



EUROPEAN ORIENTEERING CHAMPIONSHIPS 2016
& EUROPEAN TRAIL ORIENTEERING CHAMPIONSHIPS 2016
21ST - 28TH MAY 2016

Bulletin 4

May 2016



WWW.EOC2016.CZ

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Welcome

Dear sportswomen, dear sportsmen,

let me warmly invite you on European orienteering championships which take place in the Czech republic for the first time. I am very pleased that this exceptional event is organized by Czech orienteering federation and Jesenické sdružení orientačních sportů this year. I would like to thank them for their work and for organizing this event.

I wish you success in your sport effort and many pleasant experience which, I firmly hope, you will take from this exceptional event.

Good luck and right direction

Kateřina Valachová

Minister of Education, Youth and Sports



Dear sport friends,

I am pleased that the city of Jeseník is welcoming the best orienteering runners from Europe who are going to try to get the title of the champion in the beautiful surroundings of Jeseník region.

I am very pleased that the organizers have made effort to make these championships more attractive not only through the presence of television cameras but also because of some events which are going to take place directly in the city of Jeseník and in Priessnitz Spa Resort. Beautiful local nature is the very best place for organizing such a big event as the European Championships are and I am pleased that the organizers have chosen our region.

I wish all competitors good luck in their effort, winning the medals and I also wish spectators an excellent experience. Keep your fingers crossed for the Czech team.

Adam Kalous

Lord Mayor of the City of Jeseník



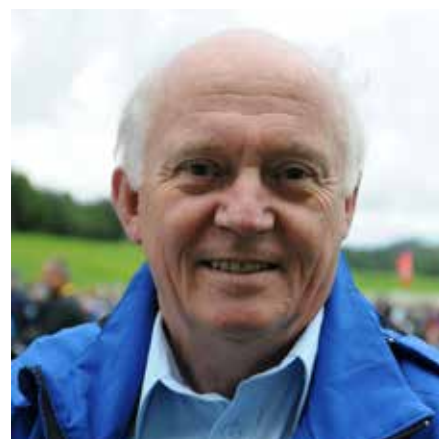
On behalf of the IOF Council I offer my very best wishes to all those organising and taking part in the 2016 European Orienteering Championships and the European Trail Orienteering Championships.

I also give my thanks to the Czech Orienteering Federation for, once again, hosting two of our major world events. These are exciting times for our sport with our first ever World Orienteering Day demonstrating just how big a global sport we are. High quality events like the European Championships are essential to show to the International Olympic Committee and others that we are worthy of inclusion in a future Olympic Games.

I hope that you will enjoy great and challenging competitions and my thanks and good wishes go to all those who have made these championships possible.

Brian Porteous

President of International Orienteering Federation





Dear orienteering friends,

it is my honor to welcome all of you to the European Orienteering Championship as well as the European Trail Orienteering Championship on behalf of the Czech Orienteering Federation.

I believe that most of us are coming to the Czech Republic with some expectations. Some competitors would like to win a medal (some might even aim for more than one) while others are coming here to gain their first international experience. Coaches are probably hoping for the best possible results and the least injuries on their runners' part. Many fans wish to see their favorite runners thrive, other spectators might be here to have a great time with their favorite sport.

No matter what our individual goals are, we are all here because of orienteering, a sport that brings us so much joy and great memories, that teaches us to overcome obstacles, and that provides us with a community of kind and talented people. My wish to all of you and especially to the competitors is to enjoy – to enjoy the races, the terrains, the orienteering community, and your time in the Czech Republic.

I wish you the best of luck in achieving your goals and let's make these championships count!

Radan Kamenický

President of Czech Orienteering Federation



We look forward to welcoming all orienteering athletes coming to take part in both EOC, ETOC and World Cup races in the area of Jeseník and its surroundings. Since 2008, when the very neighbouring region hosted WOC, almost all kinds of international top o-events have found their way to the Czech Republic – EYOC, JWOC and WUOC. This year EOC will complete this collection, lead by the organizers who have experienced many of these previous events.

Now we are taking you to quite remote areas of the Czech Republic; however, these offer everything necessary for such an event – sufficient background both for us and you, variety of terrains of different kinds, suitable for all disciplines, with some of them never used so far and the others just rarely.

In conjunction to the overall impression of the area, which is rich in natural and cultural places of interest, we believe that you will appreciate our choice of this territory. Therefore we thank those responsible for organizing this year's EOC, all cooperating regional councils, municipalities, technical partners and sponsors for support, and all those who are coming to show their best performance, for coming here.

Enjoy yourselves!

David Aleš

Chairman of organizing committee

Organizers

Český svaz orientačních sportů
Jesenické sdružení orientačních sportů

Organizing committee

chairman	David Aleš	david.ales@eoc2016.cz
vice-chairman	Petr Klimpl	petr.klimpl@eoc2016.cz
event director	Lukáš König	lukas.konig@eoc2016.cz
accommodation and catering	Petr Aleš	petr.ales@eoc2016.cz
trailO	Tomáš Leštínský	tomas.lestinsky@eoc2016.cz
chief course planning	Daniel Wolf	daniel.wolf@eoc2016.cz
manager	Petr Aleš	petr.ales@eoc2016.cz
OC secretary	Jan Fátor	info@eoc2016.cz
chief financial officer	Zdena Gavorová	zdena.gavorova@eoc2016.cz
arenas	Vítězslav Khýn	vitezslav.khyn@eoc2016.cz
media	Petr Kadeřávek	petr.kaderavek@eoc2016.cz

Advisers & Controllers

IOF SEA EOC	Konrad Becker	SUI
IOF SEA Assistant EOC	Péter Molnár	HUN
IOF SEA ETOC	Lars Jakob Waaler	NOR
IOF Assistant SEA ETOC	John Kewley	GBR
National controller EOC	Roman Zbranek	CZE
National controller ETOC	Pavel Dudík	CZE

Jury

Jury EOC

Áron Less (HUN), Unni Strand Karlsen (NOR), Jaroslav Kačmarčík (CZE), Lars Lindstrøm, (DEN) – 21st May;
Jan Arild Johnsen (NOR) – 22nd, 23rd, 24th May; Unni Strand Karlsen (NOR) – 25th, 27th, 28th May

Jury ETOC

To be appointed by the TrailO Commission.

Contact

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address	Tyršova 12, Šumperk 787 01 Czech Republic
telephone	+420-777564377
email	info@eoc2016.cz

EOC & ETOC schedule

Day	Hour	EOC	ETOC	Public events
19 th May, Thursday	from 12:00	arrival, Lázně Jeseník		
20 th May, Friday	from 10:00	model long, Bílá Voda		
	12:00–18:30	model sprint & sprint relay, Jeseník		
	15:00	deadline for entries sprint relay, event office		
	17:30 – 18:30	technical model, Jeseník		
	19:00	team officials' meeting, Lázně Jeseník		
21 st May, Saturday	till 17:00	model long, Bílá Voda	arrival, Lázně Jeseník	regional event, Bruntál
	12:30 – 13:40	sprint relay, Bruntál		
	13:45	flower ceremony sprint relay, Bruntál		
	15:00	deadline for entries sprint, event office		
	19:00	team officials' meeting, Lázně Jeseník		
22 nd May, Sunday	9:00 – 10:45	sprint qualification, Jeseník		
	14:30 – 15:55	sprint final B, Lázně Jeseník		
	15:00	deadline for entries long, event office		
	16:00 – 18:00	sprint final, Lázně Jeseník		
	18:00	flower ceremony sprint, Lázně Jeseník		
	18:15	opening ceremony, Lázně Jeseník	opening ceremony, Lázně Jeseník	
	18:30	prize giving ceremony sprint relay, Lázně Jeseník		
	18:45	prize giving ceremony sprint, Lázně Jeseník		
	19:00	team officials' meeting , Lázně Jeseník		
23 rd May, Monday	10:00 – 13:00	long qualification, Bílá Voda		
	10:00 – 15:00		model TempO, Jeseník water fort	
	15:00		deadline for entries TrailO Relay, event office	
	18:00		team officials' meeting, Lázně Jeseník	
	19:00	team officials' meeting, Lázně Jeseník		

Day	Hour	EOC	ETOC	Public events
24 th May, Tuesday	10:00 – 14:00	long final B, Bílá Voda		
	9:30 – 13:00		TrailO Relay, Lázně Jeseník	
	12:25 – 16:50	long final, Bílá Voda		
	14:00		flower ceremony TrailO Relay, Lázně Jeseník	
	15:00		deadline for entries TempO, event office	
	16:50	flower ceremony long, Bílá Voda		
	18:00		team officials' meet- ing, Lázně Jeseník	
	20:00	team officials' banquet, Jeseník	team officials' ban- quet, Jeseník	
25 th May, Wednesday	10:00 – 17:00	model middle & relay, Černá Voda		
	9:30 – 12:30		TempO qualification, Zlaté Hory	
	15:00	deadline for entries middle, event office		VIP&Public race 14:30 – 16:00
	16:00 – 17:30		TempO final, Lázně Jeseník	
	17:45		flower ceremony TempO, Lázně Jeseník	
	18:00	prize giving ceremony long, Lázně Jeseník		
	18:15		prize giving ceremo- ny TrailO Relay, Lázně Jeseník	
	19:00	team officials' meeting Lázně Jeseník		
26 th May, Thursday	10:00 – 15:00		model PreO, Vápenná	
	15:00 – 16:45	middle qualification, Horní Údolí		
	15:00		deadline for entries PreO, event office	
	18:00		team officials' meet- ing, Lázně Jeseník	
	19:00	team officials' meeting, Lázně Jeseník		

Day	Hour	EOC	ETOC	Public events
27 th May, Friday	10:00 – 15:00		PreO 1, Zlaté Hory	
	12:30 – 14:15	middle final B, Černá Voda		
	15:00	deadline for entries relay, event office		
	13:45 – 16:00	middle final men, Černá Voda		
	16:05	flower ceremony middle men, Černá Voda		
	15:30 – 17:45	middle final women, Černá Voda		
	17:50	flower ceremony middle women, Černá Voda		
	18:00		team officials' meeting, Lázně Jeseník	
	19:00	team officials' meeting, Lázně Jeseník		
	20:00		prize giving ceremony TempO, Jeseník – Masarykovo square	
	20:15	prize giving ceremony middle, Jeseník – Masarykovo square		
	20:30	VIP banquet Jeseník	VIP banquet Jeseník	
28 th May, Saturday	10:00 – 11:45	relay men, Černá Voda		
	10:00 – 15:00		PreO 2, Vápenná	
	11:50	flower ceremony relay men, Černá Voda		Czech Cup – middle, Černá Voda
	12:00 – 13:45	relay women, Černá Voda		
	13:50	flower ceremony relay women, Černá Voda		
	14:00	prize giving ceremony relay, Černá Voda		
	14:30	closing ceremony, Černá Voda		
	16:00		prize giving ceremony PreO, Vápenná	
	16:15		closing ceremony, Vápenná	
	19:00	banquet, Jeseník	banquet, Jeseník	

Travel distances

	distance from Jeseník	time
Event centre: Lázně Jeseník (Jeseník spa) – Jeseník	3 km	10 min
Airport Wrocław – Jeseník	130 km	1:50 h by car 6:00 h by train
Airport Katowice – Jeseník	180 km	3:00 h by car 5:00 h by train
Airport Brno – Jeseník	180 km	2:20 h by car 4:00 h by train
Airport Praha – Jeseník	280 km	4:00 h by car 4:30 h by train
Airport Bratislava – Jeseník	320 km	4:10 h by car 5:00 h by train
Airport Wien – Jeseník	360 km	4:40 h by car 6:15 h by train

Main road I/44 between Šumperk and Bělá pod Pradědem is closed.

