



BELARUS  
**EYOC**  
European Youth  
Orienteering Championships  
**2019**



European Youth Orienteering Championships  
**27-30 JUNE**  
**GRODNO, BELARUS**



**Bulletin 3**  
eyoc2019.by



BELARUS

EYOC

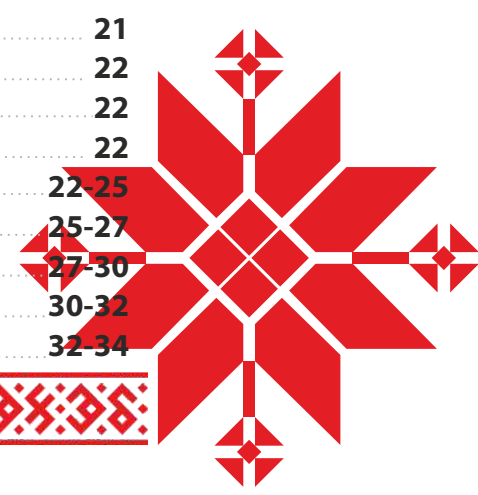
European Youth  
Orienteering Championships

2019



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BELARUS



## 1. WELCOME

### Greetings from the Chairman of Grodno Oblast Executive Committee

*Dear ladies and gentlemen!*



*We are pleased to welcome participants of the 2019 European Youth Orienteering Championships and international competitions Grand Prix Belarus – 2019 in our hospitable Belarusian land.*

*It is possible to achieve what was intended only when you are having a firm character, the ability to overcome obstacles and difficulties. Orienteering brings up such qualities that are necessary in life for everyone: strength and endurance, quickness in actions and thinking, as well as the ability to achieve goals.*

*This remarkable orienteering event will certainly contribute to promotion of the sport of orienteering in our country and the strengthening of international sports relations.*

*I am sure that the athletes will fully feel the warmth and hospitality of the Belarusian people and will keep the most pleasant impressions of this orienteering event for a long time.*

*I wish all the participants successful performances, high achievements and meeting new friends!*

Chairman of Grodno Oblast Executive Committee

Vladimir Kravtsov

### Greetings from the Mayor of Grodno



*Dear ladies and gentlemen, dear organizers and lovers of the sport of orienteering!*

*On behalf of the people of Grodno, let me welcome the participants of the 2019 European Youth Orienteering Championships and Grand-Prix Belarus 2019 in our ancient and forever young city.*

*An orienteering event of this level is held in Grodno for the first time, and I am very proud that the organizers have chosen our city.*

*It is encouraging that the sprint distance of the Championship will take place in a historic part of Grodno with narrow cobbled stone streets and old-time architectural monuments that will create a unique atmosphere of the competition, both for the participants themselves and for the spectators.*

*I wish you all a good mood, successful competitions, and unforgettable memories that will encourage you to return to Grodno again and again.*

Chairman of the Grodno City Council

Mechyslau Hoi

## Greetings from the President of Belarusian Orienteering Federation



*Dear friends!*

*On behalf of the Belarusian Orienteering Federation I am pleased to welcome athletes, team leaders, officials, spectators and guests to the 2019 European Youth Orienteering Championships in Belarus.*

*Grodno and surroundings is a fantastic mix of stunning landscapes, wildlife and wonderful local produce, combined with a thrilling history, kind and openhearted people.*

*We will do everything we can to offer exciting, visible and fair competitions. We hope you will feel pride in your own achievements and that your participation in this event will give an impulse to your future commitment and dedication to the global development of our sport.*

*I wish you inspiring and successful competitions, great fun and wonderful memories from Belarus.*

*President of Belarusian Orienteering Federation*

*Andrei Yakauleu*

## 2. ORGANIZERS

- International Orienteering Federation
- Belarusian Orienteering Federation
- Ministry of Sports and Tourism of the Republic of Belarus
- Grodno Oblast Executive Committee
- Grodno City Executive Committee
- Sapotskin Munitipal Executive Committee
- Yanka Kupala State University of Grodno

### IOF REPRESENTATIVE



IOF Council Member  
**Dusan Vystavel (CZE)**

### CHAIRMAN OF THE BOARD OF TRUSTEES



Deputy Chairman of Grodno Oblast Executive Committee  
**Viktor Liskovich**





BELARUS

## ORGANIZING COMMITTEE

Event Director	Edvard Arodz (BLR)
Deputy Event Director	Andrei Yakauleu (BLR)
Main Referee	Siarhei Hurynovich (BLR)
Event Secretary	Dmitry Mikhalkin (BLR)
Accommodation & Logistics	Valery Sukhetski (BLR)
Staff and Volunteer Manager	Hanna Baushevich (BLR)
Arenas Manager	Anatol Sytsko (BLR)
Press Secretary	Yauhen Lebedz (BLR)
Speaker	Ivars Bācis (LAT)
Manager of Ceremonies and Protocol	Vitaly Tarasau (BLR)
Website Administrator	Igor Obernikhin (RUS)
Timekeeping and Punching Manager	Przemysław Patejko (POL)
Head of Start	Lech Trzpił (POL)
Head of Finish	Egor Titovich (BLR)
Deputy Main Referee for Courses	Viktar Lukoika (BLR)
Mappers	Sergiy Usenko (UKR), Artsiom Lohinau (BLR)
Courses' Planners	Siarhei Salodkin (BLR), Dmitri Mironov (BLR), Artsiom Lohinau (BLR)

## EVENT CONTROLLERS

IOF Senior Event Advisor	Vitalijus Paulauskas (LTU)
National Controller	Pyotr Mironov (BLR)

## JURY

Vladimir Atanasov (BUL)  
Adam Chromy (CZE)  
Andrii Podgaietskyi (UKR)

## CONTACTS

P.O. Box 362, Minsk, 220050, Belarus  
+375 29 698-39-46 (Event Secretary)  
+375 29 613-81-52 (organizational issues, English)  
+375 29 111-44-60 (organizational issues, Russian)  
<https://EYOC2019.by>  
[info@eyoc2019.by](mailto:info@eyoc2019.by)

## 3. EVENT CENTER

Event Center of EYOC2019 is located at the address:  
ulitsa Lenina 32, Grodno  
GPS coordinates: 53.683423, 23.839709



## Working hours

27 June 2019	10:00 – 22:00
28 June 2019	15:00 – 18:00, 19:00 – 21:00
29 June 2019	15:00 – 17:30
30 June 2019	08:30 – 10:00 – Finish arena Sprint



## 4. PROGRAM

### Thursday, 27<sup>th</sup> June 2019

From 12:00	Team arrival	Hotels
10:00 – 22:00	Accreditation	Event Center
10:00 – 18:00	Model event – Sprint	Grodno
13:00 – 18:00	Model event – Long+Relay	Sanniki
15.00	Deadline Entry slots – Long	via email or hard copy
19:00 – 20.00	Team Officials' Meeting, Long	Event Center
19:30 – 21:00	Dinner	Hotels or Cafes

### Friday, 28<sup>th</sup> June 2019

06:30 – 09:00	Breakfast	Hotels or Cafes
08.00	Quarantine Check-in. Buses departure (for athletes who will start before 11.30)	Hotels or Cafes
09.30	Quarantine Check-in. Buses departure (for athletes who will start before 11.30)	Hotels or Cafes
10:00 – 14:30	Long Distance Final	Sapotskin
12:00 – 14:45	Lunch	Radziwilki
14:30 – 14.45	Flower ceremony	Radziwilki
14:30	Start of Public race	Radziwilki
15.00	Buses departure	Radziwilki



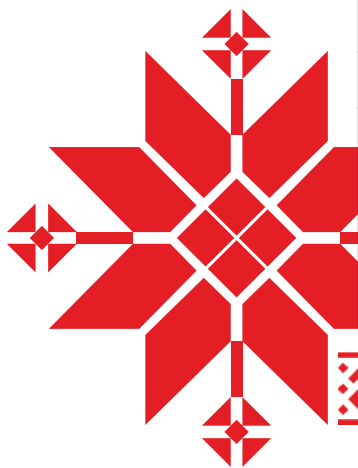
15.00	Deadline for teams – Relay	via email or hard copy
18:00 – 19:00	Team Officials' Meeting, Relay	Event Center
19:30 – 20:30	Opening Ceremony, Prize-giving Ceremony	Sovetskaya Square
21.00 (until the end of Sprint Final)	Full embargo Grodno Old Town	Grodno old town
20:45 – 21:30	Dinner	Hotels or Cafes

### Saturday, 29<sup>th</sup> June 2019

06:30 – 07:50	Breakfast	Hotels or Cafes
08.00	Quarantine Check-in Buses departure	Hotels or Cafes
10:00 – 13:00	Relay competition	Starina
Time will be announced on field	Mass start for remaining runners	Starina
12:00 – 13:30	Lunch	Starina
13.00 – 13.15	Flower ceremony	Starina
13.30	Buses departure	Starina
13.30	Start of Public race	Starina
15.00	Deadline Entry slots – Long	via email or hard copy
17:30 – 18:30	Team Officials' Meeting, Sprint	Event Center
19.00	Buses departure for dinner	Hotels
19:30 – 20:00	Prize-giving Ceremony	Preeval
20:00 – 22:00	Welcome Dinner and Friendship Party	Preeval

