGOED AREAS

Embargoed areas are shown at IOF Eventor and on the WMOC 2026 web page.

<https://embargoed.wmoc2026.pl>. Below you can find simplified conditions of the embargo arenas.

- **Sprint areas** – soft embargo. These areas remain accessible until the specific times indicated in the day-by-day information, after which a strict embargo will apply.

All orienteering activities and training are strictly forbidden within these zones. Please be aware that many accommodation facilities may be located inside the embargoed areas, so ensure you leave the zone on time.

- **Forest areas** – strict embargo. These areas are strictly embargoed until all forest competitions are concluded.

PREVIOUS MAPS

Old maps of the competition areas are shown on the WMOC 2026 web page.

<https://oldmaps.wmoc2026.pl>

PUNCHING SYSTEM

The SPORTident punching system will be used. Touch free mode (Air+) will be activated in addition to classic SPORTident punching. Both SI Active-Cards (SIACs) and classic SI-cards can be used. SIACs can be hired from the organisers (via IOF Eventor) by choosing this option in the entry form. The hire charge is 8 EUR per day or 30 EUR for the entire week, if booked in advance. Without pre-registration, the hire charge is 15 EUR per day or 60 EUR for the entire week. Classic SI-cards can also be hired (via IOF Eventor). The hire charge is 20 EUR for the entire week, if booked in advance. Without pre-registration, the hire charge is 10 EUR per day or 40 EUR for the entire week. A deposit may be required to ensure the return of the device.

CLOTHING & FOOTWEAR

Spiked shoes (metal spikes) are forbidden for all races. Dobbs shoes (metal studs) are strictly forbidden for the Sprint races.

- Sprint races: Light clothing, shorts, sleeveless t-shirts, and a cap for sun protection are recommended. **Please note:** in the Sprint Qualification area, competitors may encounter areas of long grass and undergrowth, which should be considered when choosing footwear and leg protection.
- Forest races: Full leg cover and short-sleeve t-shirts are recommended.

FAIR PLAY

The organisers encourage all competitors to act with fairness and in ways that keep conditions equal for all participants. Competitors are reminded that they are bound by the fair play obligations set out in the IOF Competition Rules. These rules include the following mandatory requirements:

- All persons taking part in an orienteering event must behave with fairness, honesty, and a spirit of friendship.
- Competitors must show respect for each other, for officials, media, spectators, and the inhabitants of the competition area.
- Competitors must be as quiet as possible in the terrain.
- Except in the case of an accident, seeking to obtain or obtaining assistance from other competitors, or providing assistance to other competitors, during a

competition is forbidden. Competitors must not speak to each other during races.

It is the duty of all competitors to help injured runners.

These fair play rules will be applied strictly at all times. Any breach could result not just in disqualification from races but also in further disciplinary measures.

USE OF MAPS DURING COMPETITION

The use of any orienteering or other maps of the competition area (either on paper or on a screen) is strictly prohibited during the competition day until the last competitor has started. This prohibition applies to all parties, including spectators, not just the competitors (IOF Competition Rule 15.5).

SMARTPHONES AND TELECOMMUNICATION DEVICES

According to IOF Competition Rule 21.4, competitors must not use or carry communication devices that can transmit or receive information between entering the start area and reaching the finish, unless approved by the organiser.

For all **WMOC 2026** races, the organiser **has approved** the carrying of a smartphone or mobile phone by any competitor during the races. Especially during the Forest races, competitors in the older age classes, or those with health/injury concerns, are strongly encouraged to carry a mobile phone. However, between entering the start area and reaching the finish, **the phone must be in silent mode**, and it may only be used for the sole purpose of seeking assistance in the event of an emergency.

USE OF GNSS EQUIPMENT

GNSS-enabled devices (watches, trackers, etc.) using satellite systems (GPS, Galileo, GLONASS, BeiDou) can be carried by competitors provided that:

- They have no map display.
- They have no telecommunication capability (or it is fully disabled).
- They are not used for navigational purposes during the race.

HEAD CAMERAS AND FILMING DEVICES

Provided that they are not capable of transmitting information, head cameras or other filming devices may be worn or carried during any of the races. However, **they must be handed in at the finish area immediately after your race**. Devices can be reclaimed from the Problem Desk only after map reclaim has officially begun. All devices must be clearly marked with the owner's name and contact phone number.

ANTI-DOPING

IOF Anti-Doping Rules apply throughout the entire event. Detailed information and regulations are available at: orienteering.sport/iof/anti-doping/

ENVIRONMENTAL PROTECTION AND SUSTAINABILITY

Environmental protection and sustainability are key priorities for the WMOC 2026 organisers and for the orienteering community. We kindly ask you to act responsibly and to:

- Use the correct recycling bins for separated waste collection at the arenas.
- Use your own reusable cups or bottles whenever possible.
- Carpool with other competitors – fewer cars mean less CO2 emissions and faster parking management.
- Save water and do not release any chemicals into the environment.

BAGGAGE STORAGE

A supervised baggage storage area will be available next to the Event Office in all Arenas, where you can safely leave your belongings. The baggage storage will operate during the same opening hours as the Arena Event Office. No advance booking is required for this service.

START NUMBER BIBS

Every competitor will receive two number bibs and safety pins in their accreditation package.

Sprint: Two bibs must be worn – one visible on the chest, the other on the back.

Forest: One bib must be visible on the chest (the second acts as a backup).

Please complete the medical and emergency contact information on the back of at least one bib to assist the medical team in an emergency.

Start details for both Qualification races are pre-printed on the bib. Competitors must write in their own details (start number and time) for the three final races once they are published.

Lost bibs can be replaced at the Event Office for a fee of 5 EUR.

Men's bib

UKS Azymut Dębów		POL			
SI: 8866372					
Start	C	Sprint F	Forest G	Middle F	Long F
MES-3	MES-	MES-3	MES-	MES-	MES-
11:24		11:24			
Start: S1	Start:	Start: S1	Start:	Start:	Start:

Safety form on bib

This form must be completed before participating in the event
If unable to take part then please do not give this number to anyone else.

Full name, address, date of birth	
Emergency contact: Full name, address, telephone number	
Medical problems: (e.g. Heart disease, Asthma, Diabetes)	
Current medication	
Medication allergies	
Details of anyone with whom you share a telephone number	
Any other details	

Women's bib

UKS Azymut Dębów		POL			
SI: 8866372					
Start	C	Sprint F	Forest G	Middle F	Long F
WES-3	WES-	WES-3	WES-	WES-	WES-
11:24		11:24			
Start: S1	Start:	Start: S1	Start:	Start:	Start:

Top 10 runners in A-finals

The ten last starters in each A-final must wear an additional small start bib (numbered 1-10) for the final in question. The original bib must still be worn and visible below the

new one. These start numbers must be collected by competitors at the start area – self-service. Numbers will be available near the entrance to the start corridor.

START LISTS

Start lists will be published in IOF Eventor and on the official WMOC 2026 website as soon as they are available. They will also be displayed in the Event Arenas and at the starts of all races. For the Sprint Qualification, start lists will additionally be available in the Event Office during accreditation. Start lists for each Final race will be available the previous day and publication will be announced on the WMOC website and facebook page.

Eventor: eventor.wmoc2026.pl



Web: wmoc2026.pl



Draw and Start Times

- The start list draw and heat allocation will be conducted strictly in accordance with IOF Competition Rules 12.20, 12.21, and 12.22. The official rules document can be accessed on the IOF website: [orienteering.sport/orienteering/competition-rules/](https://www.iof.org/competitions/orienteering/sport/orienteering/competition-rules/).
- The first start times for each age class in the final races will be published ahead of the championships, as soon as practically possible.

MAPS

All maps are printed on **YUPO waterproof paper** and will not be provided in plastic bags. Maps are drawn according to the latest IOF standards: **ISOM 2017-2** (for forest disciplines) and **ISSprOM 2019-2** (for sprint disciplines). Model event maps will be included directly in your accreditation package. There will be no plastic bags at starts.

Warm-up maps

Warm-up maps will be available at the exit of the Arenas for all forest races. They are printed on non-waterproof paper at scales 1:5000, 1:7 500 and 1:10 000.

CONTROL DESCRIPTIONS

IOF Control Descriptions (2024 edition) are printed on the front side of all competition maps. Loose copies of the control descriptions (printed on non-water-resistant paper) will be available in **Start Box 2**. Competitors will have 1 minute to pick up and secure their control descriptions. Transparent tape and scissors will be provided in **Start Box 2** as well.

The maximum and minimum dimensions of the loose control descriptions will be published on the website in advance.