Visas

According to the current regulations citizens of some countries must obtain a visa in order to enter Czech Republic. Please note that conditions of entry to Czech Republic can change and all EOC participants are advised to keep up to date of the current situation. Please visit Ministry of Foreign Affairs of the Czech Republic website: <http://www.mzv.cz/jnp/en/index.html>

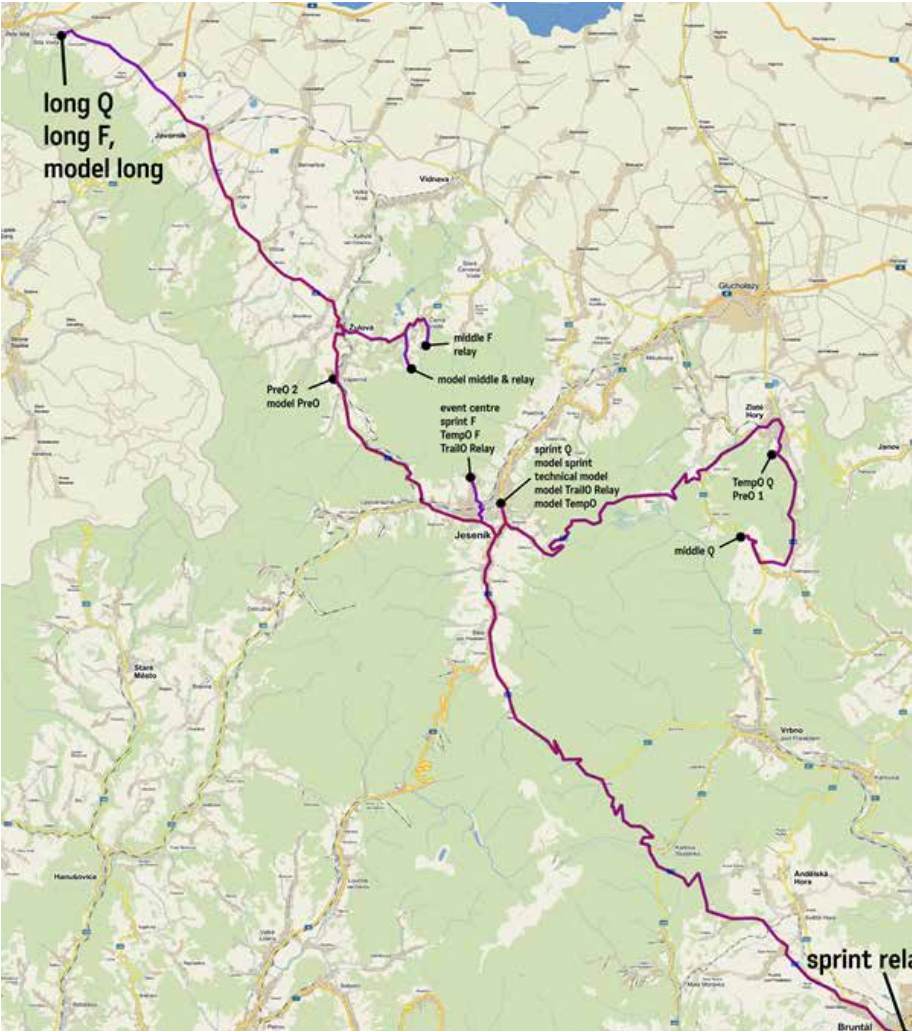
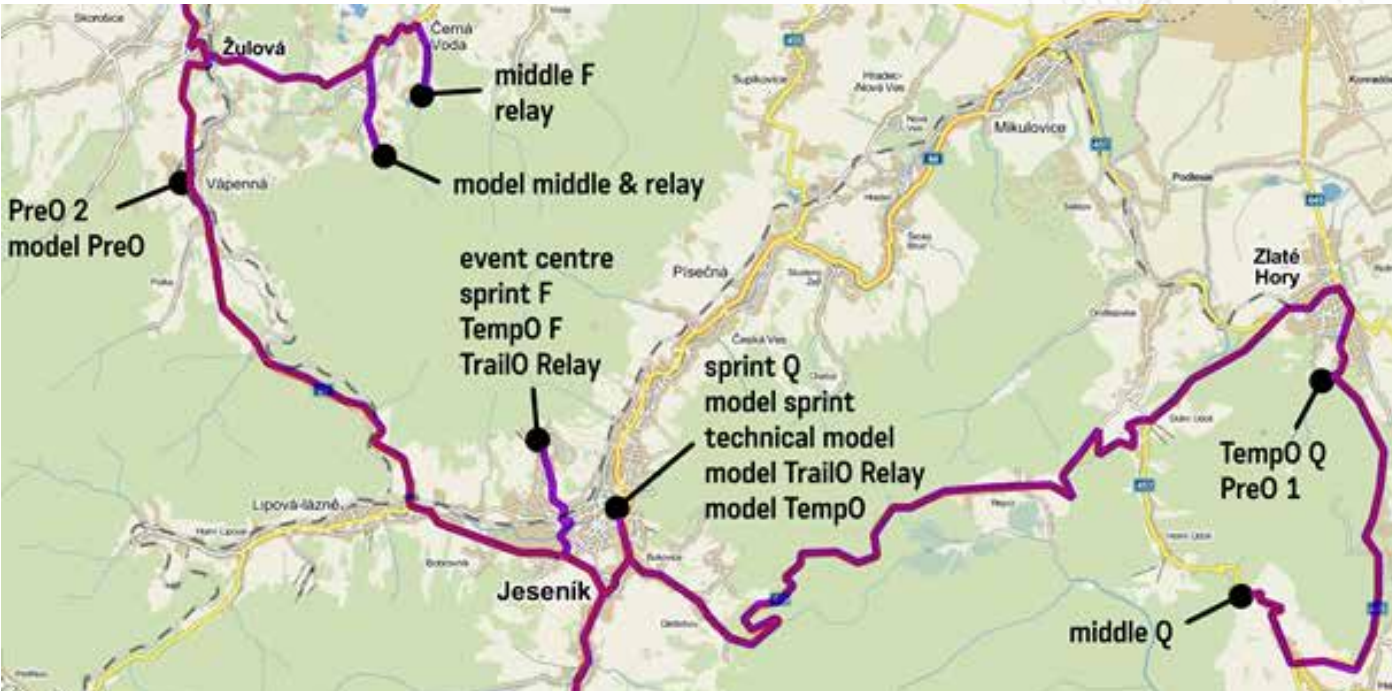
Transportation

It is suggested that competitors and officials use their own cars. The organizer is not providing official transportation, but will support teams that rely on public transport in finding suitable ways to reach the training and event locations.

Arena	Parking distance	Distance from Jeseník	Time by car
EOC			
Bruntál	0 – 500 m	50 km	60 min
Lázně Jeseník "Jeseník Spa"	200 – 400 m	5 km	10 min
Jeseník	0 – 500 m	0 km	0 min
Bílá Voda	700 m	40 km	45 min
Horní Údolí	0 – 300 m	20 km	30 min
Černá Voda	500 m	20 km	25 min
ETOC			
Lázně Jeseník "Jeseník Spa"	200 – 400 m	5 km	10 min
Zlaté Hory	0 – 500 m	30 km	30 min
Vápenná	0	15 km	15 min

There are no possibilities of ordering special cars for competitors with wheelchairs.





Climate & hazards

Average temperature: 15 °C

Typical maximum daytime temperature: 22 °C

Probability of rain: moderate

There is no special clothing required.

No dangerous snakes or animals live in this region.

Beware of ticks. It can transmit borreliosis and encephalitis. It is recommended to see a doctor after removing a tick.

Doping control

Doping is strictly forbidden, and the organisers of the Orienteering World Cup Round 2 2016 are dedicated to supporting the anti-doping authorities in their work.

Doping controls may be carried out any time during the competition period. As some sites for the doping controls may be a few minutes' drive away, we suggest that athletes are prepared at all events to take along some dry clothes to change into after their race.

Doping tests are always carried out in accordance with the procedures described in the WADA International Standard for Testing. The IOF Anti-Doping Rules apply as of 1st January 2015. Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area.

The athlete should also bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

Medical care

There will be a medical tent in arenas. The organizer will provide first aid, including an ambulance, at each competition arena. The nearest hospital is in Jeseník. Each National Federation is responsible for the health and medical insurance of all their athletes and team officials.

Telephone number for medical care: +420-607 827 584

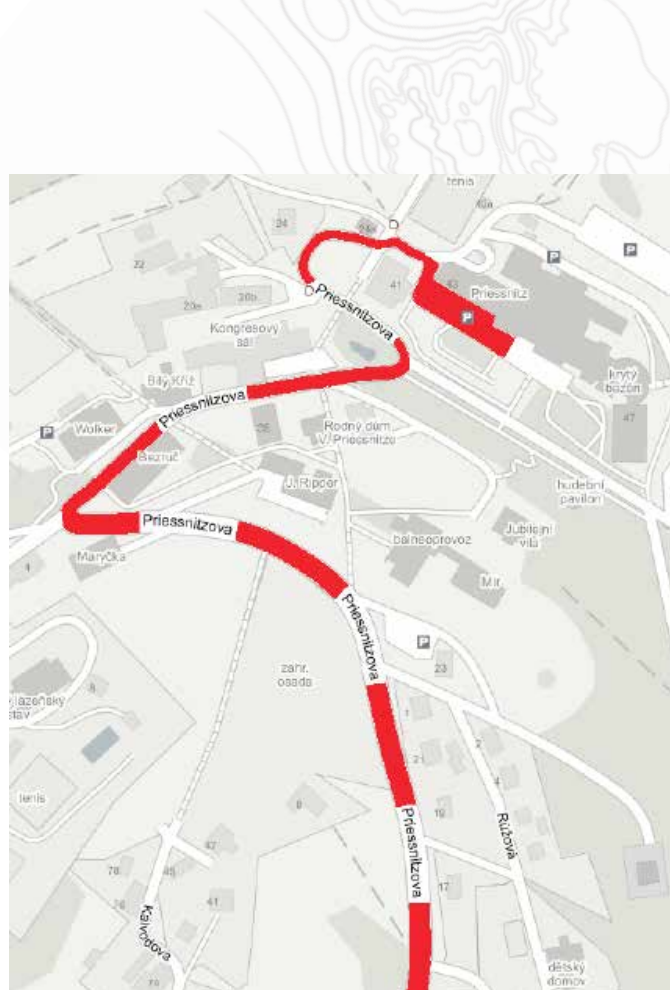
Embargoed areas

With reference to the IOF Competition Rules (article 26.6), the areas indicated on this map are embargoed. Potential team members, leaders and others, whose knowledge of the terrain could influence results of the EOC competition, are prohibited from entering these areas.

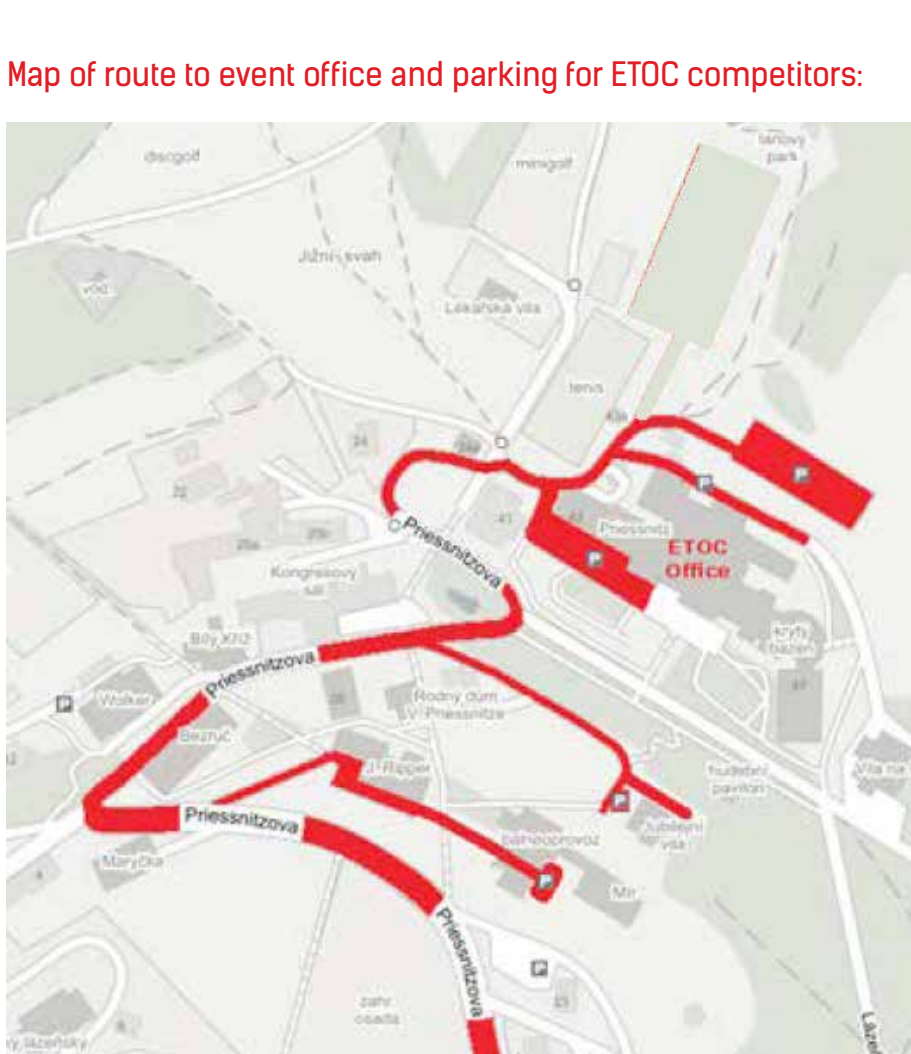
Embargoed area nr. 6 – Lázně Jeseník (Jeseník spa): For EOC participants, visiting the event centre in Lázně Jeseník is allowed using the main road from Jeseník city only (see the maps below) and during event office opening hours only. However, consulting plans or maps, and training with or without map in the embargoed area is prohibited until 25th May for EOC participants (until after ETOC TempO final). Since the information given in the Bulletin 2, embargoed area 6 was adjusted so that Hotel Slunný Dvůr is out of the embargoed area. In Hotel Priessnitz, only ETOC teams can be accommodated.