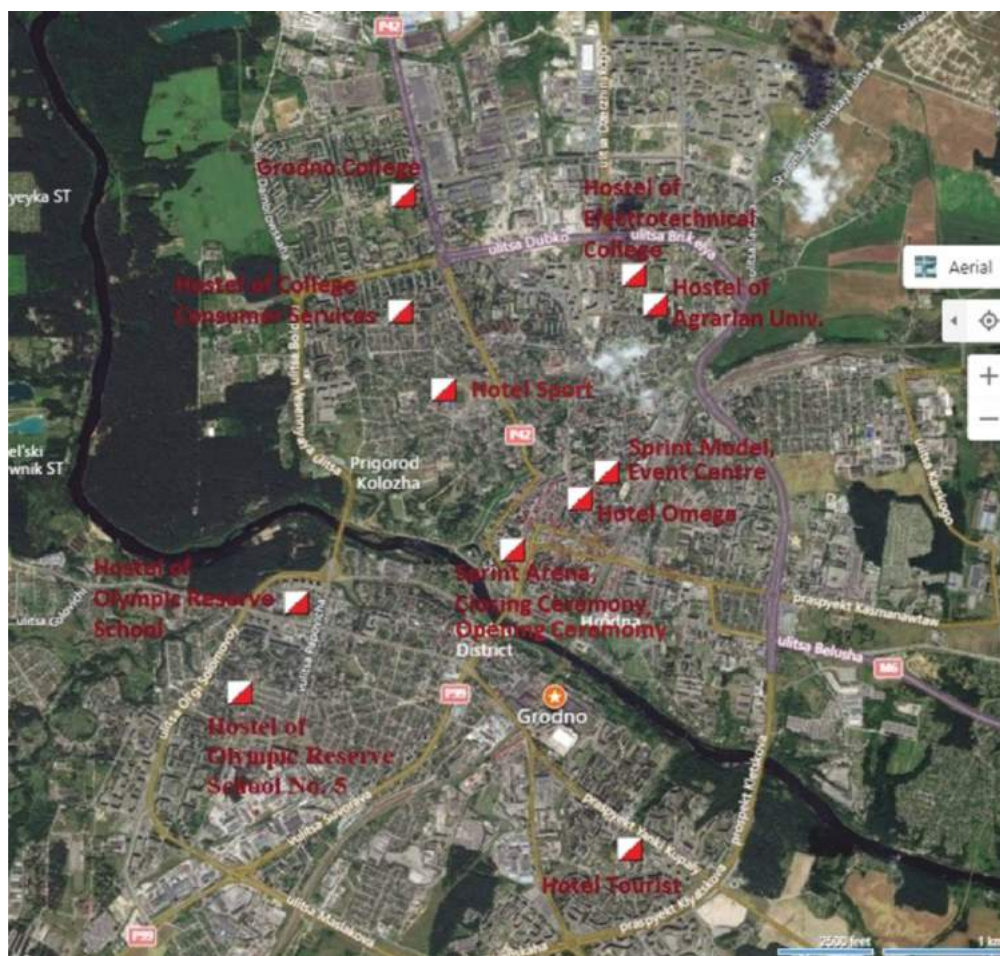
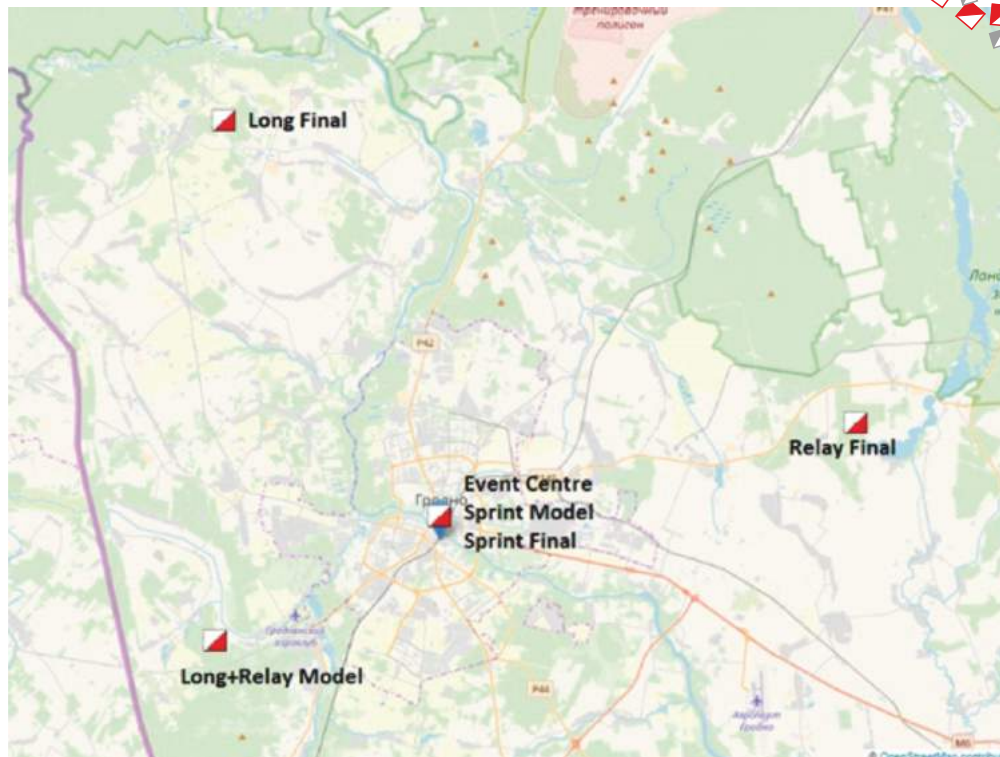
### Sunday, 30<sup>th</sup> June 2019

06:30 – 07:40	Breakfast	Hotels or Cafes
07.45	Quarantine Check-in Buses departure	Hotels or Cafes
09:30 – 11:45	Sprint competition (final only)	Grodno old town
12:00 – 12:30	Prize-giving Ceremony	Finish arena Sprint
12:30 – 13:00	Closing Ceremony	Finish arena Sprint
13.00	Start of Public race	Grodno old town
13.00	Buses departure for lunch	Hotels or Cafes
13.30-15.00	Lunch	Hotels or Cafes
After 13:00	Team departure	





## 5. GENERAL SCHEMES OF THE EVENT



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## 6. FINAL ENTRIES

Entry summary

Federation	Men 16	Women 16	Men 18	Women 18	Team Official	Total
Austria	4	3	4	3	3	17
Belarus	4	4	4	4	2	18
Belgium	4		3	4	2	13
Bulgaria	4	4	4	4	2	18
Czech Republic	4	4	4	4	4	20
Denmark	4	4	4	3	3	18
Estonia	3	3	4	4	3	17
Finland	4	4	4	4	2	18
France	4	4	4	4	4	20
Germany	4	4	4	4	4	20
Great Britain	2	1	3	3	3	12
Hungary	4	4	4	4	4	20
Ireland	4	2	4	2	3	15
Israel	4		4		2	10
Italy	3	3	3	3	2	14
Latvia	4	4	4	4	3	19
Lithuania	4	4	4	5	2	19
Moldova, Republic of	1	3	2		1	7
New Zealand		3		1	2	6
Norway			4	4	2	10
Poland	4	4	4	4	4	20
Portugal	1		4	3	2	10
Romania	4	4	4	2	2	16
Russian Federation	4	4	4	4	3	19
Serbia	3	3	1		2	9
Slovakia	4	4	4	4	3	19
Slovenia	1	3	1	3	2	10
Spain	4	3	4	3	2	16
Sweden			4	4	2	10
Switzerland	4	4	4	4	4	20
Turkey	4	3	1	4	3	15
Ukraine	4	4	4	4	2	18
Sum	102	94	110	103	84	493

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EYOC.

Competitors representing other member Federations of the IOF may participate in EYOC but will not be eligible for European titles, medals or diplomas.

## 7. LATE ENTRIES, CHANGES OF TEAM SIZE OR TEAM NAMES

Late Entries and changes will be accepted, if possible, up to event start date, 27<sup>th</sup> June at 15:00. No late entries or changes will be accepted after that date. Late entries and changes will always have a defined extra cost (surcharge). Late entries and changes will always be treated equally and must be communicated directly to the organizer. The organizer makes the changes in IOF Eventor after deadlines.

## 8. IMPORTANT DEADLINES

- 17 June, Monday 23:59** Deadline for entries of competitors' name
- 27 June, Thursday 15:00** Deadline for final entries for Long Distance
- 28 June, Friday 15:00** Deadline for final entries for Relay
- 29 June, Saturday 15:00** Deadline for final entries for Sprint Distance

## 9. TRANSPORTATION AND PARKING

**Public transport in Grodno will be free of charge for accredited**



**participants of the** EYOC 2019 provided they wear an accreditation badge.

All competitors, coaches, and team officials are obliged to use the organizers' transportation during the official EYOC 2019 program (a model event, event arenas, and all other official venues).