ESTIMATED WINNING TIMES

Courses have been planned in accordance with IOF Rule 16.12. Details of these were published in Bulletin 1.

CONTROL SETUP

Each control site in the terrain is equipped with:

- One control flag.
- One or two electronic punching devices (**SI stations operating in Beacon/Air+ mode**).
- One manual pin-punching device to be used only in the event of an SI-Card or station failure.

Controls that are expected to handle a high volume of competitors will be equipped with multiple SI stations. The control code is clearly displayed on the top of each SI station. The code numbers range from **100 to 250**.

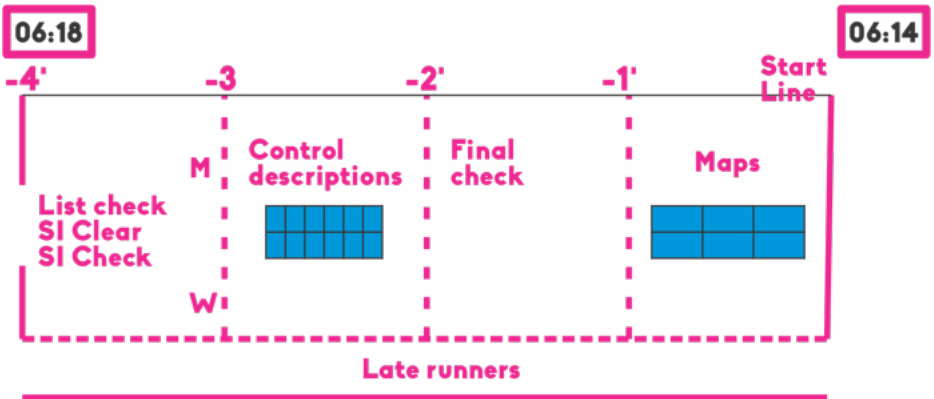
Example of the control stands will be available in the Technical Model Event.

Please note that there will be many controls placed close together in the terrain—**always check your control codes carefully** before punching! Examples of the official control stands will be available for viewing at the Technical Model Event.

CLOTHES FROM START TO ARENA

Clothing transport from the Start to the Arena is not provided. In case of severe weather conditions, this decision may be reviewed and any updates will be announced via the Arena loudspeaker.

START PROCEDURE



Every competitor must clear and check their SI-Card before racing. Clear and Check stations are located in Box 1 (-4 min). Insert your card into the "Clear" station until it beeps/flashs, then do the same at the "Check" station. For SIAC users, an additional test station is available in Box 2—simply place your card near it until it responds. Start staff will be present to assist you.

The start area consists of four consecutive boxes, spending one minute in each. You enter **Box 1 (-4 min)** when the clock displays your start time; here, your bib, SI-Card, and start time are checked, and you must clear and check your card. In **Box 2 (-3 min)**, you can collect your loose control description and use the self-service tape and scissors (**ensuring you take the correct one is your responsibility**). **Box 3 (-2 min)** is for final checks. Finally, in **Box 4 (-1 min)**, you move to the map folder for your class, take and verify your map 10 seconds before the last long start beep.

Late at the Start (IOF Rule 22.9)

If you arrive late, report immediately to the staff at the Late Start gate. They will guide you through the procedure (SI-card clearing, getting the control descriptions and map) and determine your start time:

- If you arrive at the Late Start line less than half the start interval late, you will start immediately;
- If you arrive at the Late Start line more than half the start interval late, you will start at the next available half-interval.

In either case, you must punch the start station to record your actual departure time.

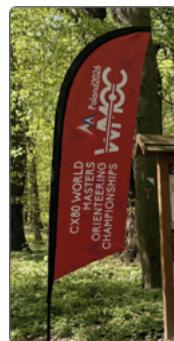
Note: it is the competitor's absolute responsibility to ensure they take the correct map and control descriptions.

LAST CONTROL AND RUN IN

For all races, the last control will have control code **100**.

The run-in from the last control to the finish line will be clearly marked and fenced with continuous tape and/or barriers.

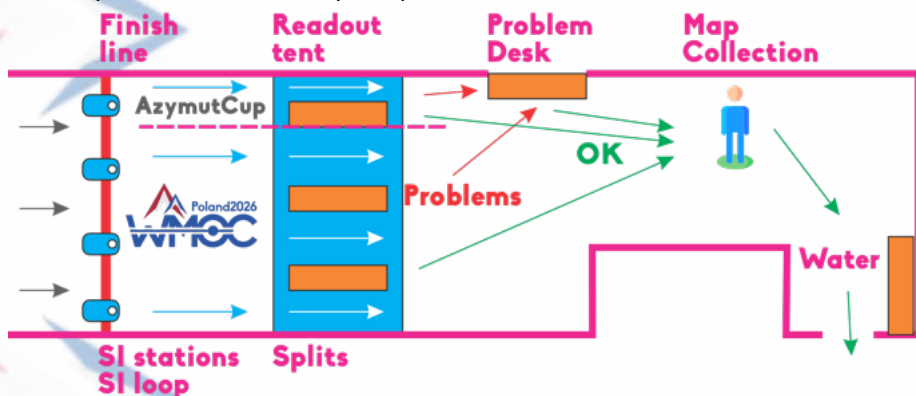
For the Forest Qualification and Middle Final races, the last control will be at the man-made feature shown in this photo. It will be marked with a black "X" on the map using ISOM feature 531 (Prominent man-made feature) and on the control descriptions using symbol 6.1 (Prominent feature / Special item)."



FINISH PROCEDURE

You must punch at the Finish line. This can be done at any of the SI stations located at the Finish, which are configured in **Air+ mode** to support both traditional (contact) and contactless punching.

Additionally, the Finish line will be equipped with a **Sportident AIR+ finish loop (antenna gate)**. This system automatically registers your finish time as you cross the line, provided you are using a compatible contactless SI-Card (SIAC). Immediately after crossing the Finish line, you must proceed to the download stations to read your card and receive your split times.



MAP RECLAIM

New maps with your corresponding courses will be available for collection after the last competitor has started in each race. The map hand-out will be supervised to ensure that every competitor receives their correct clean map. To collect your map you need to show your start number. Maps for tour operator's runners will be packed together and given to tour operator representative.

REFRESHMENT

Adjust your fluid intake and especially in case of hot weather, remember to increase it before, during, and after the race to optimise your performance and prevent heatstroke. **Remember to bring plenty of water with you.**

In compliance with IOF Rule 19.8, there are refreshment stations (water only) in the forest terrain. Though not required by the IOF Rule, all forest courses will have access to at least one of these regardless of estimated winning times. These stations will be supervised by volunteers and marked on the map with the purple cup symbol (713 ISSprOM / ISOM).

ARENA CATERING

Catering will be available during all races except for the Sprint Final. A variety of warm main dishes, snacks, and both hot and cold drinks will be available for purchase.

SHOWERS

There are no showers at the Arenas.

LOST AND FOUND

Any items found in the arenas should be handed in at the Event Office. If you have lost something, please check with the office staff.

Results and split times

Individual split times will be printed and handed to each competitor at the readout. Full live results will be available online, and QR codes will be displayed around the Arena for quick access. Additionally, during the forest races, dedicated LCD screens displaying the current standings will be located in a separate tent. Official results, along with split times and GPS route-sharing options (LiveloX), will be published on IOF Eventor as soon as possible after each race.

DISQUALIFICATION

Mispunching

You will be disqualified if you miss one or more controls, or do not visit them in the correct order. According to IOF Rule 20.5, a competitor with a missing or unidentifiable punch shall be disqualified unless it can be established with certainty that the error was not the competitor's fault.

Maximum Running Time (Overtime - OT)

Exceeding the maximum allowed running time results in disqualification (OT). The limits for each race are:

Sprint Events	60 min
Forest Qualification	150 min
Middle Final	120 min
Long Final	180 min

Did Not Finish (DNF)

If you decide to retire from the race, your status will be recorded as DNF. You must report to the Finish and read out your SI-card, even if you have not completed your course. Failure to do so will trigger an emergency search in the forest.

Note: Punching the finish control automatically turns off your SIAC, preserving its battery life.

Other Grounds for Disqualification

In all races, particularly Sprints, entering forbidden areas or crossing forbidden obstacles will lead to immediate disqualification. Competitors who fail to respect signs or instructions from marshals and officials will also face disqualification.