For ETOC participants, living in an accommodation and visiting the event centre in Lázně Jeseník (Jeseník spa) is allowed using the main road from Jeseník city only (see the maps below), however, consulting plans or maps, and training with or without map in the embargoed area is prohibited until 25th May (until after TempO final).

Map of route to event office for EOC competitors:



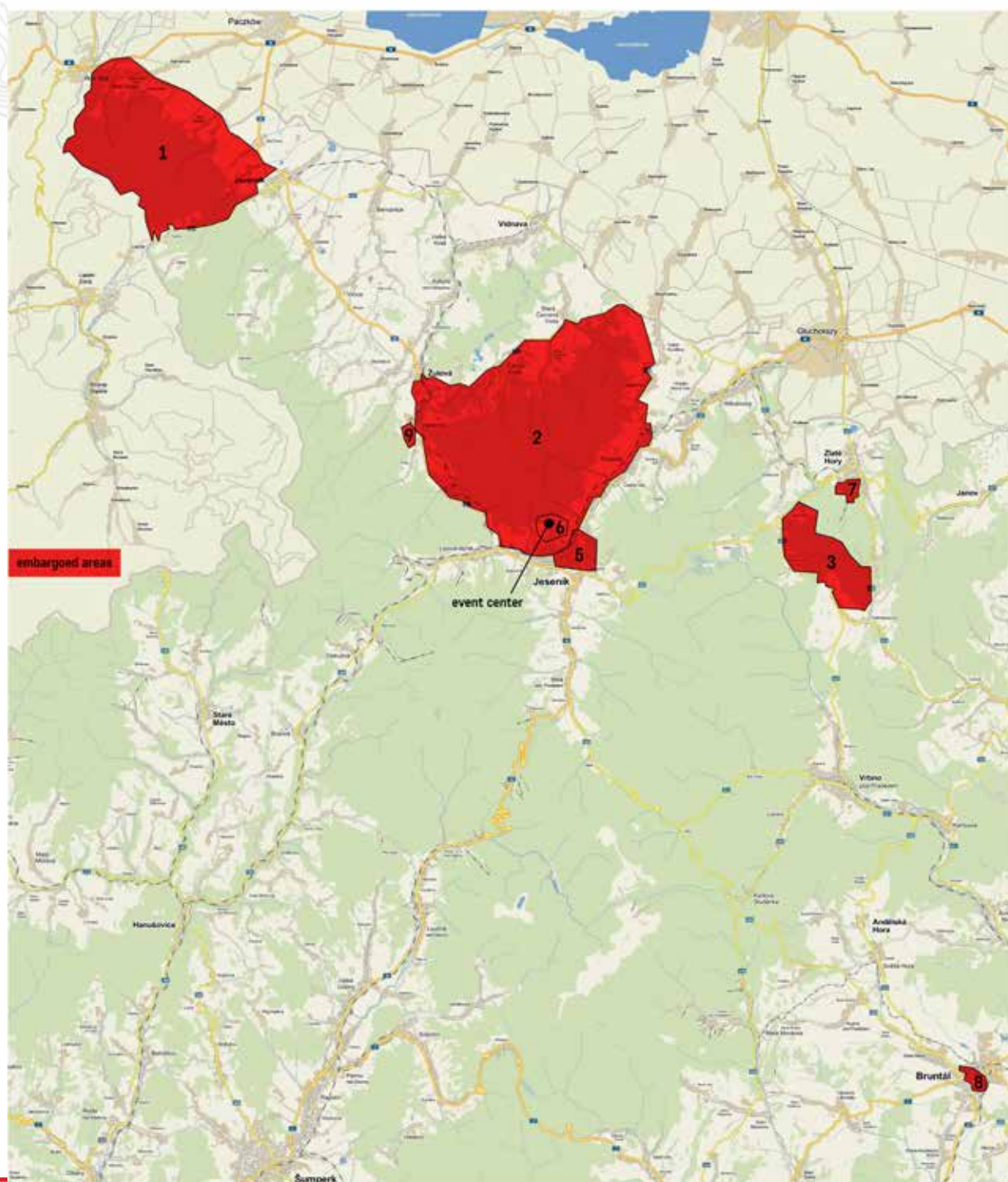
Map of route to event office and parking for ETOC competitors:



Embargoed areas (see map)

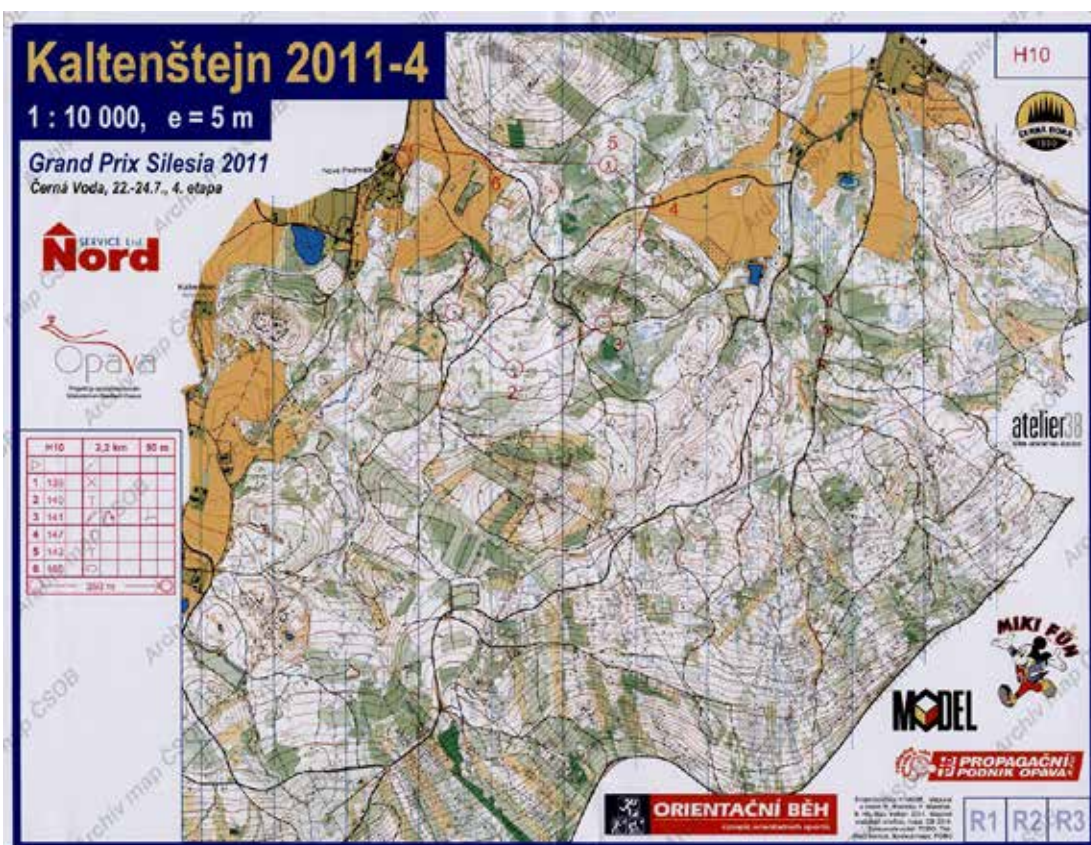
- | | |
|---|---|
| 1 | Javorník – road 457 direction to Lutynia – state border CZ/PL – Złoty Stok – City of Bílá Voda – state border CZ/PL – Bílý Potok – Javorník |
| 2 | Jeseník – Lipová-lázně – Vápenná – Žulová – Černá Voda – Stará Červená Voda – Velké Kunětice – Supíkovice – Písečná – Jeseník |
| 3 | Horní Údolí – Dolní Údolí – northern and northeastern hillside of Příčná hora – Mariahilf – Heřmanovice – Horní Údolí |
| 5 | city of Jeseník |
| 6 | Lázně Jeseník (Jeseník spa) |
| 7 | map “Snow Calamity” (year 2013) |
| 8 | city of Bruntál |
| 9 | quarry in Vápenná (SW from the village) |

Embargoed and training areas for European Orienteering Championships 2016



Latest colour copies of maps of embargoed areas:

Zlatohorská rýžoviště/Snow Calamity	1:10 000	2008/2013	http://csos.tmapserver.cz/data/jpg/5153a.jpg
Kaltenštejn 2011-4	1:10 000	2011	http://csos.tmapserver.cz/data/jpg/6117b.jpg
Kaltenštejn 10-5	1:10 000	2010	http://csos.tmapserver.cz/data/jpg/5897b.jpg
Gräfenberg	1:10 000	1996	http://csos.tmapserver.cz/data/jpg/2452a.jpg
Příčná hora	1:15 000	2007	http://csos.tmapserver.cz/data/jpg/4875a.jpg



Entries

Banquet ticket (entrance fee, dishes, non-alcoholic drinks, beer) – 300,- CZK

Banquet tickets will be available in the event office.

Accreditation for officials (EOC and ETOC) includes access to VIP tent in competition arenas, competition maps, start and result lists, VIP and media race.

Summary of entries received by 11th May

Team	EOC (M/W/Officials)	ETOC (Open/Para/Officials)
Australia	1/1/0	0/0/0
Austria	6/4/3	0/0/0
Belgium	4/0/1	0/0/0
Bulgaria	3/3/1	0/0/0
Canada	1/1/0	0/0/0
Croatia	0/0/0	5/0/0
Czech Republic	12/12/3	8/6/0
Denmark	6/5/4	6/2/4
DPR Korea	1/0/0	0/0/0
Estonia	9/6/2	0/0/0
Finland	13/9/4	10/4/1
France	8/4/4	0/0/0
Germany	7/3/1	4/0/0
Great Britain	10/8/2	6/2/1
Hungary	6/6/1	3/1/0
Ireland	7/1/0	0/0/0
Israel	3/0/1	0/0/0
Italy	5/3/2	4/3/0
Latvia	8/4/1	6/5/0
Lithuania	7/4/0	4/4/0
New Zealand	3/3/0	0/0/0
Norway	11/10/5	6/2/0
Poland	5/4/1	0/0/0
Portugal	3/0/0	6/0/0
Romania	3/1/0	0/0/0
Russia	12/12/3	3/5/0
Slovakia	5/1/2	7/1/1
Slovenia	0/0/0	3/0/0
Spain	4/0/0	1/1/0
Sweden	14/10/5	8/4/1
Switzerland	12/9/5	0/0/0
Ukraine	7/6/0	6/2/0
United States	1/0/0	0/0/0

Event office

Chief of event office: Renata Madejová, renata.madejova@eoc2016.cz, +420773670387

Location: Lázně Jeseník, Hotel Priessnitz – 50.2409792N, 17.1894950E

Event office opening hours in Lázně Jeseník (EOC & ETOC)

Thursday	19th May	12:00 – 22:00
Friday	20th May	8:00 – 22:00
Saturday	21st May	8:00 – 22:00
Sunday	22nd May	7:00 – 22:00
Monday	23rd May	8:00 – 21:00
Tuesday	24th May	7:30 – 20:00
Wednesday	25th May	8:00 – 20:00
Thursday	26th May	8:00 – 20:00
Friday	27th May	8:00 – 20:00
Saturday	28th May	7:00 – 19:00
Sunday	29th May	8:00 – 12:00

Event office opening hours in arenas

Saturday	21st May	11:00 – 14:00	Bruntál
Tuesday	24th May	14:00 – 17:00	Bílá Voda
Friday	27th May	14:00 – 18:30	Černá Voda
Saturday	28th May	8:30 – 14:30	Černá Voda



Accreditation

One team official should collect the accreditation for the whole team. As part of this process, the team members' passports must be shown to prove the nationality and full passport-holding citizenship of the country of their Federation. Do not forget to include photos of all members of the team to avoid lengthy waiting times at accreditation collection. Teams will be asked to provide a telephone number so that the organizers can quickly contact key team officials if necessary.