It is compulsory to use the official transport for the model of Long+Relay. There will be organized buses travelling to and from places of accommodation to the model of Long+Relay, shuttle buses will go from the Event Center and back. The model of Sprint will be located in the center of Grodno near the Event Center.

During the competitions information about changes in the bus timetable for the next day will be handed out at the Team Leaders' Meetings.

Team officials should check the transportation table at the Secretariat one day before departure from Grodno to airports.

All VIPs and media representatives may use their own transportation to all events. However, the need to follow the parking instructions at the Parking areas at the competitions.

Spectators and participants of Grand Prix Belarus 2019 should park their vehicles only in the allowed parking places, set up by the organizers.

## 10. TRANSPORTATION SCHEDULE

Accommodation or other place	Description of boarding place	GPS coordinates	Bus number
Event Centre	Near the building of the Event Centre.	53.683423, 23.839709	—
Hotel Tourist	Car parking down the hill in front of the hotel.	53.6545136, 23.8463343	1
Hostel of Consumer Services College	In front of the Hostel.	53.6945, 23.81	2
Hostel of Agrarian University	Bus stop "Electrical College".	53.6991554, 23.8399592	3
Hostel of Electrical College	Bus stop "Electrical College".	53.6991554, 23.8399592	3
Hotel Sport	In front of the Hotel.	53.68738, 23.8223	4
Hotel Omega	Near the building of the Event Centre	53.683423, 23.839709	5
Hostel of Grodno Regional Tourism Center	Near the building of the Event Centre	53.683423, 23.839709	5
Hostel of Grodno Technological College	Bus stop "Technological College".	53.70642, 23.83959	6
Hostel of Olympic Reserve School No. 5	Near the Hostel.	53.6658, 23.7944	7
Hostel of Olympic Reserve School	Bus stop "Olympic Reserve School".	53.67368, 23.80383	7



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**Shuttle buses will run around all places of accommodation** with the end point near the Event Center. Estimated time between buses: 30 minutes. Operating hours: from 9.30 to 18.00 (last bus can take participants at about 18.00 from the Event Center to hotels or at about 18:00 from hotels to the Event Centre).

**Bus No. 10** will go on the following route: Event Centre – Hostel of Electrical College and Hostel of Agrarian University – Hostel of Grodno Technological College – Hostel of Consumer Services College – Hotel Sport – Event Centre.

**Bus No. 11** will go on the following route: Event Centre – Hostel of Olympic Reserve School – Hostel of Olympic Reserve School No. 5 – Hotel Tourist – Event Centre.

**BUS TIMETABLE FOR THE MODEL LONG + RELAY**

Departure from Event Centre	Arrival to Sanniki	Departure from Sanniki	Arrival to Event Centre
13.00	13.30	13.30	14.00
13.30	14.00	14.00	14.30
14.00	14.30	14.30	15.00
14.30	15.00	15.00	15.30
15.00	15.30	15.30	16.00
15.30	16.00	16.00	16.30
16.00	16.30	16.30	17.00
16.30	17.00	17.00	17.30
17.00	17.30	17.30	18.00

**TEAM OFFICIALS' MEETING**

**On 20.00, after the Team Officials' Meeting**, two buses will transport participants to their places of accommodation by the following routes:

**Bus No. 12** will go on the following route: Event Centre – Hotel Sport – Hostel of Olympic Reserve School – Hostel of Olympic Reserve School No. 5 – Hotel Tourist.

**Bus No. 13** will go on the following route: Event Centre – Hostel of Consumer Services College – Hostel of Grodno Technological College – Hostel of Electrical College and Hostel of Agrarian University.



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### BUSSES TO LONG FINAL

#### Buses No. 7

	Hostel of Olympic Reserve School No. 5	Hostel of Olympic Reserve School	Long course (Quarantine)
Athletes who will start before 11.30	07.30 (for breakfast)	08.00	08.30
Athletes who will start after 11.30	09.00 (for breakfast)	09.30	10.10

#### Buses No. 1, 2, 3, 4, 5, 6

	From hotels	Long course (Quarantine)
Athletes who will start before 11.30	08.00	08.40
Athletes who will start after 11.30	09.30	10.10

### BUSSES TO HOTELS

#### Buses No. 1, 2, 3, 4, 5, 6, 7

Long Final Arena	Hotels
15.00	15.45

### TEAM OFFICIALS' MEETING

Two buses will **transport participants to the Team Officials' Meeting** from their places of accommodation to the Event Center by the following routes:

**Bus No. 12** will start at **17.30** and will go on the following route (expected times): Hotel Tourist (17.30 sharp) – Hostel of Olympic Reserve School No. 5 (17.40) – Hostel of Olympic Reserve School (17.45) – Hotel Sport (17.55) – Event Centre (18.00).

**Bus No. 13** will start at **17.30** will go on the following route: Hostel of Agrarian University and Hostel of Electrical College (17.30 sharp) – Hostel of Grodno Technological College (17.35) – Hostel of Consumer Services College (17.45) – Event Centre (17.55).

After the Team Officials' Meeting all participants will go by **buses No. 12 and 13** to Sovetskaya Square for the Opening Ceremony.

### OPENING CEREMONY

All participants who were not at the Team Officials' Meeting should use buses No. 1, 2, 3, 4, 5, 6, 7 that will go at **18.45** from the areas of accommodation to Sovetskaya Square.

After the Opening Ceremony and the Price-giving ceremony buses will go to hotels in the following order: 20.30 buses No. 1, 2  
20.35 buses No. 3, 4  
20.40 buses No. 5, 6, 7

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**BUSSES TO RELAY**

**Bus No. 7**

<b>Hostel of Olympic Reserve School No. 5</b>	<b>Hostel of Olympic Reserve School</b>	<b>Relay Arena</b>
07.30 (for breakfast)	08.00	08.45

**Buses No. 1, 2, 3, 4, 5, 6**

<b>Hotels</b>	<b>Relay Arena</b>
08.00	08.45

**BUSSES TO HOTELS**

**Buses No. 1, 2, 3, 4, 5, 6**

<b>Relay Arena</b>	<b>Hotels</b>
13.30	14.15

**TEAM OFFICIALS' MEETING**

Two buses will **transport participants to the Team Officials' Meeting** from their places of accommodation to the Event Center by the following routes:

**Bus No. 12** will start at **17.00** and will go on the following route: Hotel Tourist (17.00 sharp) – Hostel of Olympic Reserve School No. 5 (17.10) – Hostel of Olympic Reserve School (17.25) – Hotel Sport – Event Centre.

**Bus No. 13** will start at **17.00** will go on the following route: Hostel of Agrarian University and Hostel of Electrical College (17.00 sharp) – Hostel of Grodno Technological College (17.35) – Hostel of Consumer Services College (17.45) – Event Centre.

**On 18.30, after the Team Officials' Meeting**, two buses will transport participants to their places of accommodation by the following routes:

**Bus No. 12** will go on the following route: Event Centre – Hotel Sport – Hostel of Olympic Reserve School – Hostel of Olympic Reserve School No. 5 – Hotel Tourist.

**Bus No. 13** will go on the following route: Event Centre – Hostel of Consumer Services College – Hostel of Grodno Technological College – Hostel of Electrical College and Hostel of Agrarian University.

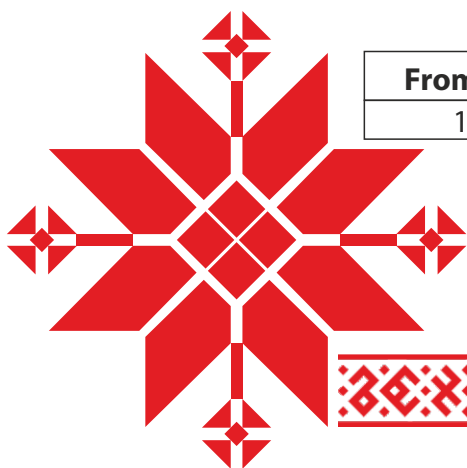
**WELCOME DINNER AND FRIENDSHIP PARTY**

<b>From hotels</b>	<b>Preeval</b>	<b>From Preeval</b>	<b>Hotels</b>
19.00	19.30	22.00 – 22.05	22.30 – 22.40

After the Friendship Party buses will go to hotels in the following order: 22.00 buses No. 1, 2

22.05 buses No. 3, 4

22.10 buses No. 5, 6, 7



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## BUSSES TO SPRINT FINAL

### Bus No. 7

Hostel of Olympic Reserve School No. 5	Hostel of Olympic Reserve School	Sprint Final (Quarantine)
07.15 (for breakfast)	07.45	08.10

### Buses No. 1, 2, 3, 4, 5, 6

Hotels	Sprint Final (Quarantine)
07.45	08.10

## BUSSES TO HOTELS

Sprint Final Arena	Hotels
13.00	13.30

After the Closing Ceremony and the Price-giving ceremony buses will go to hotels in the following order: **13.00** buses No. 1, 2

**13.05** buses No. 3, 4

**13.10** buses No. 5, 6, 7

## 11. PAYMENT

Before arrival it is possible to pay in euro by bank transfer according to invoice.

Upon arrival it is possible to pay in Belarusian rubles according to payment receipt in the bank branch in close proximity to the Event Center. Payments in cash are not accepted.