It is each competitor's responsibility to ensure that they are familiar with the mapping of all forbidden areas, barriers or other obstacles as detailed under IOF ISSprOM 2019-2 Revision 6 January 2024 (Sprint) and IOF ISOM 2017-2 Revision 6 January 2024 (Forest). <https://orienteering.sport/iof/mapping/>

COMPLAINTS AND PROTESTS

In accordance with IOF Competition Rules 27 and 28, any Complaints or Protests must be submitted in writing (in English) using the official forms available at the Event Office (Problem Desk). The time limit for Complaints is 15 minutes after the result has been published for the competitor whose result is the subject of the Complaint. Complaints received after this time limit will only be considered if there are valid exceptional circumstances which must be explained in the Complaint.

The organiser will review the Complaint as quickly as possible and communicate the outcome. There is no fee for submitting a Complaint. If you are dissatisfied with the organiser's decision, you may lodge a formal Protest within 15 minutes of receiving the ruling. Protests must be submitted at the Event Office using the same form, accompanied by a 50 EUR Protest fee. The IOF Senior Event Adviser will then convene the Jury to review the case. The Jury's decision will be communicated directly to the protester. The fee will be fully refunded if the Protest is upheld; otherwise, it will be retained by the IOF.

FIRST AID DURING THE RACES & SAFETY

There will be First Aid facilities in all Arenas on competition days. The first-aid teams will consist of qualified first-aid-providers. In the event of an accident, illness or injury in the terrain or in the arena, it is the duty of all competitors to aid the injured individual and to help summon assistance if necessary.

Emergency Contact: The organiser's official emergency contact number (which will be printed on every competition map) is +48 661 777 692 – Jacek Morawski – Technical Director assistant

INFORMATION ABOUT POTENTIAL HAZARDS

Ticks

Ticks are common in the forests of southeastern Poland and can transmit serious infections. The primary tick-borne diseases occurring in this region are:

- Borreliosis / Lyme Disease
- Tick-borne Encephalitis (TBE)

Please note that in Poland, immunization against TBE is recommended for people spending time in forest areas. We strongly advise using insect repellent and thoroughly checking your skin after returning to your accommodation. If you find a tick, remove it as soon as possible. If you are concerned about a bite or symptoms of infection, please consult a doctor or the Event medical staff.

Mosquitoes

In the event of wet weather, there may be an increased presence of mosquitoes, especially in the forest competition and training areas. Consider using an effective repellent.

Lightning

Lightning may occur during summer thunderstorms. In such events, stay off hilltops and ridge lines, and do not seek shelter under isolated trees.

Overheating

In case of hot weather, remember to increase your fluid intake before, during, and after the race to optimize performance and prevent heatstroke. Staying in naturally shaded areas within the arenas is strongly recommended. **Please note, however, that mornings in Poland during August can be quite chilly, so it is advised to bring appropriate clothing for before and after your run.**

The organisers have planned the following mitigation measures:

- Extra refreshment points with plenty of water will be located out on all forest courses.
- Medical support will be available at all Event Arenas.

Fire Hazard

August in Poland can be a dry period, resulting in an increased risk of forest fires. Please note that smoking and any actions involving open flames are strictly forbidden in all arenas and car parking areas. Immediately notify the organisers or emergency services if you notice any signs of smoke or fire.

Injury Prevention

Take extra care when negotiating stairs, corners, and hard surfaces in the Sprint areas. In the forest areas, pay close attention to uneven ground, fallen trees, and steep slopes.

Traffic

Measures will be taken to limit traffic in the Sprint zones and on the access roads near the forest arenas. However, bear in mind that public roads cannot be guaranteed to be entirely traffic-free. Please take extra care and always look both ways before crossing any road.

FORBIDDEN ACTIONS

To ensure the safety and comfort of all participants, the following actions are strictly prohibited in all Event Areas, including the Arenas and parking zones:

Advertising & Sales: Advertising or selling products and services is not allowed without prior written permission from the Organiser. This includes placing flyers on car windscreens. Advertising other orienteering events is permitted *only* on the designated information board.

Drones: The use of drone cameras is strictly forbidden for security reasons.

Smoking & Open Fires: Smoking is prohibited. The use of open fires, outdoor barbecues, or gas cookers is strictly forbidden.

Camping: Camping or overnight stays in any of the Arenas or parking areas are prohibited

PUBLIC EVENT: AZYMUT CUP

Bulletin 2 of Azymut Cup will be published about one week before the competition.

Meet our shops at competition



TECHNICAL MODEL EVENT & SPRINT MODEL EVENT

ARENA

ADDRESS:

Podpromie Hall, ul. Podpromie 10, 35-045 Rzeszów

GPS COORDINATES:

50.029967, 22.002463

[\[Google Maps\]](#)

TIMETABLE

6TH & 7TH AUGUST 2026

10:00 – 19:00 Technical Model Event

10:00 – 19:00 Sprint Model Event

Both Technical and Sprint Models will be available at the Event Office.

HOW TO GET THERE AND PARKING

- **Public Transport:** The nearest bus stop is "Kilara", located right next to the hall. It is served by bus lines: 2, 5, 6, 12, 13, 14, 37, 39, 42, and night line N3.
- **By car :** large, free of charge parking is available near Podpromie Hall

MODEL TERRAIN

The Sprint Model represents an urban terrain featuring a mix of asphalt walkways and smaller intricate paths. The area is characterised by large open spaces, paved surfaces, some woodland and a high density of buildings.

MAP

Rzeszów Planty – 2,5m – A4

1 : 3000

M50, M55, M60, M65, M70, M75, M80,
M85, M90, M95, W50, W55, W60, W65,
W70, W75, W80, W85, W90

1 : 4000

M35, M40, M45, W35, W40, W45

COURSE DETAILS

The start and control points will be marked by control flags only, without SPORTident electronic stations, and can be visited in any order. If visiting all the controls feels too long, we highly recommend selecting and running just a few of the offered control legs.



SPRINT QUALIFICATION RACE

ARENA

ADDRESS:

Sports Centre at
ul. Budowlanych, Przeworsk

TIMETABLE

8TH AUGUST 2026

8:00 Strict Embargo begins – see below
8:00 – 16:00 Event Arena is open
8:30 – 16:00 Facilities are open
10:00 – 14:00 Sprint Qualification
14:00 – 15:00 Opening Ceremony

PRE-START EMBARGO

During the Sprint Qualification, competitors are subject to a pre-race embargo. All athletes must leave the Sprint Qualification Embargo Area by 08:00. After completing their race, competitors may remain in the Event Arena or head to the city and recreation areas to enjoy local restaurants and other amenities.

ATTENTION! Despite this, helping, obstructing, or interfering with another competitor's race is strictly forbidden under penalty of disqualification.

GETTING THERE AND PARKING

After arriving at the parking please follow the directions of the Parking Crew

Please use GPS coordinates to reach parking arenas. Parking areas are designated by vehicle type:

WM85+

200 m to the Arena

GPS

50.069541745530486,
22.49008132185863

[\[Google Maps\]](#)

Cars & Caravans

700 m to the Arena

GPS

50.0641963733967,
22.474312674568477

[\[Google Maps\]](#)

Buses

1400 m to the Arena

GPS

50.06480092283961,
22.496306890800295

[\[Google Maps\]](#)

You can also get to Przeworsk by train from the main railway station in Rzeszów City. The distance from Przeworsk railway station to the Event Arena is about 1,5km.

Bus drop-off point for buses larger then 10-seater

500 m to the Arena

GPS

50.06512629648615, 22.479889256500968

[\[Google Maps\]](#)

Direct to start!

It is possible to proceed directly to the start from the bus parking area. This shortens the walk to all starts by 700 metres.

ATTENTION! After dropping off the competitors at the bus stop, if the bus is completely empty, it may take the shortest route to the bus parking area. However, if even a single competitor remains on board, the driver must take the detour to the bus

parking lot via the village of Goliczyna. **To take this route, the bus must head back towards the highway.**

BUS DROP-OFF INSTRUCTIONS map on page 36

ORGANISER TRANSPORT

Rzeszów Podpromie	Bus stop 2	Event Arena	Event Arena	Bus stop 2	Rzeszów Podpromie
7:15	7:25	8:10	13:15	14:05	14:15
7:30	-	8:20	13:45	-	14:40
7:45	7:55	8:35	15:00	15:50	16:00
8:00	-	8:50	15:30	-	16:20
9:00	9:10	10:00	15:45	-	16:30
9:30	-	10:20	16:00	16:45	17:05
9:45	-	10:35	16:30	-	17:20
10:00	10:10	11:00			

DISTANCES FROM THE ARENA

Start no	Distance	Elevation	Marking
Start 1	2100m	20m	Orange ribbons
Start 2	2100m	20m	Blue ribbons
Start 3	1400m	20m	Yellow ribbons

Water and toilets available on the way to all starts.