Each team will get an information pack from the event office after accreditation, to include:

Bulletin#4

Small gift

Map of Jeseník

Accreditation cards for all team members

Parking permits

SI cards for all competitions. Each SI card is assigned by name to each competitor and shall not be used by another athlete.

Model event maps

Voucher for ordered accommodation + map how to reach hotel

Invitation card for team officials' banquet (24th May).

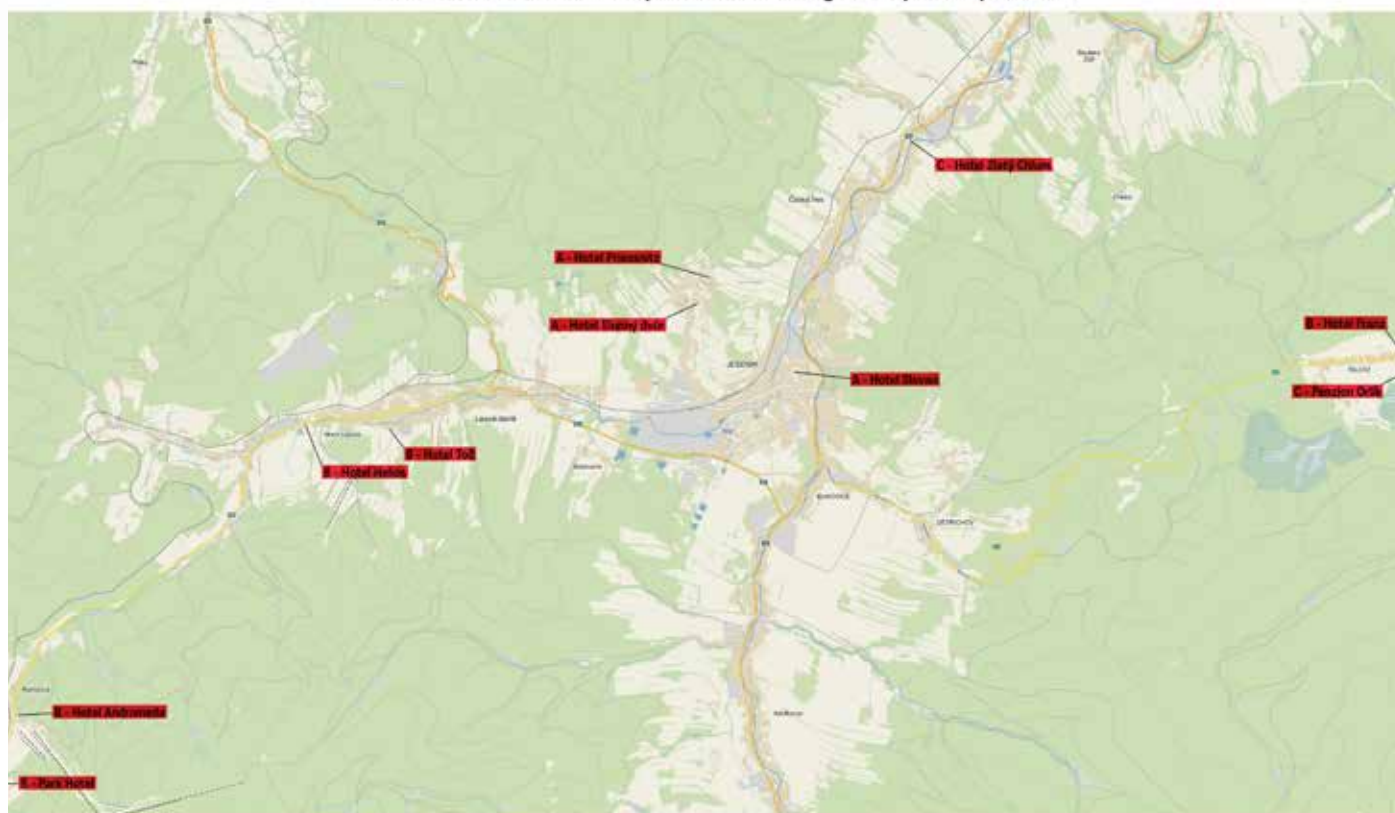
Please note that no accreditation will be issued if there are outstanding payments to be made.

Accommodation & meals

Class	Hotel	Location	Distance from EC	Note
A	Hotel Slovan	Jeseník	3.3 km	for VIPs only
A	Hotel Slunný dvůr	Lázně Jeseník	0.5 km	
A	Hotel Priessnitz	Lázně Jeseník	0 km	ETOC only
B	Hotel Helios	Lipová-lázně	8.8 km	
B	Hotel Toč	Lipová-lázně	8.2 km	
B	Hotel Andromeda	Ramzová	13.3 km	
B	Park Hotel	Ostružná	14.6 km	
B	Hotel Franz	Rejvíz	14.6 km	
C	Penzion Orlík	Rejvíz	14.6 km	
C	Hotel Zlatý Chlum	Česká ves	7.3 km	

Email for orders: jan.ales@eoc2016.cz (or alternatively petr.ales@eoc2016.cz, accommodation manager)

Accommodation for European Orienteering Championships 2016



Breakfast & dinner times in hotels

		Breakfast	Dinner
Friday	20th May	7:30 – 9:00	18:00 – 20:30
Saturday	21st May	7:30 – 9:00	18:00 – 20:30
Sunday	22nd May	6:00 – 8:30	19:00 – 21:00
Monday	23rd May	6:30 – 9:00	18:00 – 20:30
Tuesday	24th May	6:30 – 9:00	18:00 – 20:30

Breakfast & dinner times in hotels

Wednesday	25th May	6:30 – 9:00	18:00 – 20:30
Thursday	26th May	7:30 – 9:00	18:00 – 20:30
Friday	27th May	6:30 – 9:00	18:00 – 20:30
Saturday	28th May	6:30 – 9:00	19:00 – 21:00

In arenas, there will be basic refreshment and drinks available. You can order warm lunch in arenas in Bruntál (sprint relay), Bílá Voda (long Q + long F) and Černá Voda (middle F + relay). Your order must be made in the event office two days in advance until 18:00. Menu will be announced in the event office and on EOC web site.

Team officials' meetings

Location: Lázně Jeseník, Kongresový sál – 50.2410700N, 17.1872189E

		EOC	ETOC
Friday	20th May	19:00 (sprint relay)	
Saturday	21st May	19:00 (sprint Q + F)	
Sunday	22nd May	19:00 (long Q)	
Monday	23rd May	19:00 (long F)	18:00 (TrailO Relay)
Tuesday	24th May		18:00 (TempO Q + F)
Wednesday	25th May	19:00 (middle Q)	
Thursday	26th May	19:00 (middle F)	18:00 (PreO 1)
Friday	27th May	19:00 (relay)	18:00 (PreO 2)

VIP & media

Media accreditation

Please use the official form at EOC website to apply for accreditation. Accreditation is free of charge. Accreditation collection for media representatives is at the media centre, in the event centre in Hotel Priessnitz.

To a limited extent, accreditation will be possible upon arrival, in the media centre, but preferentially please use the form and do not forget to include your photograph to avoid lengthy waiting times at accreditation collection. Media centres both in the event centre and arena will provide wi-fi internet connection and basic refreshments. Photographing spots will be available in the finish area and in suitable places in the race area, where possible.

VIP & media race

VIP & media race will take place on Wednesday 25th May at Lázně Jeseník.

Start-times are 14:30 – 16:00.

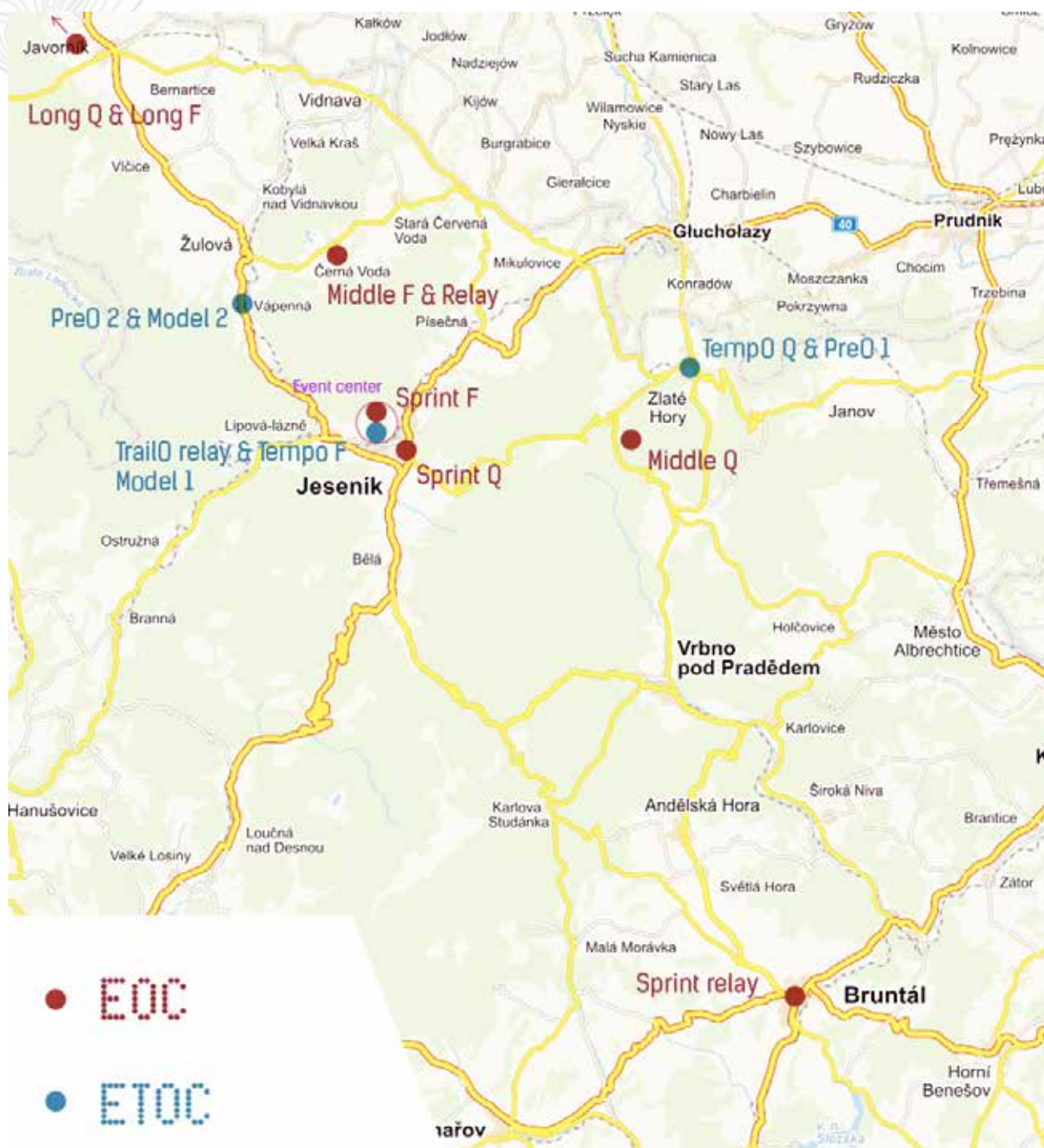
Entry forms will be available in the media centre in the days before the race.

VIP persons will get all information in event office or media centre.