## 12. MEDICAL CARE AND POTENTIAL HEALTH HAZARDS

There will be an ambulance with first aid medical staff at all arenas during competitions. If a competitor is injured in the terrain, the situation and the location of the patient must be notified to the nearest official or at the finish line. First aid and evacuation will be organized by the organizers and the medical crew.

Injuries or illness occurring outside of competition activities are treated by the public health care system. The Event Organizer will not bear any responsibility related to the cost of medical services for participants. Each Federation is responsible for the health insurance of all their delegates.

Wild bees can be possibly encountered in Relay and Long distance areas. Ticks, carrying Tick-borne encephalitis and Lyme-disease are present in Belarus.

In the case of emergency. The **national emergency numbers are 103 and 112.**

Additionally, telephone numbers of the organizers to use in case of emergency will be placed at the bottom of the participant badge.





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### 13. MEDIA

All media representatives will have a badge which allows them to go to specific areas throughout the competitions. There will be no dedicated transportation for media.

Media & Ceremonies. After finishing their competition and returning the GPS equipment, all athletes will exit through the press zone. Field interviews with athletes may take place before entering the press zone in cooperation with the host broadcaster.

No drones are allowed in the competition area without a permission from the organizers.

### 14. PHOTO AND VIDEO DISCLAIMER

By taking part in EYOC 2019 as a participant or spectator, you acknowledge your consent to interview(s), photography, audio recording, video recording and its/their release, publication, exhibition, or reproduction to be used for news, webcasts, promotional purposes, telecasts, advertising, inclusion on websites, or any other purpose by EYOC 2019 organizers and its affiliates and representatives.

### 15. LIVE RESULTS

We will offer a big screen in the competition arenas of all finals with a live-camera, GPS- tracking and live-results.

Ivars Bacis, former speaker at the WOC 2018, will provide great action with his amazing live reporting in the arenas. Live-results and live-streaming will be available on our website during the competitions.

The URL for live-streaming: <https://www.youtube.com/c/WebnaviTV/live>.

### 16. CEREMONIES

#### Timetable for the ceremonies

Ceremony	Date and Time	Venue
Flower ceremony Long	28.06.2019, 14:30	Sapotskin
Opening ceremony	28.06.2019, 19:30	Sovetskaya Square, Grodno
Prize-giving ceremony - Long	28.06.2019, 19:30	Sovetskaya Square, Grodno
Flower ceremony Relay	29.06.2019, 13:00	Starina
Prize-giving ceremony - Relay	29.06.2019, 19:30	Preeval
Prize-giving ceremony - Sprint	30.06.2019, 12:00	Finish arena Sprint
Prize-giving ceremony - Teams	30.06.2019, 12:00	Finish arena Sprint
Closing ceremony	30.06.2019, 12:30	Finish arena Sprint

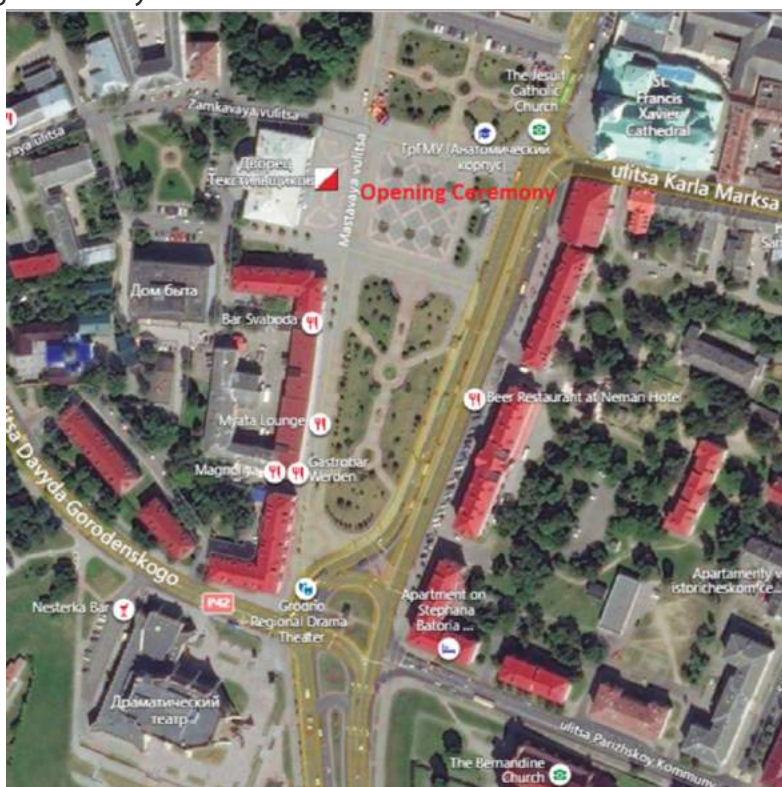




## Opening ceremony

The Opening Ceremony will be organized on 28 June 2019 at 19:30 on the Sovetskaya Square in Grodno. GPS coordinates: 53.6779,23.8288

All teams will be transported by buses to the venue of the Opening ceremony. The teams will stay in a specific place before and will be led to the Ceremony Area. Athletes shall wear their team uniform. Flags of all countries will be brought in the Arena. A short cultural program and speeches will be in the Opening Ceremony.



## Flower ceremonies



Flower ceremonies announcing the first three of each class in the EYOC Long and EYOC Relay will be held in the finish arenas of each competition. Official team uniforms are not necessary but recommended for the flower ceremonies.

The time of the beginning of the flower ceremonies is preliminary. They will be as soon as the results are official for athletes in 1st – 3rd places. There will be an announcement by the speaker. For a Flower Ceremony, athletes and teams in 1st – 3rd places are expected to be behind the podium 5 minutes prior to the beginning of the ceremony.

## Prize-giving ceremonies

Athletes/teams in 1st – 6th places shall be present behind the podium 5 minutes prior to the beginning of the respective ceremony in their official team uniform. No national flags, signs, sunglasses, hats, headbands, drinking bottles, mobile phones and other such items





are allowed on the stage. Final instructions to the participants will be given prior to the ceremony on site. The national anthem of the winner is played. All stand for the national anthem.

The prize-giving ceremony for the Long will be combined with the Opening Ceremony.

The prize-giving ceremony for the Relay will be combined with the Welcome Dinner and the Friendship Party.

The prize-giving ceremony for the Sprint will be combined with the Closing Ceremony.

### **Closing Ceremony**

The Closing Ceremony for EYOC 2019 will be held at the Sprint Arena immediately after the Sprint competition following the Prize-giving Ceremony for Sprint and for the teams.

During the Closing ceremony the IOF flag will be handed over to the organizers of EYOC 2020 in Hungary followed by closing speeches.

All EYOC 2019 gold medalists are asked to step once more onto the podium. We kindly ask team officials to make certain that their teams participate in the ceremony and that the gold medalists join the ceremony with their medals.

## **17. TEAM MATERIALS AND INFORMATION**

### **Team Package**

Each team will get an EYOC information/material package after accreditation. The package will include the following items:

- Bulletin 3
- Model event maps (Sprint, Long + Relay)
- SI-card – each athlete must use the assigned SI-card during all days
- Maps of Grodno
- Souvenirs
- Official badges

### **Sources of information**

Bulletin 3 is the most important source of competition information for the teams. Additional information may be distributed to the team boxes (in the Event center) before each Team Officials' Meeting.

All Team Leaders may send questions or requests for the agenda up to 30 minutes before each meeting, thus giving the opportunity for necessary preparation. Send your questions at [info@eyoc2019.by](mailto:info@eyoc2019.by).

Minutes of the Team Officials' Meetings will be published on the official website each day.

### **Team Boxes**

Each team will have a team box at the Event Center where they will receive start and results lists and any other information.



## 18. TEAM OFFICIALS' MEETINGS

For each competition a team officials' meeting will be held the evening before providing all important information about the competitions. TOM Presentation slides from the team officials meetings will be uploaded to the EYOC 2019 website after the meeting.

All team meetings will be held in Yanka Kupala State University of Grodno at the address: Elizy Ozheshko Street, 22, lecture hall 226 (second floor).

The distance from the Event Center is 175 m.

## 19. ACCREDITATION

All competitors and officials are obliged to wear their official badge to the quarantine, all the arenas, during transportation, to the ceremonies and during the meals.

## 20. NUMBER BIBS

All competitors must wear their respective number bibs at all competitions. There will be a new number for each start. The bibs must be entirely visible and shall not be folded over, cut down or covered in any way.

The number bibs are handed out to athletes on the Team Officials' Meeting the day before. The bibs are required when going to the buses and entering the quarantines.

## 21. CLOTHING

There are no regulations regarding clothing. Choice of footwear is free for Long Distance, and Relay. Shoes with any kind of metal (spikes, dobb spikes) are not allowed for Sprint.

## 22. TAPING AND MARKING



The crossing points marked on the map with Symbol 707 will be taped on the terrain with red-white tape.





Dangerous areas and temporary construction areas (Symbol 708) will be taped on the terrain with black and yellow tape. The areas marked with this tape should not be crossed for runner's safety.