MANDATORY UNDERPASS

Competitors starting from starts S1 and S2 will have to cross a major road. Crossing this road is permitted **only and exclusively** via the mandatory route through the underpass under the bridge. This passage will be clearly marked on the ground and occurs immediately after control code **200**.



ARENA

The layout of the Event Arena can be found on the Arena Map



ARENA SERVICES

The following services are located within the Arena and are marked on the Arena Map:

- 1 Finish line
- 2 SI Readout
- 3 SI Problem desk
- 4 Map collection
- 5 Refreshments
- 6 Last control
- 7 Office
- 8 Baggage storage
- 9 Shops
- 10 Toilets
- 11 Catering
- 12 Shelter
Club tents
- 13 First aid
- 14 Opening ceremony
- 15 Sign post

TERRAIN, STARTS, COURSE DETAILS, MAP SPECIFICATIONS

Terrain Profile: The sprint race will take place in the town of Przeworsk, combining diverse urban environments. The course covers the historic Old Town area, characterised by traditional tenement houses, complex layouts, and historic buildings. This is contrasted with a newer part of the town, featuring apartment blocks and playgrounds. Additionally, the race extends into the scenic city park, introducing fast, open areas and parkland navigation to the course. Competitors

can expect a dynamic sprint requiring rapid transitions between narrow historic streets, residential areas, and park paths.

Map Name: Przeworsk

Contour Interval: 2.5 m

Heat	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
M35-1	S1	3,56	40	18	1:4 000	A3
M40-1	S1	3,49	30	21	1:4 000	A3
M45-1	S1	3,37	40	22	1:4 000	A3
M45-2	S1	3,37	35	21	1:4 000	A3
M50-1	S1	3,25	30	21	1:3 000	A3
M50-2	S1	3,19	30	21	1:3 000	A3
M55-1	S1	3,06	30	21	1:3 000	A3
M55-2	S1	3,04	30	21	1:3 000	A3
M60-1	S2	2,71	25	20	1:3 000	A3
M60-2	S2	2,66	25	20	1:3 000	A3
M60-3	S2	2,65	25	19	1:3 000	A3
M65-1	S2	2,42	25	18	1:3 000	A3
M65-2	S2	2,41	25	18	1:3 000	A3
M65-3	S2	2,48	25	18	1:3 000	A3
M65-4	S2	2,47	25	19	1:3 000	A3
M70-1	S2	2,42	25	16	1:3 000	A3
M70-2	S2	2,30	25	15	1:3 000	A3
M70-3	S2	2,37	25	14	1:3 000	A3
M75-1	S3	2,18	15	15	1:3 000	A3
M75-2	S3	2,22	15	15	1:3 000	A3
M75-3	S3	2,20	15	15	1:3 000	A3
M80-1	S3	1,99	15	19	1:3 000	A3
M80-2	S3	1,97	10	17	1:3 000	A3
M85-1	S3	1,61	10	14	1:3 000	A3
M90-1	S3	1,14	10	8	1:3 000	A3
M95-1	S3	0,98	10	9	1:3 000	A3

Heat	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
W35-1	S1	3,25	30	21	1:4 000	A3
W40-1	S1	2,96	30	21	1:4 000	A3
W45-1	S1	2,90	30	19	1:4 000	A3
W50-1	S2	2,72	25	19	1:3 000	A3
W50-2	S2	2,66	25	19	1:3 000	A3

W55-1	S2	2,46	25	15	1:3 000	A3
W55-2	S2	2,48	25	16	1:3 000	A3
W60-1	S2	2,29	25	15	1:3 000	A3
W60-2	S2	2,36	25	15	1:3 000	A3
W65-1	S3	2,23	15	18	1:3 000	A3
W65-2	S3	2,22	15	17	1:3 000	A3
W70-1	S3	1,90	15	16	1:3 000	A3
W70-2	S3	1,94	15	15	1:3 000	A3
W75-1	S3	1,70	15	12	1:3 000	A3
W75-2	S3	1,80	15	12	1:3 000	A3
W80-1	S3	1,55	10	13	1:3 000	A3
W85-1	S3	1,32	10	10	1:3 000	A3
W90-1	S3	0,98	10	9	1:3 000	A3

SPECIAL FEATURES AND MAPPING

All features will be represented by IOF standard symbols (ISSprOM 2019-2).

Forbidden areas (mapped with symbol 520 “area that shall not be entered” - olive green, 709 “Out-of-bounds area”) will be marked on the ground with tape only for those where it is otherwise unclear that access is forbidden, to make them more visible and explicit.

Outdoor seating at bars and restaurants will be mapped using Symbol 714 - Temporary construction or closed area. There might also be a few of these on the model event maps. These areas must not be entered or crossed by any participant. It is also strongly recommended to not run between these areas and adjacent buildings, where waiters will be working.

Artificial barriers may be used in the competition areas, which will be marked in the terrain by a mixture of metal fences and tape. Marshals will be present to allow pedestrians and cyclists to pass, and there may be gaps in the barriers or tape to facilitate this. These gaps will be small and arranged in a way that will not affect the overall visibility of the barrier to competitors. In all these cases there will be at least tape on the ground. These artificial barriers will be shown on the map using symbol 708 “Out-of-bounds boundary”, 709 “Out-of-bounds area”, in places where competitors can approach the barriers from both sides.



OPENING CEREMONY

Following the conclusion of the Sprint Qualification, a short Opening Ceremony will take place in the Event Arena. The ceremony will include an official welcome to the competitors by the hosts and partners of the CX80 WMOC 2026, a presentation of the participating countries' flags, and a short artistic performance.

BUS DROP-OFF INSTRUCTIONS



SPRINT FINAL RACE

ARENA

ADDRESS:

Open area near the fountain and the Lubomirski Castle at Szopena Street in Rzeszów

GPS COORDINATES:

50.03224710293236,
22.002337354563732

[\[Google Maps\]](#)

TIMETABLE

9TH AUGUST 2026

8:00 - 15:00	Event Arena is open
8:30 - 15:00	Facilities are open
8:30	Strict Embargo - see below
10:00 – 14:00	Sprint Final
16:00	Prize-giving Ceremony

PRE-START EMBARGO

During the Sprint Final, competitors are subject to a pre-race embargo. All athletes must leave the Sprint Embargo Area by 08:30. After completing their race, competitors may remain in the Event Arena or head to the Market Square area to enjoy local restaurants and other amenities.

ATTENTION! Despite this, helping, obstructing, or interfering with another competitor's race is strictly forbidden under penalty of disqualification.

GETTING THERE AND PARKING

After arriving at the parking please follow the directions of the Parking Crew

No parking is provided by the organisers. It is recommended to use public transport or the parking lot at Podpromie Hall.

Public Transport: The nearest bus stops are "**Szopena Filharmonia**" (located directly by the Lubomirski Castle) and "**Kilara**" (located next to the Podpromie Hall).

They are served by the following bus lines:

- **Near Lubomirski Castle** ("Szopena Filharmonia"): lines 5, 6, 10, 12, 13, 31, 37, 39, 42, 46,
- **Near Podpromie Hall** ("Kilara"): lines 2, 5, 6, 12, 13, 14, 37, 39, 42,

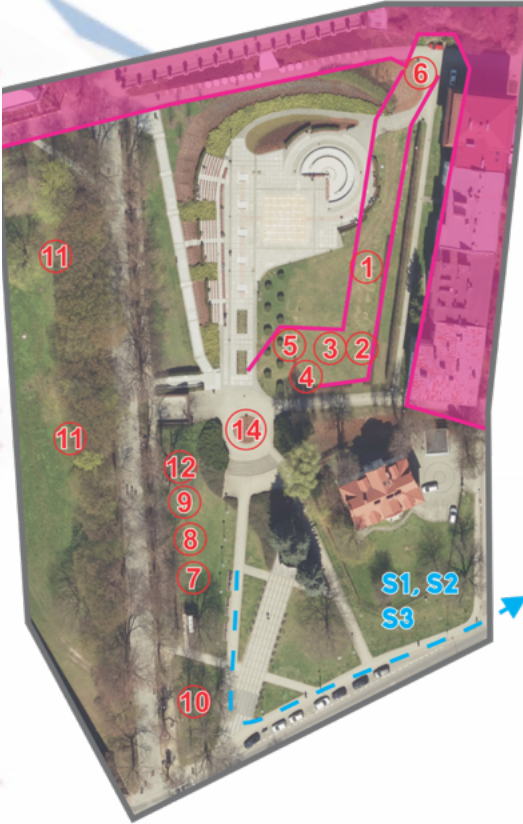
DISTANCES FROM THE ARENA

Start no	Distance	Elevation	Marking
Start 1	1550m	0m	Orange ribbons
Start 2	1300m	0m	Blue ribbons
Start 3	1000m	0m	Yellow ribbons

Water and toilets available on the way to all starts.