Media centre opening hours

		Lázně Jeseník – hotel Priessnitz	Arena
Friday	20th May	17:00 – 19:00	
Saturday	21st May	16:30 – 19:00	10:30 – 15:00 (Bruntál)
Sunday	22nd May	13:30 – 19:00	8:00 – 12:00 (Jeseník)
Monday	23rd May	16:00 – 19:00	8:30 – 14:00 (Bílá Voda)
Tuesday	24th May		8:30 – 18:00 (Bílá Voda)
Wednesday	25th May	10:00 – 19:00	
Thursday	26th May	10:00 – 12:00	13:30 – 18:00 (Horní Údolí)
Friday	27th May		10:30 – 19:00 (Černá Voda)
Saturday	28th May		8:30 – 15:30 (Černá Voda)

EOC & ETOC map



● EOC

● ETOC



Classes and participation restrictions for EOC

- Categories are W21 a M21. There are no age restrictions.
- Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EOC.
- Competitors representing other member Federations of the IOF can participate in EOC but will not be eligible for European titles, medals or diplomas.
- There is no limit on the number of runners and officials in a team.
- In the individual competitions a Federation may enter a maximum of 6 runners in each class. The current European Champion for the competition shall be given a wild card to enter the qualification in the next EOC in addition to the ordinary entries from his/her Federation (in which case one starting group may have three competitors from that Federation).
- In each individual competition, the competitors placed number 17 and better in each qualification race heat may run in the A-final; the remaining competitors run in the B-final.
- Competitors who start, but are not placed, in the qualification race may start before the qualified runners in the B-final but shall appear in the result list as not placed.
- In the relay a Federation may enter 2 teams each consisting of 3 competitors, but only the better-placed team will count in the prize list. Incomplete teams and teams with runners from more than one Federation are not allowed.
- Each participating Federation shall appoint a team manager to act as a contact person between the team and the organizer. It is the team manager's duty to see that the team receives all necessary information. Competitors participate at their own risk. Insurance against accidents shall be the responsibility of their Federation or themselves, according to national regulations.
- There are no other peculiarities of the event.
- A competitor may represent only one Federation during any one calendar year."
- Competitors who are representing a Federation shall have full passport-holding citizenship of the country of that Federation.
- The events of EOC 2016 are Competition 2 of 2016 Sprint Relay World Cup and Competitions 3, 4 and 5 of 2016 World Cup (Individual), see the Special Rules published on the IOF website.

EOC Events

Punching system

Punching system SportIdent Air+ will be used for all competitions. SI cards will be provided by the organizer. Each competitor must compete with an assigned SI card. Team leaders will receive SI cards in the event office during the registration. SI cards must be returned to the organizer after the last competitor's competition.

Complaints

Complaint time is 15 minutes after the announcement of official results. Any complaint shall be made in writing to the organiser in finish area.

Quarantine

In quarantine there will be drinking water, toilets, shelter for competitors and couches. The latest check in time to enter the quarantine is stated in the race details, and no one will be allowed into the quarantine area after that time. At the entry in to the quarantine area, each athlete and coach has to show his or her accreditation card with a photo and has to sign the quarantine entry form. The use of mobile phones, computers or any other communication devices inside the quarantine zones is strictly forbidden. It is not allowed to bring any maps of the competition areas into the quarantine zones. A warm-up map (if available) will be available by the entry to the quarantine.

Number bibs

All competitors must wear their number bibs at all competitions. Team leaders will receive bibs for the whole team before team officials' meeting. Bibs for sprint final will be available in quarantine. The bibs must be worn on the chest. The bibs must be visible in their entirety – they must not be folded over or cut down.

Start

Individual race

GPS units for competitors will be available on pre-start.

The competitor's name and bib number is called at the pre-start. It is the competitor's responsibility to watch for his/ her start time. There is also a clock showing competition time in the pre-start area. There will be clocks on the start line, showing race time.

Units for clearing and checking SI cards are situated at the entry to the first corridor at start of the individual race or at the entry to the changeover area of relays. It is the athletes' responsibility to clear and check their SI card correctly.

At all starts, the maps will be placed on a table. The competitor's map is placed face down next to the start line. An official releases the competitor by taking his hand off the competitor's shoulder.

The start triangle is marked in the terrain by a control flag. The route to this flag is marked with tapes. Competitors must follow this marked route to the start point.

Finish

Time will be measured in the moment of crossing the finish line. On crossing the finish line, athletes enter a restricted-access area for SI card download and removal of GPS units. Coaches are allowed in this area, and there are drinks available and access to first aid if needed. Athletes selected for drugs testing will be met by their chaperones here.

Relay race changeover: After crossing the finish line the competitor must touch the body of the competitor on the next leg.

Abandoning the race

In case of abandoning the race, the competitor must immediately go to the finish area to read-out his/her SI card.

Length and total climb

The course lengths for long distance, middle distance and relay are measured as the length of the straight line from the start via the controls to the finish.

The course lengths for sprint and sprint relay are measured as the length of the straight line from the start via the controls to the finish deviating for physically impassable obstructions where it is measured along the shortest sensible route.

The total climb is measured as the climb in metres along the shortest sensible route choice.

Models events

Model events are intended to be representative of the terrain, control features and mapping to be found in each format of the EOC competitions. There will be no timing equipment. Controls will be equipped by flags without SI units. Typical control set-ups will be demonstrated at the technical model. Note that the controls are not guarded, so might be missing.

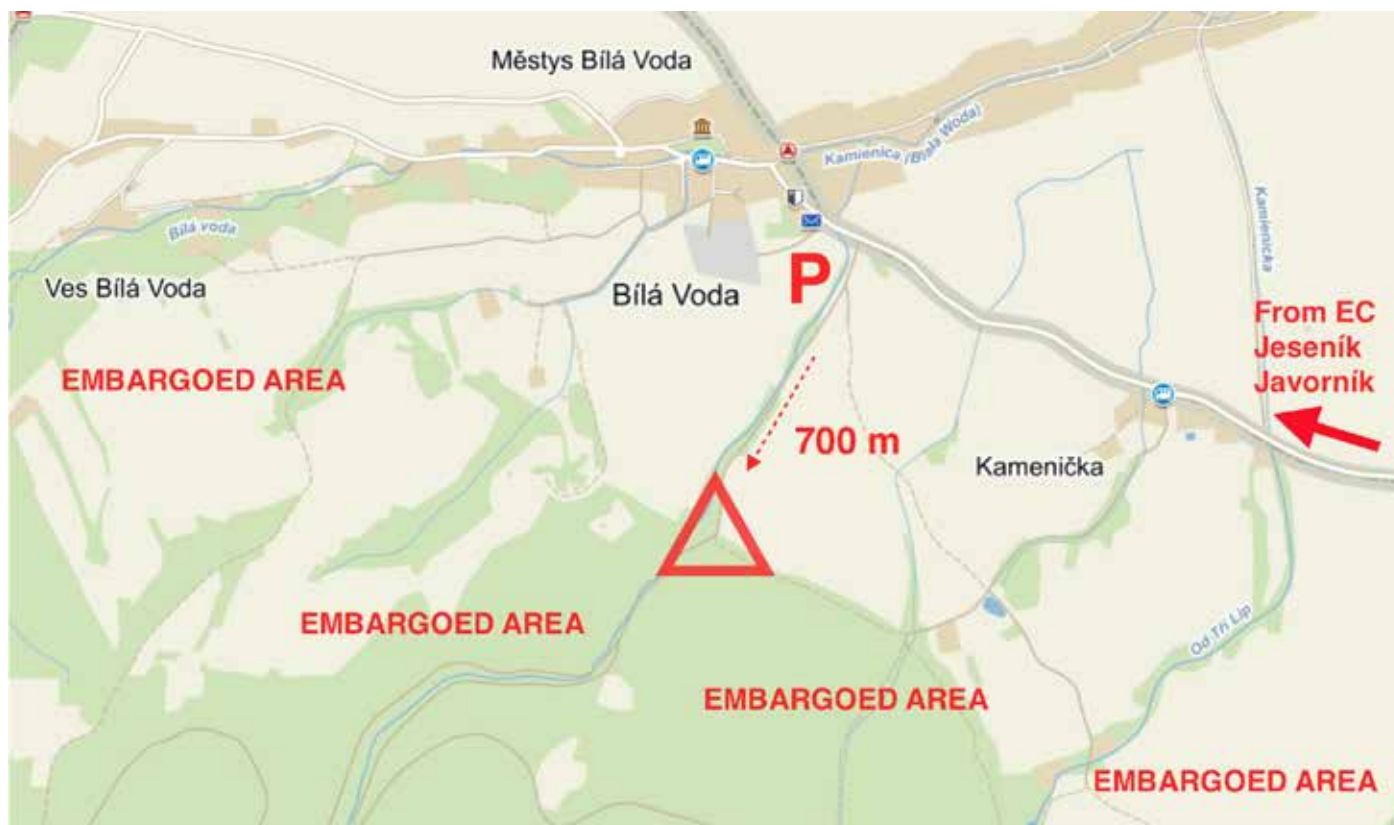
All models are inside embargoed areas. It is allowed to enter model area only in time when the model is opened. Only model area may be entered. Only allowed access routes and parking can be used.

Model long

Date: Friday, 20th May, from 10:00 to Saturday, 21st May, 17:00

Location: Bílá Voda – 50.4399953N, 16.9219761E (parking)
Start is 700 m from parking.

Teams will receive maps for each competitor in event office during registration.



Model sprint & sprint relay

Date:	Friday, 20th May, from 12:00 to 18:30
Location:	Jeseník, Dukelská street – 50.2255569N, 17.1999278E

Teams will receive maps for each competitor in event office during registration.
In this model area no restrictions have been placed on traffic movement; be alert and take care when crossing roads.

Technical model

Date:	Friday, 20th May, from 17:30 to 18:30
Location:	Jeseník, Dukelská street – 50.2255569N, 17.1999278E

There will be presented:

- start procedure for individual competitions
- finish procedure
- SportIdent Air+ punching

Please take your SI cards with you.