### **23. PUNCHING, TIMING SYSTEMS, GPSTRACKING**

#### **Punching**

SPORTident Air+ touch-free punching system will be used in all EYOC 2019 competitions. All athletes will receive SIAC-cards from the organizers.

After the Sprint distance competition, team leaders must return all SIAC cards together to the Event Center located at the Sprint Arena. EUR 80.00 will be charged for any lost or missing card.

Each SIAC is assigned to a specific athlete and must be used by that athlete only! Spare SI-cards will be available at each start in case an athlete has lost, misplaced or forgotten his/her card.

In the unlikely situation of SIAC failing to register in touch free mode, the competitor has to perform the direct punch by placing the SIAC chip into SPORTident station. If station fails to respond, in case of an SIAC punching fails (neither a feedback beep nor a light feedback signal) athletes must punch manually anywhere on the map using the pin-punch.

### **24. STARTTIMING**

An official releases the competitor at the start beep by taking his hand off the competitor's shoulder. For all competitions except Sprint Final the listed start times will be used. For Sprint Final a start from the SI station is used.

The start interval in the Long distance competition is 2 minutes and in the Sprint distance is 1 minute.

Starting time is drawn randomly in 4 starting groups (1 – early, 4 – late). Each Federation may allocate a maximum of 1 athlete in each starting group. Competitors from the same Federation shall not start consecutively. In the Relay competition, all teams in the same class start together.

### **25. FINISHTIMING**



The finish time is taken, when the SIAC card crosses the finish line. There is no punching at the finish line. The running times are rounded down to whole seconds. In the Sprint Final timing with 0.1s accuracy will be used.

In the Technical Model Event of Sprint on 27 June, the punching and timing equipment as well as the start and finish procedures will be demonstrated.

## 26. GPS

GPS-trackers will be used for top athletes at the discretion of the Organizing Committee. The runners to use a GPS device will be announced the day before the start in the Team Officials' Meeting. The GPS equipment shall be picked up by the athletes at the exit of the quarantine zone. GPS vests must be returned at the finish area.

## 27. LATE STARTS

Runners who miss their start time due to their own fault are permitted to start, but are timed as if they had started at their allocated start time. Runners who are late because of a fault by the organizers are given a new start time. In both cases the following procedure must be used at the start: A late athlete must report at the entrance of the pre-start. If the organizers decide there is still enough time to start at the allocated start time, he/she can continue through the start lanes followed by an official. If it is not possible for the runner to start at the allocated start time, he/she will be allowed to start one minute before the next runner on that course (30 seconds for the sprint). However, athletes from the same federation are not allowed to start consecutively.

## 28. QUARANTINE

There will be quarantine areas for the Sprint distance (Quarantine 1 before the pre-start and Quarantine 2 after finish) and the Long distance.

### General Rules

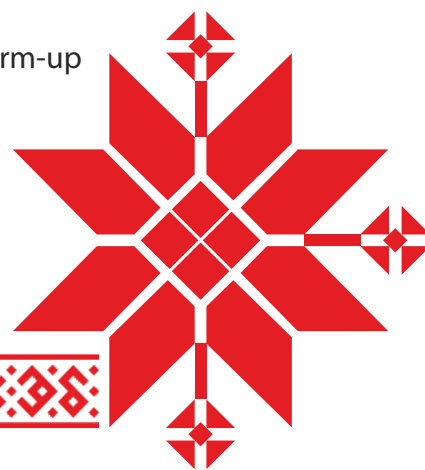
Quarantine starts from the moment an athlete, a coach or a team official is boarding a bus with a check-in by showing their accreditation card and a running bib.

The quarantine will include indoor places as well as outdoor area. You may stay inside or outside. Toilets and drinking water are available. There will be start lists and a clock showing the official competition time.

The warm-up map will be available at the Quarantine 1 of Sprint. Warm-up maps are considered as part of quarantine.

All competitors are strongly advised to perform the SIAC battery test at the beginning of start corridor and in case of low battery indication request a SIAC replacement.

Please be fair and remember the following important things:





The use of mobile phones, computers or any communication device inside the quarantine is strictly forbidden. When staying in the quarantine, mobile phones must be completely turned off;  
It is not allowed to bring any maps into the quarantine zones;  
Coaches are not allowed to follow the athletes beyond pre-start zone;  
The use of spiked shoes is strictly forbidden indoors.

GPS units will be handed out before at the exit from quarantines. These units should be returned immediately after the competition.

Bags will be transported from the quarantine to the finish by the Organizer. Athletes should leave their bags with clothes together with attached accreditation cards in the drop off zone.

### **Coaching**

Coaches are allowed to go to into the quarantine area. At Long distance and Sprint distance (Quarantine 1) coaches will not be able to leave the quarantine and to walk to the finish arena. They may only use the transport of organizers to go to the finish arena.

Coaches are allowed to leave the quarantine at any time after quarantine is closed but after leaving, it is not possible to come back.

For the Long and Sprint distances it is not allowed for coaches to go into the pre-start area.

## **29. PRE-START AND START**

The pre-start is marked on the warm-up map with a triangle. Only athletes registered for that race have access beyond the pre-start. Once the athletes pass the pre-start (i.e. go beyond -15 line) they are not allowed to go back to the quarantine.

Athletes will reach the start corridors where they clear and check their SI-cards and get the control descriptions.

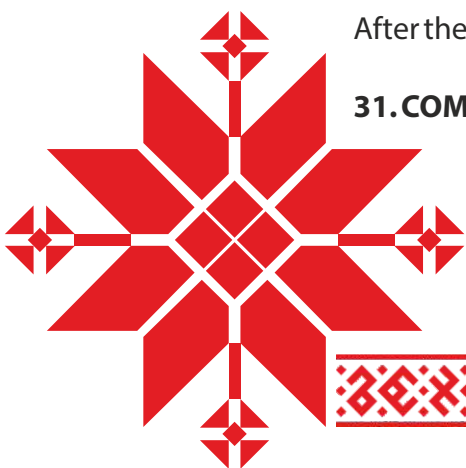
## **30. FINISH**



The marked route from last control to the finish must be followed. After crossing the finish line the athletes read out their SIAC-card, return the map and the GPS (if applicable). Drinking water will be provided.

After the finish at the Sprint distance the athletes will go to the Quarantine 2.

## **31. COMPLAINTS AND PROTESTS**

Any complaints must be made in writing and given to the Event Secretary or handed in at the Event Office. Complaints concerning results must be made no later than 15 minutes after the full preliminary results have been announced by the Organizer. Use the IOF complaint form provided at the Event Office.





Any complaints must be made in writing and given to the Event Office. A protest can be made against the decision about a complaint. The protest fee of EUR 50.00 shall be paid in cash to the IOF Event Adviser. The fee will be returned if the protest is accepted by the Jury. When a protest is signed by more than one Federation, each Federation shall pay the protest fee. Any protest must be made in writing to a member of the Jury no later than 15 minutes after the organizer has announced the decision about the complaint.

## 32. RULES AND PROCEDURES

### Rules

The rules applicable for the event are:

IOF Foot Orienteering Events (valid from 1 February 2019)

Organisers' Guidelines for the European Youth Orienteering Championships (EYOC)

IOF Anti-Doping Rules

These rules are accessible on the IOF website at <https://orienteering.sport>

## 33. ANTI-DOPING

Doping is strictly forbidden, and the organizers of the EYOC are dedicated to supporting the anti-doping authorities in their work.

It is each Athlete's personal duty to ensure that no Prohibited Substance enters his or her body. Athletes are responsible for any Prohibited Substance or its Metabolites or Markers found to be present in their Samples.

Athletes or other Persons shall be responsible for knowing what constitutes an anti-doping rule violation and the substances and methods which have been included on the WADA 2019 List of Prohibited Substances and Methods.

For more information, please consult: <https://orienteering.sport/iof/anti-doping/>

## 34. WASTE MANAGEMENT

The EYOC 2019 is respectful of the natural environment and will promote environmental good practices. Please help us maintain a clean nature and environment. Keep our arenas clean! Please use our rubbish bins for your waste. Plastic (including PET-bottles), glass and paper are recycled separately.

## 35. CLIMATE

The end of June in Belarus is expected very warm and sunny in Belarus while maximal temperature up to 28 – 30°C, and during the EYOC 2019 a daily temperature between 18°C and 20°C and some rains it is possible. June is also the month most abundant in precipitation. In June, already during a course of many years, only 12 days on average are sunny, with 5 rainy days and an average monthly rainfall amount throughout Belarus 62.6 mm.

Daily weather forecast: <http://en.meteo.by/grodno/5days/>



### 36. ARENAS

There will be a “bag drop off” point for bags coming from the quarantine areas.

Water will be available in the finish area. There will be toilet facilities and containers for separate waste collection available at all sites.

### Tents

For the Relay and the Long distance there will be common big team tents. Participants may build their own tents at the arenas of Long distance and Relay, as well as in the quarantine areas of Long and Sprint distances.

### 37. PUBLIC EVENT

In parallel to the EYOC 2019 competitions a public event (Grand Prix Belarus 2019) will take place. Races will be in the same terrains and will include 3 stages with total classification for classes from W/M-10 to W/M-80. All information about competition is published at the EYOC 2019 website.