ARENA

The layout of the Event Arena can be found on the Arena Map



ARENA SERVICES

The following services are located within the Arena and are marked on the Arena Map:

- 1 Finish line
- 2 SI Readout
- 3 SI Problem desk
- 4 Map collection
- 5 Refreshments
- 6 Last control
- 7 Office
- 8 Baggage storage
- 9 Shops
- 10 Toilets
- 11 Natural shelter
Club tents
- 12 First aid
- 13 Sign post

TERRAIN, STARTS, COURSE DETAILS, MAP SPECIFICATION

Terrain Profile: The Old Town in Rzeszów offers a classic, fast-paced sprint orienteering terrain. It features a dense network of narrow cobblestone alleys, historic buildings, and intricate courtyards that require quick navigation and constant map reading. The area is predominantly flat with hard surfaces, combined with open market squares that allow for high running speeds, balanced by sudden route-choice challenges around complex building layouts.

Map name: Rzeszów
Contour Interval: 2.5 m

Final	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
M35-A	S1	3,85	20	19	1:4 000	A3

M35-B	S1	3,33	20	19	1:4 000	A3
M40-A	S1	3,69	20	17	1:4 000	A3
M40-B	S1	3,08	10	20	1:4 000	A3
M45-A	S1	3,49	20	17	1:4 000	A3
M45-B	S1	3,00	10	17	1:4 000	A3
M50-A	S1	3,38	10	17	1:3 000	A3
M50-B	S1	2,88	10	18	1:3 000	A3
M55-A	S1	3,27	15	18	1:3 000	A3
M55-B	S1	2,79	10	15	1:3 000	A3
M60-A	S1	3,07	10	17	1:3 000	A3
M60-B	S2	2,72	10	14	1:3 000	A3
M60-C	S2	2,38	10	13	1:3 000	A3
M65-A	S1	2,90	10	17	1:3 000	A3
M65-B	S2	2,53	10	12	1:3 000	A3
M65-C	S3	2,29	10	14	1:3 000	A3
M70-A	S2	2,67	10	13	1:3 000	A3
M70-B	S2	2,35	10	14	1:3 000	A3
M70-C	S3	2,03	10	14	1:3 000	A3
M75-A	S2	2,42	10	10	1:3 000	A3
M75-B	S3	2,09	10	14	1:3 000	A3
M80-A	S3	2,02	5	13	1:3 000	A3
M80-B	S3	1,63	5	11	1:3 000	A3
M85-A	S3	1,59	5	12	1:3 000	A3
M85-B	S3	1,44	5	9	1:3 000	A3
M90-A	S3	1,28	5	8	1:3 000	A3
M95-A	S3	0,91	5	6	1:3 000	A3

Final	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
W35-A	S1	3,26	10	16	1:4 000	A3
W35-B	S2	2,81	10	14	1:4 000	A3
W40-A	S1	3,09	10	18	1:4 000	A3
W40-B	S2	2,81	10	14	1:4 000	A3
W45-A	S1	2,98	10	17	1:4 000	A3
W45-B	S2	2,61	10	12	1:4 000	A3
W50-A	S1	2,96	10	18	1:3 000	A3
W50-B	S2	2,53	10	11	1:3 000	A3
W55-A	S1	2,81	10	16	1:3 000	A3
W55-B	S2	2,48	10	12	1:3 000	A3
W60-A	S2	2,44	10	14	1:3 000	A3
W60-B	S3	2,28	5	12	1:3 000	A3

W65-A	S2	2,08	10	13	1:3 000	A3
W65-B	S3	2,00	10	14	1:3 000	A3
W70-A	S3	2,09	5	14	1:3 000	A3
W70-B	S2	1,76	10	11	1:3 000	A3
W75-A	S3	1,97	5	12	1:3 000	A3
W75-B	S3	1,38	5	9	1:3 000	A3
W80-A	S3	1,53	5	10	1:3 000	A3
W80-B	S3	1,32	5	10	1:3 000	A3
W85-A	S3	1,22	5	9	1:3 000	A3
W90-A	S3	0,91	5	6	1:3 000	A3

SPECIAL FEATURES AND MAPPING

See the notes on Special features and Mapping set out in the day-by-day information for the Sprint Qualification race. In particular, the same provisions regarding out-of-bounds areas and artificial barriers apply

MODEL EVENT: FOREST QUALIFICATION AND MIDDLE FINAL RACE

ARENA

ADDRESS:

Forest in Budy Głogowskie

TIMETABLE

10TH AUGUST 2026

8:00 – 18:00 Forest Qualification & Middle Final Model is open

10:00 – 16:00 Model Office is open

GETTING THERE AND PARKING

Cars & Caravans

100m to the Arena

GPS

50.161246853684055,

21.903040343476576

[\[Google Maps\]](#)

Buses

200m to the Arena

GPS

50.16125181960874,

21.904856442017017

[\[Google Maps\]](#)

The parking area at the Model Event site can accommodate approximately 80 cars and 6 buses at any one time. The organiser will make every effort to provide real-time updates on the approximate parking occupancy on the event website. To help manage space, we highly encourage participants not to travel to the training session individually, but rather to carpool and organise themselves into groups.

ORGANISER TRANSPORT

Rzeszów Podpromie	Bus stop 2	Budy Głogowskie	Budy Głogowskie	Bus Stop 2	Rzeszów Podpromie
9:20	9:30	10:00	11:20	11:40	11:50
10:20	10:30	11:00	12:20	12:40	12:50
11:20	11:30	12:00	13:20	13:40	13:50
12:20	12:30	13:00	14:20	14:40	14:50
13:20	13:30	14:00	15:20	15:40	15:50
14:20	14:30	15:00	16:20	16:40	16:50

TERRAIN AND MAP SPECIFICATIONS

Terrain Profile: The training area consists of a forested terrain with a well-developed network of roads and paths, making it ideal for preparation. The topography is characterised by very gentle elevation changes and highly distinct micro-relief features. Runnability throughout the area is mostly excellent, though competitors will encounter specific sections with dense, lush vegetation that may reduce visibility and slow down running speed.

Map Name: Budy Głogowskie

Contour Interval: 2.5 m

Size: A4

1 : 10 000

M35, M40, M45, W35,
W40, W45

1 : 7500

M50, M55, M60, M65,
M70, M75, W50, W55,
W60, W65, W70, W75

1 : 5000

M80, M85, M90, M95,
W80, W85, W90

M/W80+ competitors: please note the 1:5 000 Model map covers a smaller area of the Model terrain and fewer control sites than the other other two scales. In case any M/W80+s wish to visit these extra controls, 1:7 500 maps (printed on non-waterproof paper) will be available free of charge on request from the Model Office on the day.

COURSE DETAILS

The start and control points will be marked by control flags only, without SPORTident electronic stations, and can be visited in any order. If visiting all the controls feels too long, we highly recommend selecting and running just a few of the offered control legs.

FOREST QUALIFICATION RACE

ARENA

ADDRESS:

Open land next to forest in Żołynia

TIMETABLE

11TH AUGUST 2026

8:00 - 16:00 Event Arena is open

8:30 - 16:00 Facilities are open

10:00 - 15:00 Forest_Qualification

GETTING THERE AND PARKING

After arriving at the parking please follow the directions of the Parking Crew

Cars & Caravans

in the Arena

GPS

50.13856368669728,

22.332773522006523

[\[Google Maps\]](#)

Buses – directions to drop off point

in the Arena

GPS

50.12134957024979,

22.339568693277368

[\[Google Maps\]](#)

Buses – parking

3500m to the Arena

GPS

50.11531418617923,

22.39228791975721

[\[Google Maps\]](#)

ORGANISER TRANSPORT

Rzeszów Podpromie	Bus Stop 2	Event Arena	Event Arena	Bus Stop 2	Rzeszów Podpromie
7:15	7:25	8:10	13:15	14:05	14:15
7:30	-	8:20	13:45	-	14:40
7:45	7:55	8:35	14:15	15:05	15:15
8:00	-	8:50	14:45	-	15:45
9:00	9:10	10:00	15:15	16:05	16:15
9:30	-	10:20	15:30	-	16:30
9:45	-	10:35	16:00	16:50	17:00
10:00	10:10	11:00			

DISTANCES FROM THE ARENA

Start no	Distance	Elevation	Marking
Start 1	2700m	0m	Orange ribbons
Start 2	3100m	0m	Blue ribbons
Start 3	400m	0m	Yellow ribbons

Water and toilets available on the way to all starts.