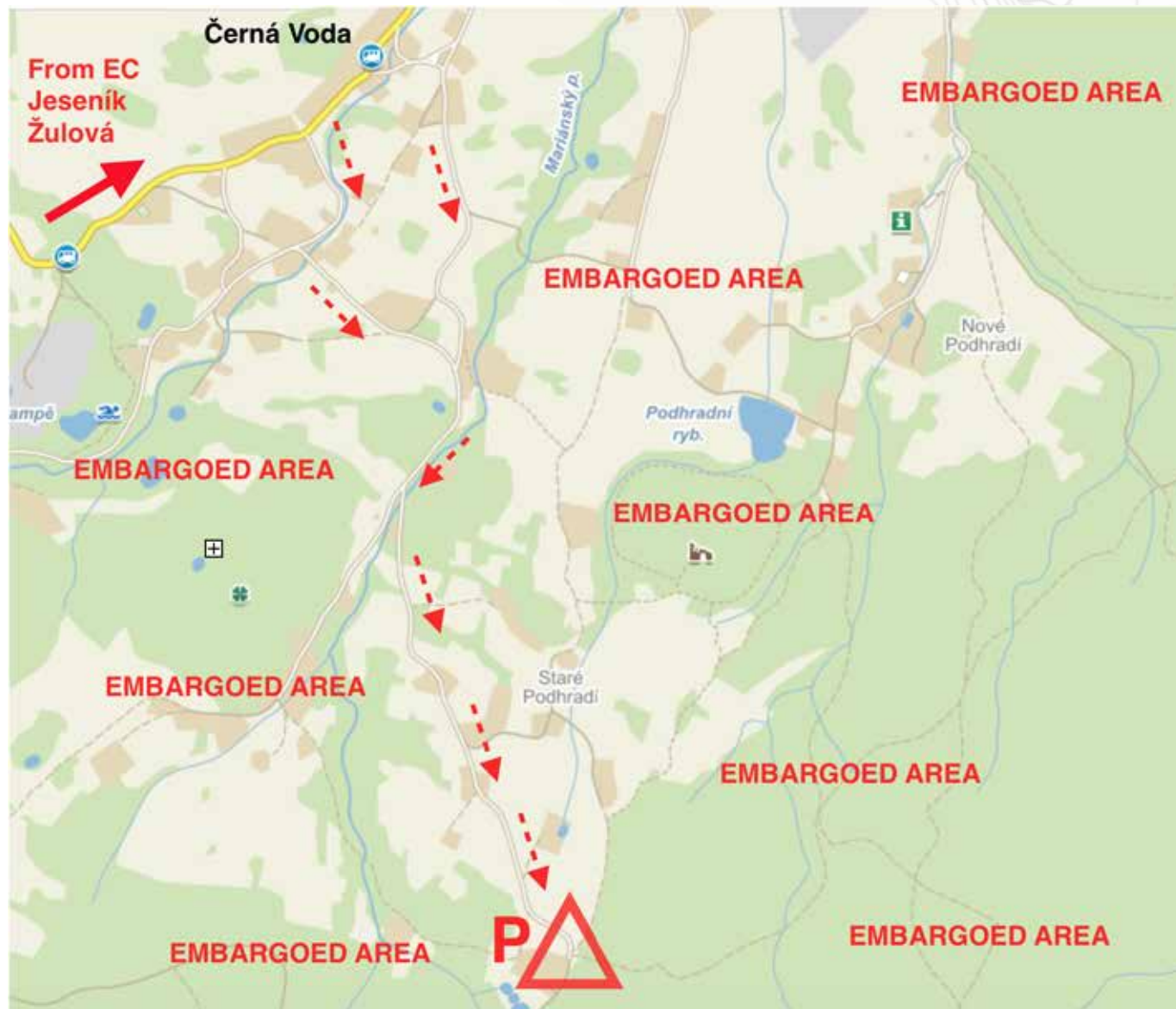


Model middle & relay

Date: Wednesday, 25th May, from 10:00 to 17:00

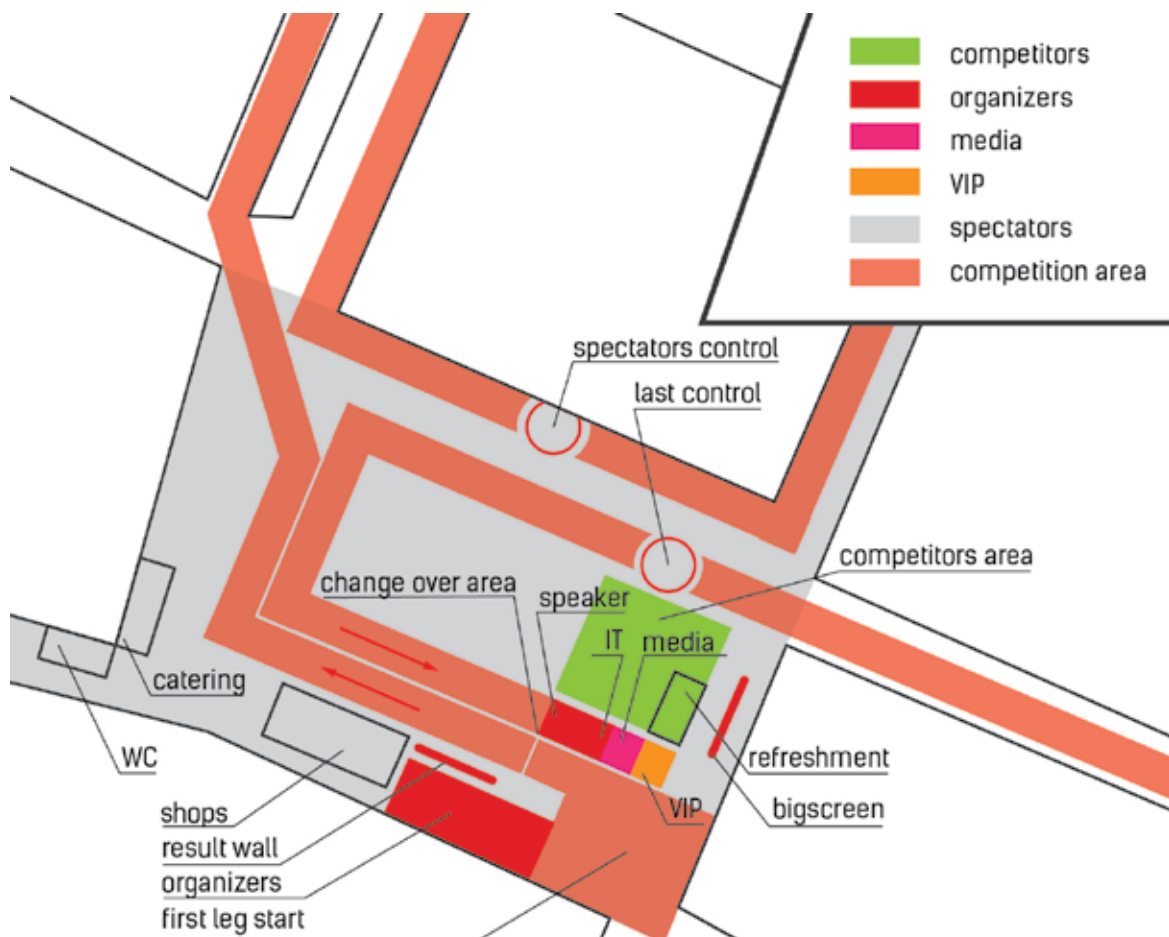
Location: Černá Voda, Staré Podhradí – 50.2876903N, 17.1483756E

Teams will receive maps for each competitor in event office during registration.



Sprint relay

Date:	Saturday, 21st May, from 12:30 to 13:40
Mass start:	12:30
Location:	Bruntál (50 km from event centre) – 49.9885044N, 17.4654247E



Quarantine

Route to quarantine:



Location: Okružní basic school – 49.9871522N, 17.4692456E

Access route: After entering Bruntál follow streets Jesenícká – Ruská – Dr. E. Beneše – Květná

Quarantine check -in time: 10:00 – 11:00

Quarantine zone is situated at school yard area only. A warm-up map contains whole quarantine zone and the way to start which the runner must follow after call-up. Quarantine borders are defined on the warm-up map. Wandering outside this area after the check-in deadline may result in disqualification.

Start procedure

Route from quarantine to start:



First leg runners can leave quarantine no sooner than 15 minutes before start. 2nd – 4th leg runners will be called-up from the quarantine just after the previous leg starts. After the previous leg runner punches spectator control, the next leg runner is allowed to enter changeover area. There will be broadcast from spectator control to the screen on the entrance to the changeover area. It is the athlete's responsibility to enter changeover area after the competitor on the previous leg punches spectator control.

15 min before 1st legs start
Just after previous leg starts

After previous runner
passes the arena



Terrain:	city and park, very good runnability and visibility, altitude 550 m
Warning:	Shoes with spikes are not allowed.
Map:	scale 1 : 5 000, contour interval 2.5 m, mapped by Jan Fátor, size 297 x 210 mm, ISSOM 2007 rules apply
Special map symbols:	black cross – children play, small shelter, advertising object
Course planner:	Radim Hošek
Number of legs:	4
Number of relays from each federation:	1

Course

Length of legs:	Leg 1 & 4: 3.8 km / Leg 2 & 3: 4.3 km
Total climb:	30 m
Number of controls:	Leg 1 & 4: 20 / Leg 2 & 3: 24
Number of refreshment controls:	0
Winning time:	60 min
Maximum running time:	120 min

Notes:

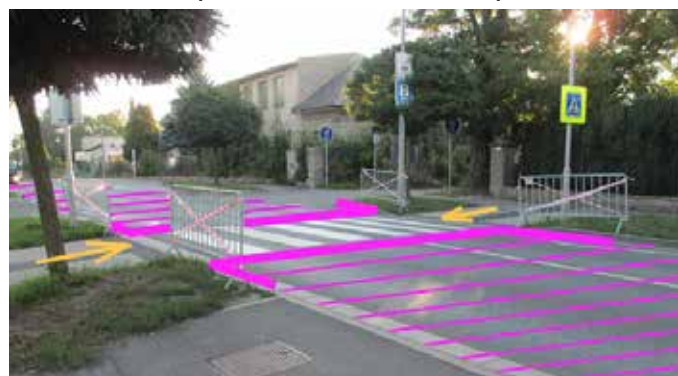
The race will be broadcast by Czech TV. Close to several controls there will be TV staff present. It may even happen that a cameraman follows athletes for a few metres.

There are barriers in competition area, which emphasize forbidden areas. It is strictly forbidden to cross these barriers.

Photo of barriers in competition area



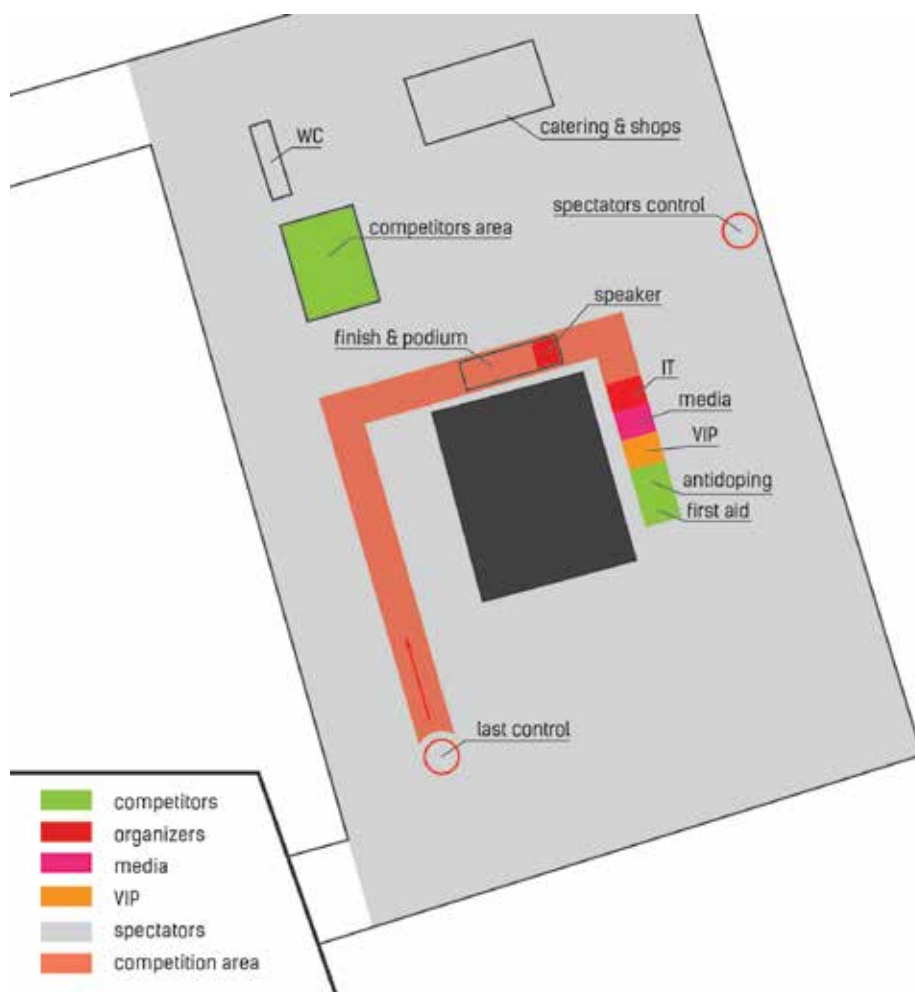
Combined photo of crossing of the road. It shows how it looks in competition area and in map