### 38. MODEL EVENTS

All athletes are encouraged to participate in both the Model Events (1 for Sprint distance and 1 for Long distance and Relay).

There will be a Technical Model Event demonstrating the use of SI Touch-free system to familiarize themselves with what to expect during the competition. It will be held on the Model Event of Sprint. Also, the start procedure, the finish and map stand for relay will be demonstrated only at the Model of Sprint.

### SPECIAL INSTRUCTION FOR EACH COMPETITION

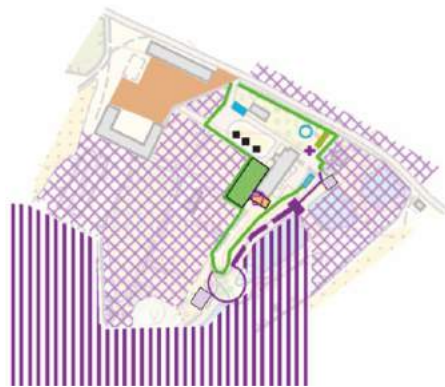
### 39. LONG. **SAPOTSKIN**





**Arena:** The Arena will be in the territory of Radziwilki manor-park complex.

**Arena coordinates:** 53.8485,23.7015



- ||| - Competition area
- - Border of area for spectators
- - Information stand, screen
- - Tent with baggage from quarantine
- - Area for participants
- - Toilets
- - Shower
- - Area for organizers, commentators and media
- - Eating area
- - Marked route from the last control
- - Marked route for runners who have already finished
- - Finish line
- ⊕ - First aid
- - Bus parking
- ⊗ - Private area
- - Cafes, shops

**Pre-race embargo:** Embargoed area remains embargoed until the end of the Long distance competition.

**Parking coordinates:** 53.8494,23.6996. Parking area is for spectators, guests and participants of the Grand Prix Belarus 2019.

**Quarantine:** It is located indoors and in the open area and will be ready to meet participants who will arrive from Grodno on the transport of Organizers. The quarantine offers warm-up area outdoors, toilets and water. Team tents may be set up. There will be start lists and a clock showing the official competition time.

Coaches are allowed to leave the quarantine at any time but after leaving, it is not possible to come back. Coaches will not be able to walk from the Quarantine to the Arena, they may only use the transport of Organizers. There will be a shuttle bus between the Quarantine and the Arena for coaches.

**GPS units:** GPS units will be handed out at the exit of the quarantine. These units should be returned immediately after the competition.

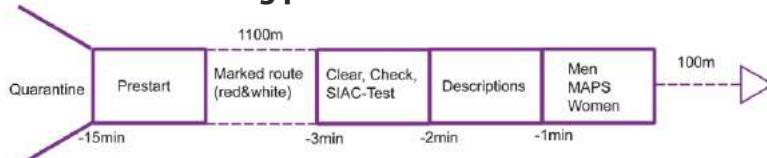
**Pre-start:** 1100 m from Quarantine by the marked route. There won't be a bag drop-off at the pre-start gate.

**Dimensions of the control descriptions to be received at the pre-start:**

- W16 – 6 cm x 13 cm
- W18– 6 cm x 14 cm
- M16 – 6 cm x 15 cm
- M18 – 6 cm x 18 cm

**WARNING:** it takes about 10/15 minutes – run/walk from the Quarantine to start boxes by marked road.

**Scheme of starting procedure:**





**Start:** At the start time an official releases the competitor at the start beep by taking his hand off the competitor's shoulder and the runner takes the map.

**Bags and warm-up clothing:** Athlete's bags marked with your bib number can be left at the bag drop in the Quarantine. Organizers will transport them to the Arena. Team officials will reach the Arena using the shuttle bus from the Quarantine drop off. Please note that once leaving the quarantine nobody is allowed to return.

**Start interval: 2 minutes.**

**Control set-up:** The SI-units are placed on metal leg or wooden board. Every control has own SI-units and a backup pin punch.

**Refreshment:** 3 refreshment points for all classes. As far as there will not be an Arena passage and a coaching zone, own refreshment will not be accepted.

**Finish:** Team officials and athletes having finished their races are not allowed back in the competition (embargoed) area.

**Lunch.** Lunch will be served at the Arena for all participants. Food tickets required for lunch will be given to team officials during the registration in the Event Centre.

**Terrain form:** Hilly terrain with slopes up to 60 meters. Hydrography is poorly represented.

**Vegetation and runability:** Temperate broadleaf and mixed forest. Roads and paths of various categories. Runability is from very good to hard. It is reduced because of vegetation.

**Visibility:** Varies from easy to poor due to dense vegetation in some parts.

**Paths and roads:** Some forest roads and paths cross the terrain.

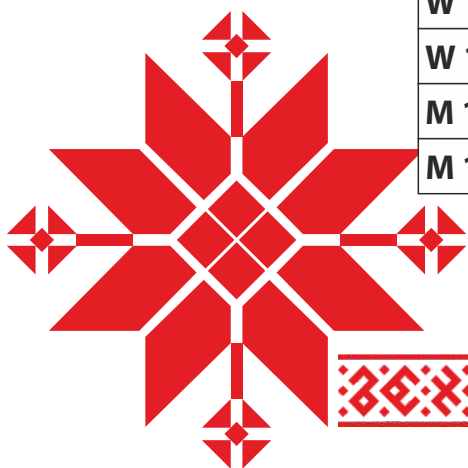
**Specific features:** There are remnants of World War II defensive structures.

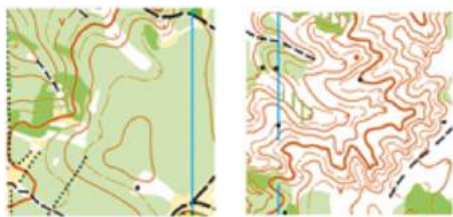
**Course data:**

	Winning time	Length	Total climb	Number of controls	Number of refreshment controls
<b>W 16</b>	42-45 min	4.7 km	165 m	13	3
<b>W 18</b>	46-49 min	5.4 km	180 m	15	3
<b>M 16</b>	47-50 min	6.0 km	250 m	17	3
<b>M 18</b>	53-57 min	7.7 km	280 m	21	3

**Maximum running time:** 150 minutes.

**Map:** Scale: 1:10000, ISOM 2017, contour interval 5 m, issued in June 2019.



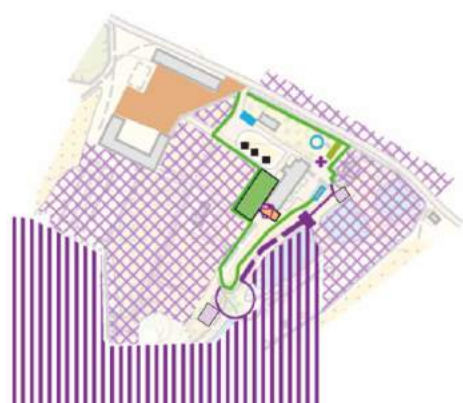


**Cartography:** Sergiy Usenko.

**Course planner:** Dmitry Mironov.

#### 40. RELAY. STARINA

Arena: The Arena will be on a large meadow next to Rybnitsa lake. Arena coordinates: 53.7041,24.1209.



- ||| - Competition area
- - Border of area for spectators
- - Information stand, screen
- - Tent with baggage from quarantine
- - Area for participants
- - Toilets
- - Shower
- - Area for organizers, commentators and media
- - Eating area
- - - - - Marked route from the last control
- - - - - Marked route for runners who have already finished
- - Finish line
- +
- - Bus parking
- ⊗ - Private area
- - Cafes, shops

**Pre-race embargo:** Embargoed area remains embargoed until the end of the Relay competition.

**Parking coordinates:** 53.70349,24.12342. Parking area is for spectators, guests and participants of the Grand Prix Belarus 2019.

**Quarantine:** Quarantine is not planned at the Relay.

**Pre-start:** on the Arena. All competitors are strongly advised to perform the SIAC battery test at the entrance to the Pre-start zone and in case of low battery indication request a SIAC replacement. There will be start lists and a clock showing the official competition time.

**GPS units:** GPS units will be handed out at the entrance to the Pre-start zone. These units should be returned immediately after the competition.