ARENA

The layout of the Event Arena can be found on the Arena Map

Heat	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
M35-1	S1	9,73	145	26	1:10 000	A3
M40-1	S1	9,00	135	19	1:10 000	A3
M45-1	S1	7,67	110	20	1:10 000	A3
M45-2	S1	7,73	110	21	1:10 000	A3
M50-1	S1	7,55	130	20	1:7 500	A3
M50-2	S1	7,52	120	19	1:7 500	A3
M50-3	S1	7,55	100	20	1:7 500	A3
M55-1	S1	6,46	105	18	1:7 500	A3
M55-2	S1	6,49	95	18	1:7 500	A3
M55-3	S1	6,45	95	18	1:7 500	A3
M60-1	S1	6,08	80	18	1:7 500	A3
M60-2	S1	6,09	75	16	1:7 500	A3
M60-3	S1	6,09	80	16	1:7 500	A3
M65-1	S2	5,23	65	16	1:7 500	A3
M65-2	S2	5,26	65	16	1:7 500	A3
M65-3	S2	5,26	80	16	1:7 500	A3
M65-4	S2	5,30	80	15	1:7 500	A3
M70-1	S2	4,71	65	16	1:7 500	A3
M70-2	S2	4,71	65	13	1:7 500	A3
M70-3	S2	4,74	60	15	1:7 500	A3
M70-4	S2	4,84	50	14	1:7 500	A3
M75-1	S3	3,55	60	13	1:7 500	A3
M75-2	S3	3,70	55	14	1:7 500	A3
M75-3	S3	3,57	55	14	1:7 500	A3
M80-1	S3	3,19	55	12	1:5 000	A3
M80-2	S3	3,21	45	12	1:5 000	A3
M85-1	S3	2,62	50	10	1:5 000	A3
M90-1	S3	1,72	35	6	1:5 000	A3
M95-1	S3	1,62	25	6	1:5 000	A3

Heat	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
W35-1	S1	7,48	115	21	1:10 000	A3
W40-1	S1	6,91	115	18	1:10 000	A3
W45-1	S1	6,06	80	16	1:10 000	A3
W45-2	S1	6,02	90	16	1:10 000	A3
W50-1	S2	5,81	80	18	1:7 500	A3
W50-2	S2	5,89	75	17	1:7 500	A3
W55-1	S2	4,83	75	12	1:7 500	A3
W55-2	S2	4,93	60	13	1:7 500	A3

W60-1	S2	4,52	65	13	1:7 500	A3
W60-2	S2	4,46	65	12	1:7 500	A3
W65-1	S2	4,05	55	13	1:7 500	A3
W65-2	S2	3,98	55	13	1:7 500	A3
W70-1	S3	3,28	55	13	1:7 500	A3
W70-2	S3	3,26	55	13	1:7 500	A3
W75-1	S3	2,90	50	11	1:7 500	A3
W75-2	S3	2,84	50	10	1:7 500	A3
W80-1	S3	2,28	35	9	1:5 000	A3
W85-1	S3	1,77	35	8	1:5 000	A3
W90-1	S3	1,60	30	6	1:5 000	A3

MIDDLE FINAL RACE

ARENA

ADDRESS:

Open land next to forest in Żołynia

TIMETABLE

12TH AUGUST 2026

8:00 – 16:00 Event Arena is open

8:30 – 16:00 Facilities are open

10:00 – 16:00 Middle Final

GETTING THERE AND PARKING

After arriving at the parking please follow the directions of the Parking Crew

Cars & Caravans

in the Arena

GPS

50.13856368669728,
22.332773522006523

[\[Google Maps\]](#)

Buses – directions to drop off point

in the Arena

GPS

50.12134957024979,
22.339568693277368

[\[Google Maps\]](#)

Buses – parking

3500m to the Arena

GPS

50.11531418617923,
22.39228791975721

[\[Google Maps\]](#)

ORGANISER TRANSPORT

Rzeszów Podpromie	Bus Stop 2	Event arena	Event arena	Bus Stop 2	Rzeszów Podpromie
7:15	7:25	8:10	13:15	14:05	14:15
7:30	-	8:20	13:45	-	14:40
7:45	7:55	8:35	14:15	15:05	15:15
8:00	-	8:50	14:45	-	15:45
9:00	9:10	10:00	15:15	16:05	16:15
9:30	-	10:20	15:30	-	16:30
9:45	-	10:35	16:00	16:50	17:00
10:00	10:10	11:00			

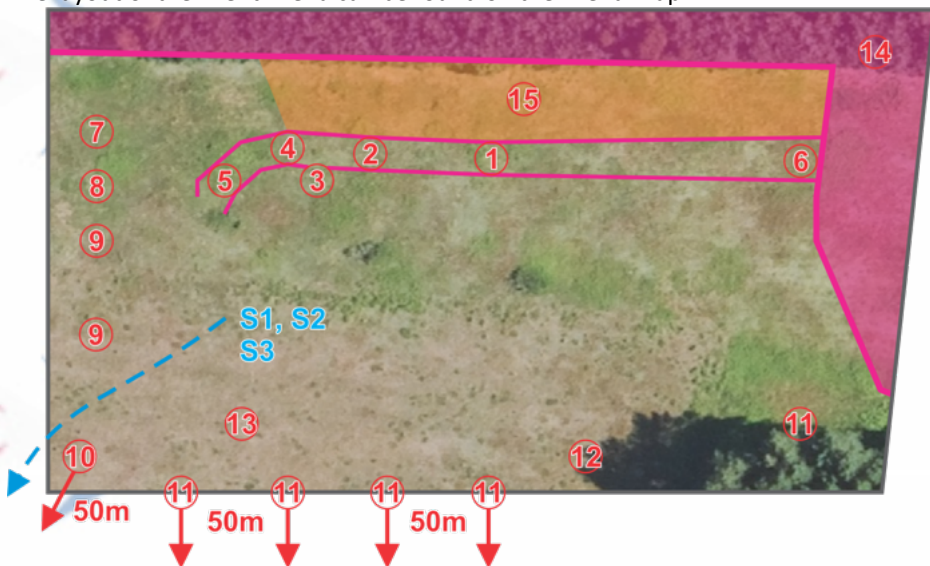
DISTANCES FROM THE ARENA

Start no	Distance	Elevation	Marking
Start 1	1600m	0m	Orange ribbons
Start 2	1350m	0m	Blue ribbons
Start 3	800m	0m	Yellow ribbons

Water and toilets available on the way to all starts.

ARENA

The layout of the Event Arena can be found on the Arena Map



ARENA SERVICES

The following services are located within the Arena and are marked on the Arena Map:

- | | | |
|-------------------|-------------------|--------------------------------|
| 1 Finish line | 6 Last control | 11 Natural shelter, Club tents |
| 2 SI Readout | 7 Office | 12 First aid |
| 3 SI Problem desk | 8 Baggage storage | 13 Catering |
| 4 Map collection | 9 Shops | 14 Competition arena |
| 5 Refreshments | 10 Toilets | 15 Organiser area |
| | | 16 Sign post |

TERRAIN, STARTS, COURSE DETAILS, MAP SPECIFICATIONS

Terrain Profile: The race takes place in a flat forested terrain featuring a well-developed network of roads and paths, bordering surrounding cultivated fields. The area is characterised by distinct micro-relief features that demand precise navigation. Runnability is mostly good across the terrain, although competitors will encounter areas with a dynamic change in runnability, mixed with small open areas and distinct vegetation boundaries. These rapid changes in terrain speed and

visibility will require high concentration and careful micro-navigation throughout the race.