Sprint Qualification

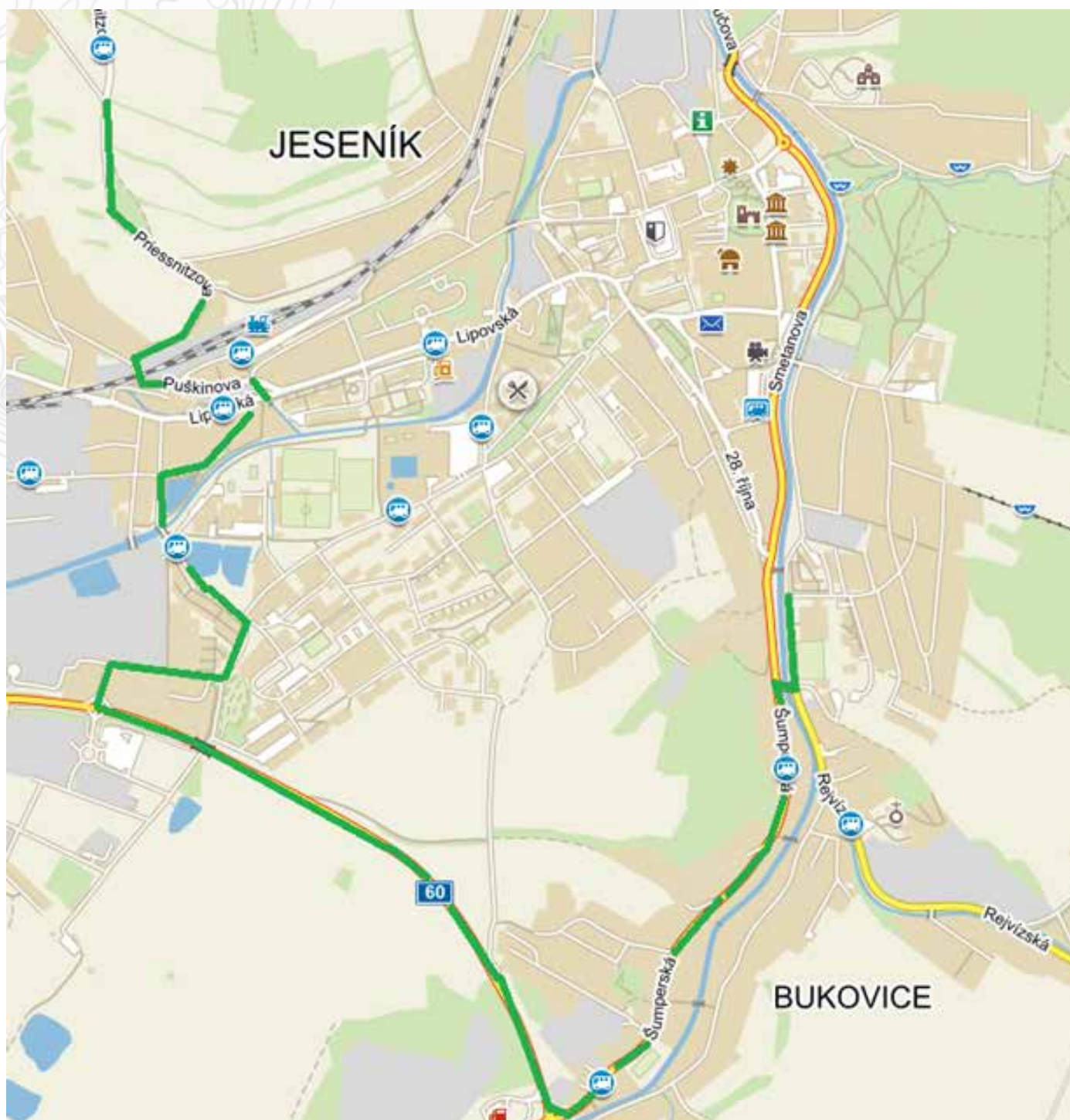
Date: Sunday, 22nd May, from 9:00 to 10:45

Location: Jeseník (5 km from event centre)
GPS 50.2293703N, 17.2046431E



Quarantine

Route to quarantine:



Location: Jeseník, basic school – 50.2221011N, 17.2082611E

Access route: Follow the route 60, then turn left and follow route 44 (Šumperská), turn right over the bridge and left to the street Nábřeží

Quarantine check-in time: 7:00 – 8:00

Quarantine borders are defined on the warm-up map. Wandering outside this area after the check-in deadline may result in disqualification.

Start procedure



Terrain:	city and park, very good runnability and visibility, altitude 450 m
Warning:	Shoes with spikes are not allowed.
Map:	scale 1:5 000, contour interval 2.5 m, mapped by Jan Fátor, size 297 x 210 mm, ISSOM 2007 rules apply
Special map symbols:	children play, bigboard, log, advertising object
Control description size:	max. 48 x 150 mm
Course planner:	Daniel Wolf
Number of heats:	3 (there will be 17 qualified European federation competitors from each heat + non-European competitors ranked 17 or better)
Max. number of competitors: (men/women) from each federation	6 (+ current European Champion)

Women

First start women:	10:00
Approx. course length:	3.4 km
Total climb:	15 – 25 m
Number of controls:	16 – 19
Number of refreshment controls:	0
Winning time:	13 min
Maximum running time:	30 min
Start interval:	1 min

Men

First start men:	9:00
Approx. course length:	3.7 km
Total climb:	25 – 30 m
Number of controls:	19 – 20
Number of refreshment controls:	0
Winning time:	13 min
Maximum running time:	30 min
Start interval:	1 min

Notes:

Compulsory leg: There is a compulsory leg marked in the map. Compulsory leg begins at control no. 34 and it is marked in the terrain and watched by organiser. Athletes are subject to follow this compulsory leg.

Arena passage: There is a spectator control in the arena for all courses. There is no coaching zone! It is strictly forbidden to give any kind of information to passing athletes.

There are barriers in competition area, which emphasize forbidden areas. It is strictly forbidden to cross these barriers.



Sprint Final

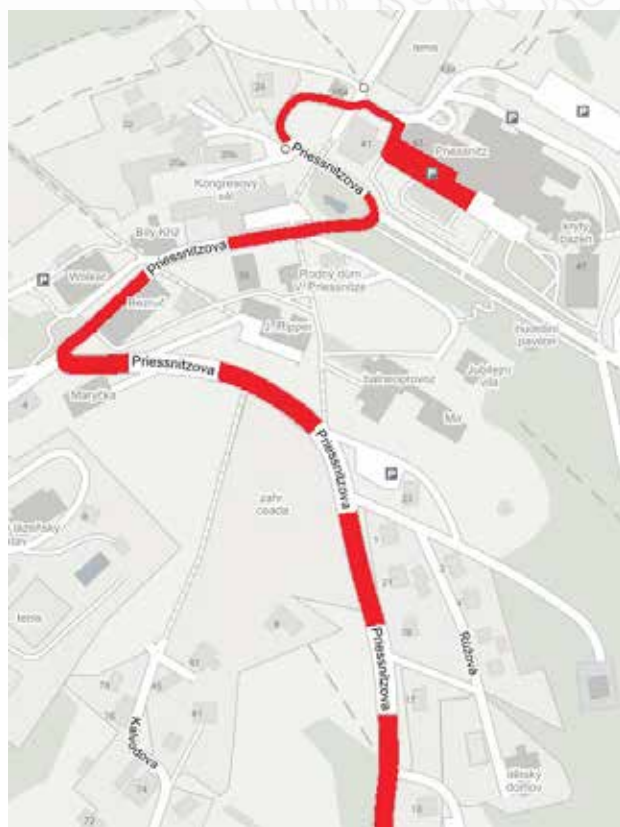
Date: Sunday, 22nd May, from 14:30 to 18:00

Location: Lázně Jeseník (near event centre)
GPS 50.2425117N, 17.1898722E



Quarantine

Route to quarantine:



Location:	Location: Behind hotel Priessnitz – 50.2414242N, 17.1908483E
Access route:	Follow street Priessnitzova
Quarantine check-in time:	12:30 – 13:30
Quarantine borders are defined by tapes. Wandering outside this area after the check-in deadline may result in disqualification.	
Terrain:	spa and spa park, hilly terrain, good runnability and visibility, altitude 550 – 650 m
Warning:	Shoes with spikes are not allowed.
Special map symbols:	black circle – discgolf playground, black cross – children play, pile of logs, advertising object
Control description size:	Men: 48 x 170 mm, Women: 48 x 144 mm
Map:	scale 1:5 000, contour interval 2.5 m, mapped by Jan Fátor
Course planner:	Daniel Wolf

Start procedure



Women final A

First start A final:	16:53
Approx. course length:	3.0 km
Total climb:	115 m
Number of controls:	18
Number of refreshment controls:	0
Winning time:	15 min
Maximum running time:	30 min
Start interval:	1 min

Women final B

First start B final:	14:30
Approx. course length:	2.6 km
Total climb:	100 m
Number of controls:	17
Number of refreshment controls:	0
Winning time:	15 min
Maximum running time:	30 min
Start interval:	1 min

Men final A

First start A final:	16:00
Approx. course length:	3.4 km
Total climb:	130 m
Number of controls:	22
Number of refreshment controls:	0
Winning time:	15 min
Maximum running time:	30 min
Start interval:	1 min

Men final B

First start B final:	14:30
Approx. course length:	3.2 km
Total climb:	120 m
Number of controls:	20
Number of refreshment controls:	0
Winning time:	15 min
Maximum running time:	30 min
Start interval:	1 min

Notes:

Map exchange: There is a map exchange for Men A, Women A and Men B classes. After punching control no. 59 runners continue through the compulsory leg. At the beginning of the compulsory leg athletes throw away the map and at the table they take the map of the second part of the race.

The race will be broadcast by Czech TV. Close to several controls there will be TV staff present. It may even happen that a cameraman follows athletes for a few metres.

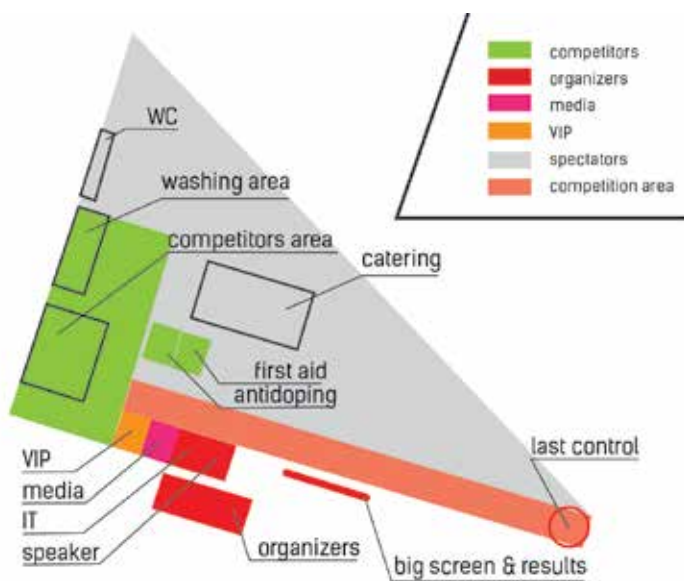
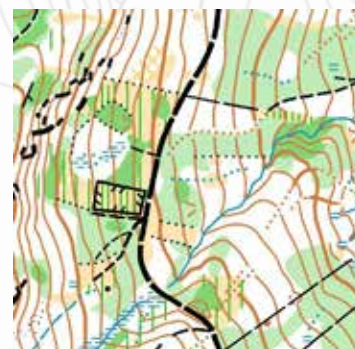
There are barriers in competition area, which emphasize forbidden areas. It is strictly forbidden to cross these barriers.



Long distance qualification

Date: Monday, 23rd May, from 10:00 to 13:00

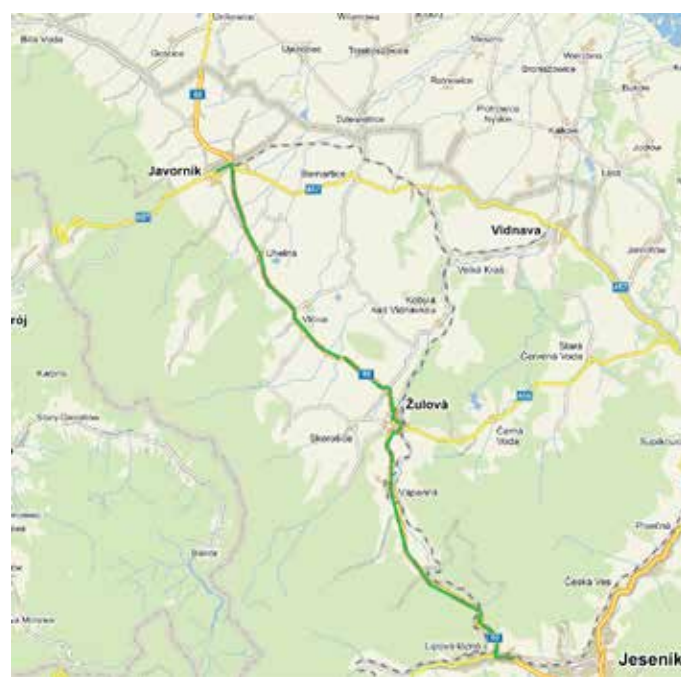
Location: Bílá Voda (40 km from event centre)
GPS 50.4337997N, 16.9191236E



Route to arena



Quarantine
Route to quarantine:



Location:	Javorník basic school – 50.3911469N, 17.0053794E
Access route:	Follow the route 60, in Javorník turn left and follow streets Nádražní – Lidická
Quarantine check-in time:	8:30 – 10:00

Start procedure



Competitors will be transported by car according to the following schedule:

Departure from quarantine	start number men	start number women
9:00	1-4	201-204
9:04	5-8	205-208
9:08	9-12	209-212
9:12	13-16	213-216
9:16	17-20	217-220
9:20	21-24	221-224
9:24	25-28	225-228
9:28	29-32	229-232
9:32	33-36	233-236
9:36	37-40	237-240
9:40	41-44	241-244
9:44	45-48	245-248
9:48	49-52	249-252
9:52	53-56	253-256
9:56	57-60	257-260
10:00	61-64	261-264
10:04	65-68	265-268
10:08	69-72	269-272
10:12	73-76	273-276
10:16	77-80	277-280
10:20	81-84	281-284
10:24	85-88	285-288
10:28	89-92	289-292
10:32	93-100	-
10:36	101-108	-
10:40	109-116	-
10:44	117-124	-

Own drinks for refreshment controls must be delivered to the organizer in quarantine until 8:45. There must be written start number and number of refreshment control on each drink. There will be water and sport drinks on refreshment control provided by the organizer. All refreshment stations are situated at controls.