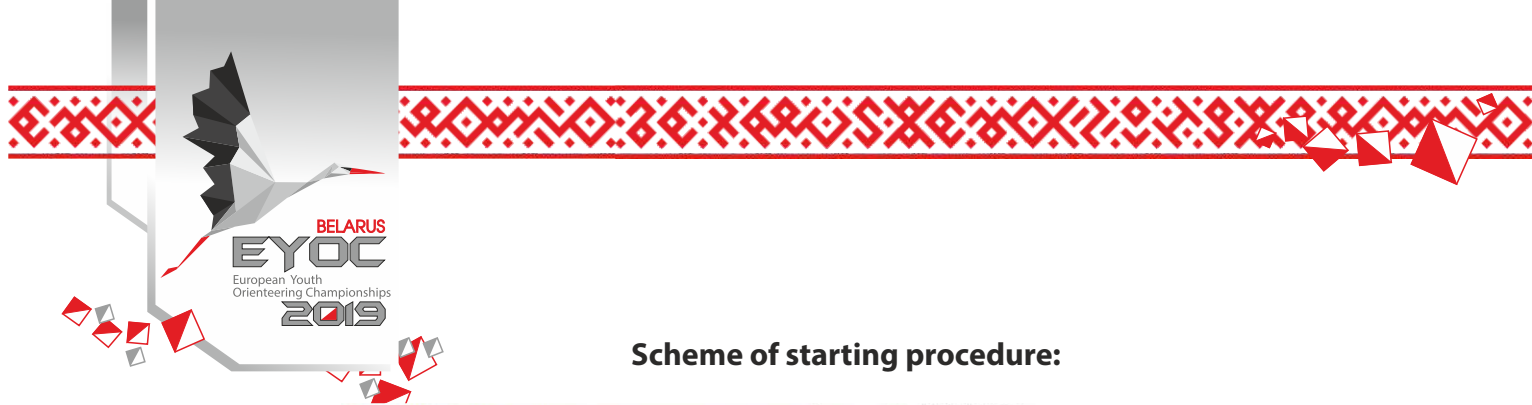
**Control set-up:** The SI-units are placed on metal leg or wooden board. Every control has own SI-units and a backup pin punch.

**Out-of-bounds areas:** out-of-bounds areas are marked on the map (Symbol 520) will be taped on the terrain with black and yellow tape. It is strictly forbidden to cross these areas.



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### Scheme of starting procedure:



- ⊗ - Prohibited area
- ▨ - Competition area
- - Area for spectators
- - Area for teams
- - Private area
- - Bus parking (organizers only)
- - Area for judges
- - Information stand, screen
- - Area of Flower ceremony
- - Toilets
- ⊕ - First aid
- - Cafes, shops
- - Changeover area
- - SI-clear, check, test, and changeover area
- - Maps for 2 and 3 legs
- - Marked route from the last control
- - Finish line
- - Marked route for runners who have already finished
- - Marked route from 2, 3 leg start to the maps for 2 and 3 legs
- - Marked route from 1 leg start (from the point of maps distribution for 2, 3 legs) to the point where orienteering begins
- - Marked route from spectator control to the course
- - Shower
- - VIP
- - Lunch area
- - Coaching zone

**1st leg start:** 10 minutes before start athletes are called to perform SIAC clear and check. 5 minutes before the start, the athletes will be called up to the start area. The racers will start receiving their maps 3 minutes before the start but will not be allowed to take them before the start signal.

A mass start for 2nd and 3rd leg runners of slower teams may take place if needed. The exact time will be announced well in advance by the arena speaker.

**Change over:** Incoming runner will cross the finish line and makes a change over with a touch of hand to an athlete from his/her next leg. An athlete from the next leg should run to the board with maps and take a map of his leg according to his/her number bib. It is competitor's responsibility to take the correct map. Teams running with a wrong map will be disqualified at the next change-over.

**Arena passage:** Arena passage is after 80 % of the course for all classes.

**Coaching zone:** There will be a coaching zone in the arena passage. Only one team official per team may enter this zone. Own refreshments may be given to the athletes.

**Refreshment:** One refreshment point on the arena passage next to the coaching zone.

**Finish:** Team officials and athletes having finished their races are not allowed back in the competition (embargoed) area.

**Lunch.** Lunch will be served at the Arena for all participants. Food tickets required for lunch will be given to team officials during the registration in the Event Centre.

**Terrain form:** Terrain of glacial origin with small landforms. Slopes up to 30 meters.



**Vegetation and runability:** Mixed forests of various types. Runability is from good to hard. Runability is reduced because of vegetation.

**Visibility:** Mostly poor because of dense vegetation.

**Paths and roads:** Some forest roads and paths of various categories cross the terrain.

**Map: Scale:** 1:10000, ISOM 2017, contour interval 2.5 m, issued in June 2019.



**Course data:**

	Winning time	Length	Total climb	Number of controls
<b>W 16</b>	75 min	4.17-4.35 km	75-95 m	12
<b>W 18</b>	90 min	4.44-4.61 km	105-125 m	14
<b>M 16</b>	90 min	4.62-4.86 km	100-120 m	14
<b>M 18</b>	105 min	5.13-5.23 km	135-160 m	17

**Maximum running time:** 240 minutes for the whole team.

**Cartography:** Sergiy Usenko.

**Course planner:** Siarhei Salodkin.

#### 41. SPRINT. **GRODNO CITY CENTER**



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**Arena:** The Arena is located on Sovetskaya Square in Grodno. Arena coordinates: 53.6779,23.8288.

**Parking coordinates:** 53.68147,23.82747. Parking area is for spectators, guests and participants of the Grand Prix Belarus 2019.



**Pre-race embargo:** Embargoed area remains embargoed until the end of the Sprint competition. Sovetskaya Square will be partly excluded from the Embargoed area on 27 June 2019 from 18.30 till 21.00. Starting 27 June 2019 at 21:00 entering the embargoed area is no longer allowed for EYOC 2019 team members until the end of the Sprint competition.

**Quarantine:** Quarantine 1 will be located indoors and outdoors. There will be start lists and a clock showing the official competition time.



Coaches are allowed to leave the quarantine at any time but it is not possible to come back after leaving. Coaches will not be able to walk from the Quarantine to the Arena, they may only use the transport of Organizers. There will be a shuttle bus between the Quarantine and the Arena for coaches.

After the finish at the Sprint distance the athletes will go to the Quarantine 2 (recovery area).

**Warm-up:** The warm-up map will be available in the Quarantine 1.

**GPS units:** GPS units will be handed out at the exit of the Quarantine. These units should be returned immediately after the competition.

**Pre-start:** 320 m from Quarantine by the marked route. There won't be a bag drop-off at the pre-start gate. There will be start lists and a clock showing the official competition time.

All competitors are strongly advised to perform the SIAC battery test in the beginning of start corridor and in case of low battery indication request a SIAC replacement.

#### **Dimensions of the control descriptions to be received at the pre-start:**

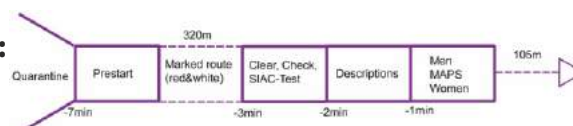
W16 – 6 cm x 11 cm

W18 – 6 cm x 14 cm

M16 – 6 cm x 13 cm

M18 – 6 cm x 15 cm

#### **Scheme of starting procedure:**



**Control set-up:** The SI-units are placed on metal leg or wooden board. Every control has own SI-units and a backup pin punch.

**Out-of-bounds areas:** Out-of-bounds areas are marked on the map (some places with symbols 528.1, and all places with symbol 707 ISSOM 2007) will be taped on the terrain with black and yellow tape. It is strictly forbidden to cross these areas.

**Start interval:** 1 minute.

**Spectator control:** Spectator control is after 60 – 70 % of the course for all classes.

**Finish:** Team officials and athletes having finished their races are not allowed to return in the competition (embargoed) area. After the finish at the Sprint distance the athletes will go to the Quarantine 2 (recovery area).

**Coaching zone:** There will not be a coaching zone at the courses.





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**Lunch.** Lunch will be served at places close to accommodation of participants. Teams leaving immediately after the award ceremony may receive a lunch box, provided that they ordered no later than Friday, 28 June 2019 during the Team Officials' Meeting.

**Terrain form:** Almost flat area.

**Vegetation:** Open land, prominent bushes or small trees, flower beds.

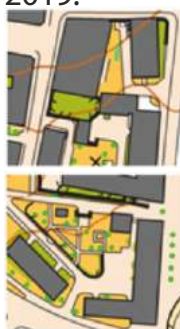
**Runability:** Very good. Shoes with metal spikes and studs are not allowed. Running shoes recommended.

Visibility: Very good.

**Paths and roads:** City center with roads and narrow passages. Some streets are cobble-stoned.

**Traffic:** Very small local traffic can be expected. Most streets will be closed by the road police. Competitors are strongly advised to be aware of pedestrians.

**Map: Scale:** 1:4000, ISOM 2007, contour interval 2 m, issued in June 2019.



**Course data:**

	Winning time	Length	Total climb	Number of controls
<b>W 16</b>	10-12 min	2.23 km	18 m	10
<b>W 18</b>	10-12 min	2.75 km	19 m	15
<b>M 16</b>	10-12 min	2.48 km	20 m	13
<b>M 18</b>	10-12 min	3.33 km	22 m	16

**Maximum running time:** 40 minutes.

**Cartography:** Artsiom Lohinau.

**Course planner:** Artsiom Lohinau

**42. EMBARGOED AREAS**

All marked areas (see below) are embargoed for runners and team officials until the competition is finished. Any attempt to survey or train in the competition terrain is forbidden, unless explicitly permitted by the organiser. Driving, biking and running along paved roads (roads with asphalt cover) is permitted.