Map Name: Korniaktów - South

Contour Interval: 2.5 m

Final	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
M35-A	S1	6,41	65	26	1:10 000	A4
M35-B	S1	5,06	55	21	1:10 000	A4
M40-A	S1	6,26	65	26	1:10 000	A4
M40-B	S1	5,00	50	21	1:10 000	A4
M45-A	S1	5,21	55	21	1:10 000	A4
M45-B	S1	4,10	45	17	1:10 000	A4
M50-A	S1	5,03	50	19	1:7 500	A3
M50-B	S1	3,98	45	17	1:7 500	A3
M55-A	S1	4,72	45	19	1:7 500	A3
M55-B	S1	3,81	40	17	1:7 500	A3
M60-A	S1	4,49	45	17	1:7 500	A3
M60-B	S2	3,91	40	17	1:7 500	A3
M60-C	S2	3,64	35	15	1:7 500	A3
M65-A	S1	4,10	40	17	1:7 500	A3
M65-B	S2	3,77	35	15	1:7 500	A3
M65-C	S2	3,37	35	14	1:7 500	A3
M65-D	S3	3,16	35	14	1:7 500	A3
M70-A	S2	3,68	40	16	1:7 500	A3
M70-B	S2	3,32	35	14	1:7 500	A3
M70-C	S3	2,97	30	12	1:7 500	A3
M75-A	S2	3,47	35	14	1:7 500	A3
M75-B	S3	2,59	25	11	1:7 500	A3
M80-A	S3	2,89	30	14	1:5 000	A3
M80-B	S3	2,33	25	10	1:5 000	A3
M85-A	S3	2,23	25	10	1:5 000	A3
M85-B	S3	1,78	20	7	1:5 000	A3
M90-A	S3	1,50	20	7	1:5 000	A3
M95-A	S3	1,13	15	5	1:5 000	A3

Final	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
W35-A	S1	5,19	55	20	1:10 000	A4
W35-B	S2	4,34	45	17	1:10 000	A4
W40-A	S1	5,11	50	22	1:10 000	A4
W40-B	S2	4,07	40	17	1:10 000	A4

W45-A	S1	4,23	45	17	1:10 000	A4
W45-B	S2	3,37	35	14	1:10 000	A4
W50-A	S1	4,00	40	18	1:7 500	A3
W50-B	S2	3,18	35	14	1:7 500	A3
W55-A	S2	3,80	40	16	1:7 500	A3
W55-B	S2	3,06	30	13	1:7 500	A3
W60-A	S2	3,59	35	15	1:7 500	A3
W60-B	S3	2,96	30	12	1:7 500	A3
W65-A	S2	3,33	35	15	1:7 500	A3
W65-B	S3	2,60	25	10	1:7 500	A3
W70-A	S3	2,90	30	12	1:7 500	A3
W70-B	S3	2,34	35	9	1:7 500	A3
W75-A	S3	2,65	30	12	1:7 500	A3
W75-B	S3	2,00	20	8	1:7 500	A3
W80-A	S3	2,29	25	10	1:5 000	A3
W80-B	S3	1,71	20	7	1:5 000	A3
W85-A	S3	1,74	20	8	1:5 000	A3
W85-B	S3	1,34	15	5	1:5 000	A3
W90-A	S3	1,13	15	5	1:5 000	A3

MODEL EVENT: LONG FINAL

ARENA

ADDRESS:
Forest on the East-South border of
Rzeszów City

TIMETABLE

13TH AUGUST 2026
8:00 – 18:00 Long Final Model is open
10:00 – 16:00 Model Office is open

GETTING THERE AND PARKING

- Cars & caravans

GPS: 50.00739541866489, 22.089594122403422
LINK: [\[Google Maps\]](#)
- Bus – Bus stop

GPS: 50.005357270314526, 22.087092693529677
LINK: [\[Google Maps\]](#)
- The parking area at the Model Event site can accommodate approximately 100 cars at any one time. The organiser will make every effort to provide real-time updates on the approximate parking occupancy on the event website. To help manage space, we highly encourage participants not to travel to the training session individually, but rather to carpool and organise themselves into groups.
 - For those arriving by bus, there is a bus stop located approximately 400 meters from the Model Event start/finish area. This stop is strictly for quick drop-offs and pick-ups only; passengers must board or disembark immediately, and the vehicle must leave the stop without delay. Parking or waiting at the bus stop is strictly prohibited and subject to a fine. After dropping off the participants, buses must return to the Podpromie Arena (*hala Podpromie*) or proceed to the nearest available bus parking area.

ORGANISER TRANSPORT

Rzeszów Podpromie	Bus Stop 2	Model Arena	Model Arena	Bus Stop 2	Rzeszów Podpromie
9:20	9:30	09:50	11:20	11:40	11:50
10:20	10:30	10:50	12:20	12:40	12:50
11:20	11:30	11:50	13:20	13:40	13:50
12:20	12:30	12:50	14:20	14:40	14:50
13:20	13:30	13:50	15:20	15:40	15:50
14:20	14:30	14:50	16:20	16:40	16:50

TERRAIN AND MAP SPECIFICATIONS

Terrain Profile: The training will take place in a highly demanding terrain characterised by significant elevation changes and distinct, detailed landforms. The

area is covered predominantly by deciduous forest, where locally dense vegetation reduces visibility and significantly hinders runnability. However, an excellent and well-developed network of roads and paths offers various route-choice options.

Map Name: Święty Roch

Contour Interval: 5 m

Size: A4

1 : 10 000

M35, M40, M45, W35,
W40, W45

1 : 7500

M50, M55, M60, M65,
M70, M75, W50, W55,
W60, W65, W70, W75

1 : 5000

M80, M85, M90, M95,
W80, W85, W90

M/W80+ competitors: please note the 1:5 000 Model map covers a smaller area of the Model terrain and fewer control sites than the other other two scales. In case any M/W80+s wish to visit these extra controls, 1:7 500 maps (printed on non-waterproof paper) will be available free of charge on request from the Model Office on the day.

COURSE DETAILS

The start and control points will be marked by control flags only, without SPORTident electronic stations, and can be visited in any order. If visiting all the controls feels too long, we highly recommend selecting and running just a few of the offered control legs.

LONG FINAL RACE

ARENA

ADDRESS:

Open land in Niechobrz Village

TIMETABLE

14TH AUGUST 2026

8:00 - 16:00 Event Arena is open
8:30 - 16:00 Facilities are open
10:00 - 15:00 Long final
14:00 - 16:00 Closing ceremony
Prize-giving Ceremony
Departure

GETTING THERE AND PARKING

After arriving at the parking please follow the directions of the Parking Crew

Cars & Caravans

100-300m to the Arena

GPS directions to car park signposting

49.97997107794036,
21.857638205587566

[\[Google Maps\]](#)

Buses – drop off point

500m to the Arena

GPS

49.97116359975694,
21.835972581206068

[\[Google Maps\]](#)

Buses – parking

7000m to the Arena

GPS

49.93500260160216,
21.869404699101786

[\[Google Maps\]](#)

Parking WM85+

20m to the Arena

GPS directions to car park signposting

49.97997107794036, 21.857638205587566

[\[Google Maps\]](#)

ATTENTION: The GPS coordinates provided for Cars, Caravans, and WM85+ parking are correct. To avoid traffic congestion and ensure smooth access, these coordinates point to the exact location where official event signage begins. Please follow the signs from this point to reach the parking area and keep traffic flowing smoothly.

Teams arriving in their own buses must drop off passengers at the designated bus stop and then immediately depart for the parking area mentioned above. For the pick-up, the bus must arrive only when the passengers are ready to board immediately, allowing the bus to depart without delay. Waiting or parking at the bus stop is strictly prohibited and subject to a fine.

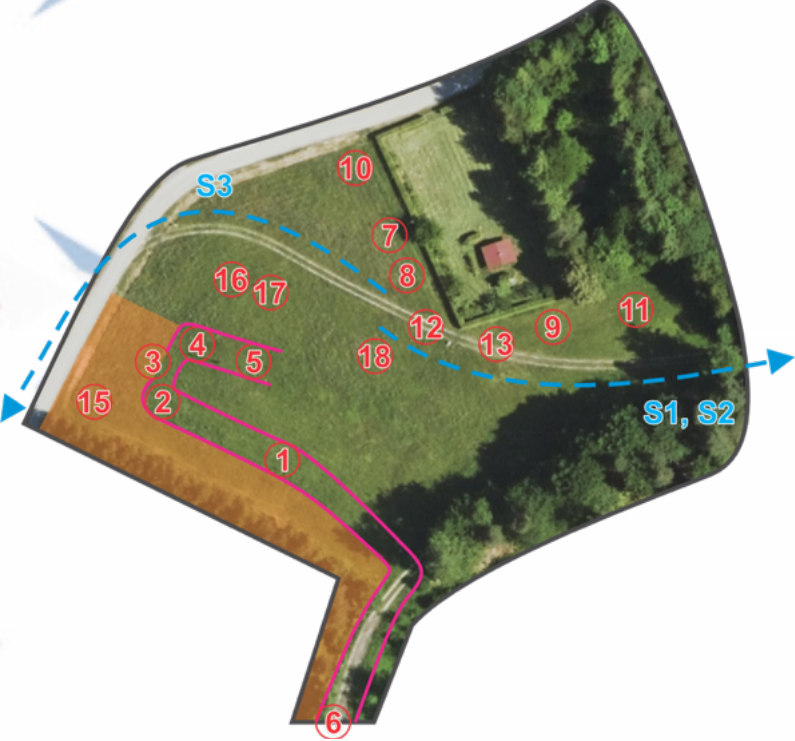
ORGANISER TRANSPORT

Rzeszów Podpromie	Bus Stop 2	Event arena	Event arena	Bus Stop 2	Rzeszów Podpromie
7:15	7:25	8:10	13:15	14:05	14:15
7:30	-	8:20	13:45	-	14:40
7:45	7:55	8:35	14:15	15:05	15:15

8:00	-	8:50	14:45	-	15:45
9:00	9:10	10:00	15:15	16:05	16:15
9:30	-	10:20	15:30	-	16:30
9:45	-	10:35	16:00	16:50	17:00
10:00	10:10	11:00			

ARENA

The layout of the Event Arena can be found on the Arena Map



ARENA SERVICES

The following services are located within the Arena and are marked on the Arena Map:

- | | | |
|-------------------|--------------------------------|----------------------------|
| 1 Finish line | 7 Office | 13 Catering |
| 2 SI Readout | 8 Baggage storage | 14 Competition arena |
| 3 SI Problem desk | 9 Shops | 15 Organiser area |
| 4 Map collection | 10 Toilets | 16 Stage, closing ceremony |
| 5 Refreshments | 11 Natural shelter, Club tents | 17 Podium |
| 6 Last control | 12 First aid | 18 Sign post |

DISTANCES FROM THE ARENA

Start no	Distance	Elevation	Marking
Start 1	2000m	0m	Orange ribbons
Start 2	1600m	0m	Blue ribbons
Start 3	400m	5m	Yellow ribbons

Water and toilets available on the way to all starts.

TERRAIN, STARTS, COURSE DETAILS, MAP SPECIFICATIONS

Terrain Profile: The competition takes place in a demanding mountainous terrain characterised by highly distinct and visible landforms. The area is predominantly covered by deciduous forest with steep slopes, where runnability varies from excellent to significantly hindered. A well-developed network of gravel and forest roads stretches across the terrain, providing opportunities for high-speed running and strategic route choices.

Map Name: Czudec

Contour Interval: 5 m

Final	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
M35-A	S1	8,36	415	21	1:10 000	A3
M35-B	S1	6,10	305	17	1:10 000	A3
M40-A	S1	7,43	370	19	1:10 000	A3
M40-B	S1	5,55	270	12	1:10 000	A3
M45-A	S1	6,88	345	18	1:10 000	A3
M45-B	S1	5,28	255	15	1:10 000	A3
M50-A	S1	6,15	310	15	1:7 500	A3
M50-B	S1	4,50	210	12	1:7 500	A3
M55-A	S1	5,46	270	12	1:7 500	A3
M55-B	S2	4,53	215	12	1:7 500	A3
M60-A	S1	5,06	250	14	1:7 500	A3
M60-B	S2	4,23	215	11	1:7 500	A3
M60-C	S2	3,80	190	7	1:7 500	A3
M65-A	S1	4,66	220	15	1:7 500	A3
M65-B	S2	3,91	210	11	1:7 500	A3
M65-C	S3	3,44	170	8	1:7 500	A3
M65-D	S3	2,98	150	9	1:7 500	A3
M70-A	S2	4,12	205	10	1:7 500	A3
M70-B	S2	3,64	165	9	1:7 500	A3
M70-C	S3	2,99	140	8	1:7 500	A3
M75-A	S2	3,57	175	10	1:7 500	A3
M75-B	S3	2,64	130	6	1:7 500	A3

M80-A	S3	3,04	110	10	1:5 000	A3
M80-B	S3	2,14	55	7	1:5 000	A3
M85-A	S3	2,42	100	8	1:5 000	A3
M85-B	S3	1,91	50	8	1:5 000	A3
M90-A	S3	1,99	45	7	1:5 000	A3
M95-A	S3	1,42	30	6	1:5 000	A3

Final	Start	Length [km]	Climb [m]	CP	Map Scale	Map Size
W35-A	S1	7,01	340	16	1:10 000	A3
W35-B	S1	5,14	255	14	1:10 000	A3
W40-A	S1	6,32	315	16	1:10 000	A3
W40-B	S1	4,81	245	11	1:10 000	A3
W45-A	S1	5,42	270	14	1:10 000	A3
W45-B	S2	4,14	210	10	1:10 000	A3
W50-A	S1	5,13	265	15	1:7 500	A3
W50-B	S2	3,95	195	8	1:7 500	A3
W55-A	S2	4,28	215	12	1:7 500	A3
W55-B	S2	3,44	175	9	1:7 500	A3
W60-A	S2	4,12	215	11	1:7 500	A3
W60-B	S3	3,22	165	10	1:7 500	A3
W65-A	S2	3,78	190	8	1:7 500	A3
W65-B	S3	2,99	130	9	1:7 500	A3
W70-A	S2	3,47	160	10	1:7 500	A3
W70-B	S3	2,23	85	8	1:7 500	A3
W75-A	S3	3,07	140	8	1:7 500	A3
W75-B	S3	2,18	45	7	1:7 500	A3
W80-A	S3	2,42	55	9	1:5 000	A3
W80-B	S3	1,95	40	8	1:5 000	A3
W85-A	S3	1,94	35	7	1:5 000	A3
W85-B	S3	1,42	30	6	1:5 000	A3
W90-A	S3	1,42	30	6	1:5 000	A3

CLOSING CEREMONY & PRIZE-GIVING CEREMONY

The official closing of the championships and the traditional handover of the IOF flag to the organisers of the next World Masters Orienteering Championships (WMOC 2027) will take place in the Event Arena following the conclusion of the final race. Immediately after the Closing Ceremony, the Prize-giving Ceremony for the Long Distance race will begin.

FIRST START TIMES FOR ALL FINAL RACES

Final	First Start Sprint	First Start Middle	First Start Long
M35-A	10:01	11:45	10:07
M35-B	10:01	11:26	11:20
M40-A	10:01	10:29	10:04
M40-B	11:20	10:15	11:48
M45-A	11:16	10:55	10:04
M45-B	11:11	10:01	11:51
M50-A	10:01	10:02	10:02
M50-B	10:49	10:06	10:30
M55-A	10:37	10:01	10:01
M55-B	10:05	11:13	11:23
M60-A	10:51	10:02	10:01
M60-B	10:01	11:22	10:01
M60-C	10:23	10:06	10:12
M65-A	10:05	10:01	10:01
M65-B	11:15	10:01	11:33
M65-C	11:16	10:01	11:38
M65-D		10:01	10:48
M70-A	11:15	10:01	10:02
M70-B	10:01	10:01	10:01
M70-C	11:28	10:01	10:02
M75-A	10:01	10:02	10:01
M75-B	11:09	10:19	10:02
M80-A	11:02	10:56	10:01
M80-B	10:01	11:30	12:04
M85-A	10:01	11:33	11:43
M85-B	10:06	10:51	11:48
M90-A	10:10	11:01	10:40
M95-A	10:01	11:05	11:18
W35-A	10:30	11:50	11:01
W35-B	12:22	11:23	10:02
W40-A	11:50	12:00	11:03
W40-B	11:23	12:10	10:23
W45-A	10:33	11:09	10:34
W45-B	12:00	11:43	12:13
W50-A	11:04	10:54	10:06
W50-B	11:38	11:22	11:01

W55-A	10:04	10:31	10:05
W55-B	11:19	11:07	11:13
W60-A	10:06	10:18	10:04
W60-B	11:00	11:32	10:04
W65-A	11:23	10:12	10:03
W65-B	11:22	11:27	11:40
W70-A	10:50	10:24	10:23
W70-B	10:15	10:22	11:49
W75-A	10:18	10:50	10:23
W75-B	10:01	10:03	10:41
W80-A	10:36	11:01	10:39
W80-B	10:06	10:59	10:12
W85-A	10:18	11:27	11:26
W85-B		11:53	10:01
W90-A	10:01	10:55	11:12

SUMMARY OF ENTRIES

Argentina	1
Australia	20
Austria	35
Belgium	13
Brazil	10
Bulgaria	11
Canada	1
Chinese Taipei	2
Croatia	4
Czechia	262
Denmark	48
Estonia	152
Finland	335
France	27
Germany	46
Great Britain	116
Hong Kong China	23
Hungary	72
Ireland	4
Israel	4
Italy	9

Japan	24
Latvia	49
Lithuania	95
Luxembourg	2
Moldova, Republic of	3
Netherlands	7
New Zealand	3
Norway	281
Poland	234
Portugal	22
Romania	25
Serbia	6
Singapore	2
Slovakia	64
Slovenia	4
Spain	36
Sweden	390
Switzerland	60
Turkiye	22
Ukraine	80
United States	20

TOTAL NUMBER OF ENTRIES:

2624



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OF FUTURE **WORLD MASTERS**
ORIENTEERING CHAMPIONSHIPS



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