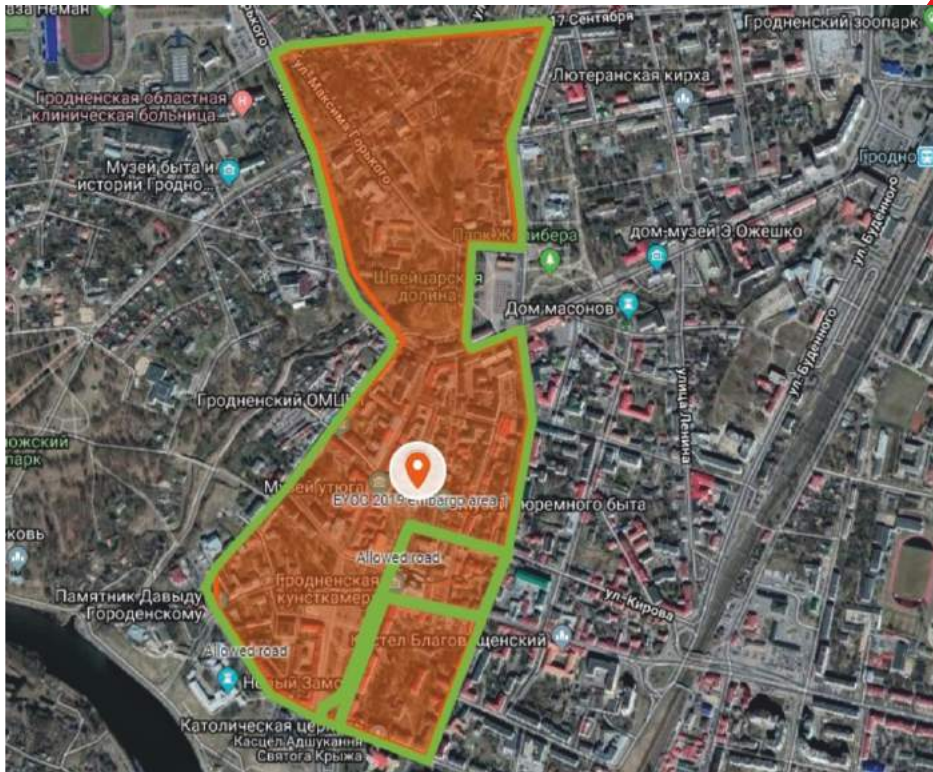
All embargoed areas are at the EYOC 2019 website: <https://eyoc2019.by/en/embargo/>.



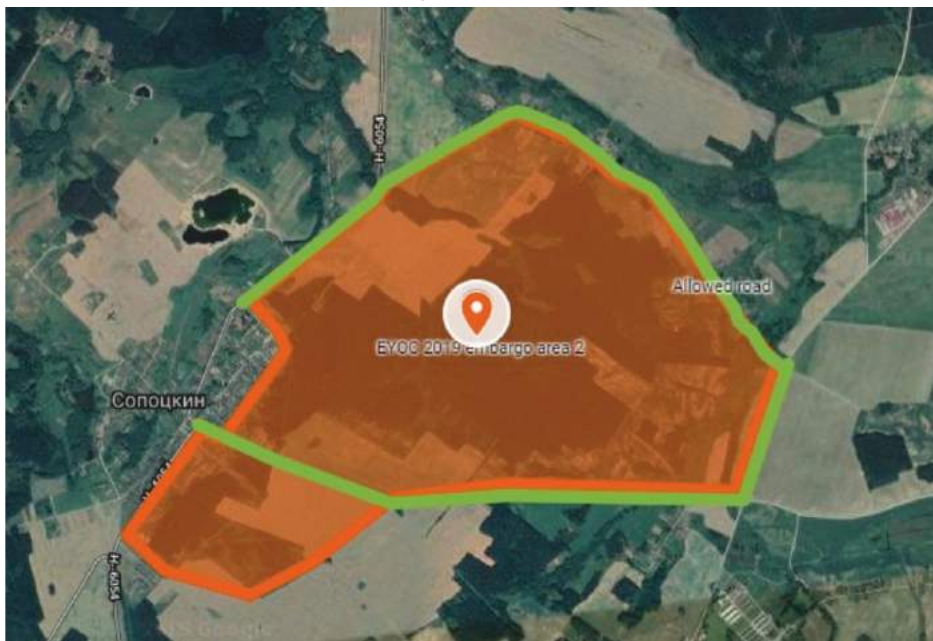




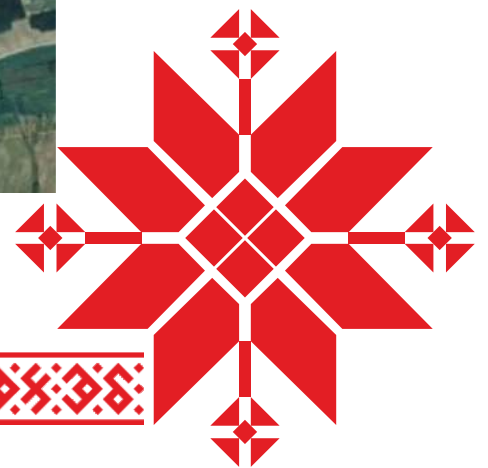
**Embargo area 1. Grodno Old Town**  
GPS coordinates: 53.6798802, 23.8335019



**Embargo area 2. Sapotskin**  
GPS coordinates: 53.8352071, 23.6755856



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### Embargo area 3. Azery

GPS coordinates: 53.7167182, 24.1179090



### Reserve area. Zaritsa

GPS coordinates: 53.7611215, 23.8550946

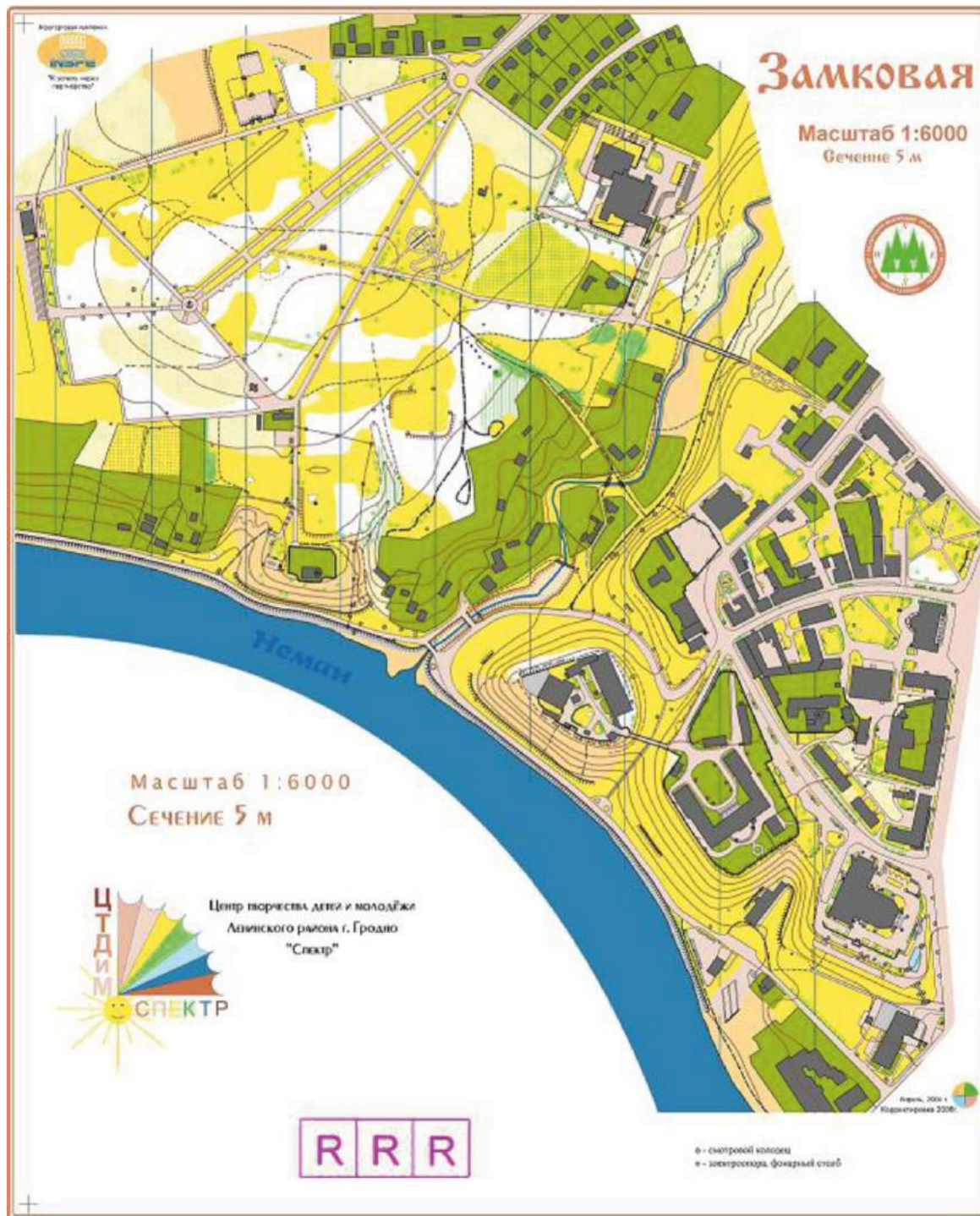


### 43. PREVIOUS MAPS

There are no old maps for Relay and Long distance.  
These maps are new.

Old maps from Sprint distance terrain are included below







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