Terrain:	mountains, hilly terrain, steep slopes, deep valleys, altering number of roads, mostly very good runnability, visibility varies from very good to good, altitude 350 – 800 m
Map:	1 : 15 000, contour interval 5 m, mapped by Bohumil Háj, size 350 x 297 mm
Special map symbols:	black cross – collapsed fodder rack
Control description size:	Men: 48 x 144 mm, Women: 48 x 102 mm
Course planner:	Filip Stárek
Number of heats:	3 (there will be 17 qualified European federation competitors from each heat + non-European competitors ranked 17 or better)
Max. number of competitors: (men/women) from each federation	6 (+ current European Champion)

Women

First start:	10:00
Approx. course length:	6.3 km – 6.4 km
Total climb:	230 m – 260 m
Number of controls:	11 – 13
Number of refreshment controls:	2 (55, 65%)
Winning time:	45 min
Maximum running time:	135 min
Start interval:	3 min

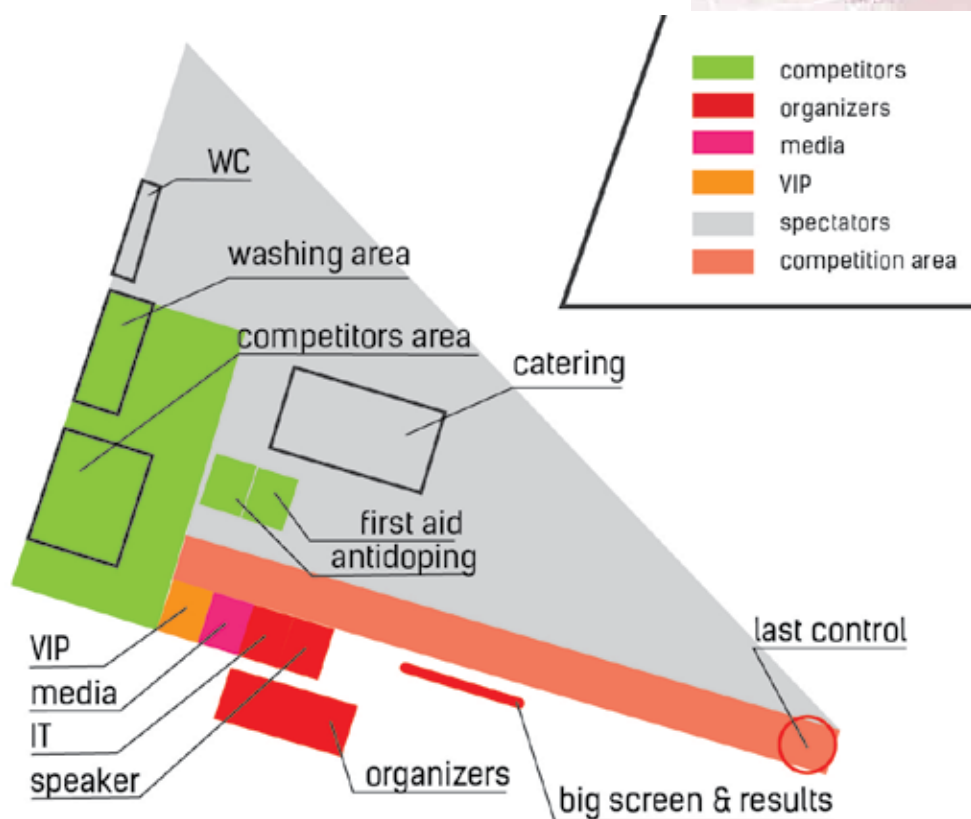
Men

First start:	10:00
Approx. course length:	10.2 – 10.3 km
Total climb:	440 – 470 m
Number of controls:	20
Number of refreshment controls:	2 (35, 70%)
Winning time:	60 min
Maximum running time:	185 min
Start interval:	3 min

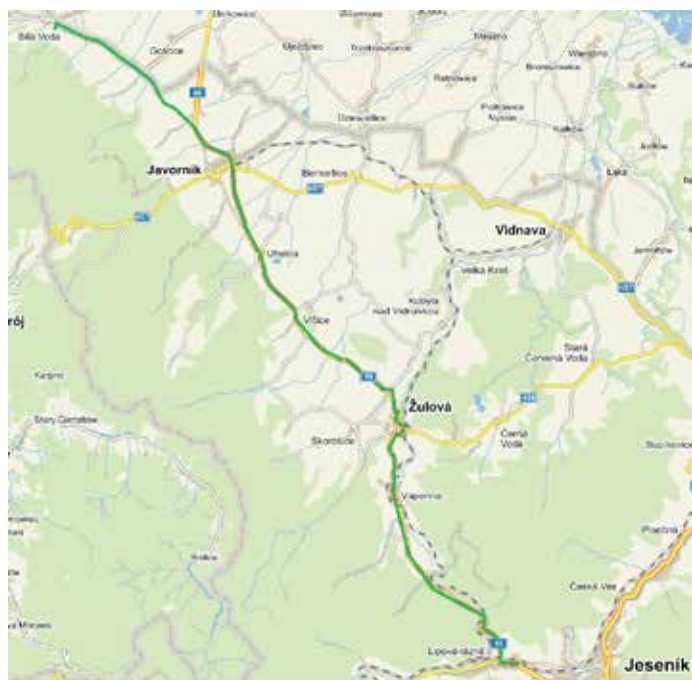
Long distance final

Date: Tuesday, 24th May, from 10:00 to 16:50

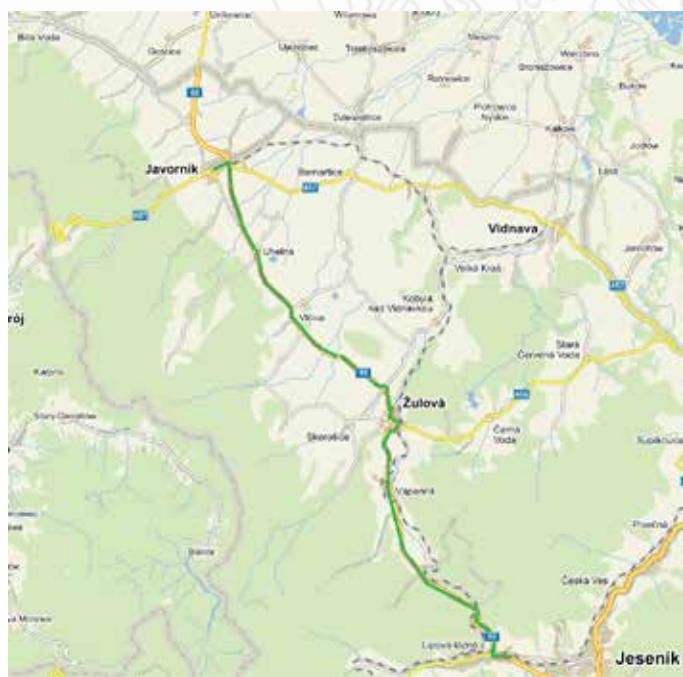
Location: Bílá Voda (40 km from event centre)
GPS 50.4337997N, 16.9191236E



Route to arena



Quarantine Route to quarantine:



Location:	Javorník basic school – 50.3911469N, 17.0053794E
Access route:	Follow the route 60, in Javorník turn left and follow streets Nádražní – Lidická
Quarantine check-in time:	8:30 – 10:00

Start procedure



Competitors will be transported by car according to the following schedule:

Departure from quarantine	start number men	start number women
8:45	201-204	301-304
8:55	205-208	305-308
9:05	209-212	309-312
9:15	213-216	313-316
9:25	217-220	317-320
9:35	221-224	321-324
9:45	225-228	325-328
9:55	229-232	329-332
10:05	233-236	333-336
10:15	237-240	337-340
10:25	241-248	-
10:35	249-256	-
10:45	257-264	-
10:55	265-272	-
11:10	1-4	101-104
11:20	5-8	105-108
11:30	9-12	109-112
11:40	13-16	113-116
11:50	17-20	117-120
12:00	21-24	121-124
12:10	25-28	125-128
12:20	29-32	129-132
12:30	33-36	133-136
12:40	37-40	137-140
12:50	41-44	141-144
13:00	45-48	145-148
13:10	49-52	149-152

Own drinks for refreshment controls must be delivered to the organizer in quarantine until 8:45. There must be written start number and number of refreshment control on each drink. There will be water and sport drinks on refreshment control provided by the organizer. All refreshment stations are situated at controls.

Terrain:	mountains, hilly terrain, steep slopes, deep valleys, altering number of roads, mostly very good runnability, visibility varies from very good to good, altitude 350 – 800 m
Map:	scale 1 : 15 000, contour interval 5 m, mapped by Bohumil Háj, size 350 x 297 mm
Special map symbols:	black cross – collapsed fodder rack
Control description size:	Men A: 48 x 162 mm, Women A: 48 x 114 mm
Course planner:	Martin Janata

Women A

First start final A:	12:25
Approx. course length:	10.3 km
Total climb:	410 m
Number of controls:	15
Number of refreshment controls:	3 (35%, 40%, 70%)
Winning time:	80 min
Maximum running time:	180 min
Start interval:	3 min

Men A

First start final A:	12:35
Approx. course length:	16.1 km
Total climb:	650 m
Number of controls:	23
Number of refreshment controls:	3 (30%, 60%, 80%)
Winning time:	100 min
Maximum running time:	240 min
Start interval:	3 min

Women B

First start final B:	10:00
Approx. course length:	8.4 km
Total climb:	330 m
Number of controls:	12
Number of refreshment controls:	2 (35%, 60%)
Winning time:	65 min
Maximum running time:	180 min
Start interval:	2 min

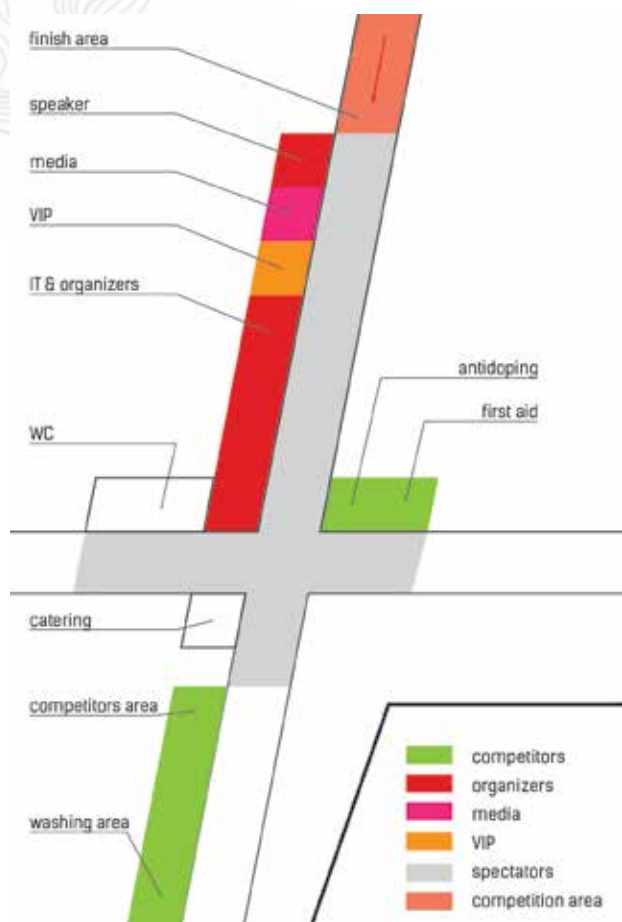
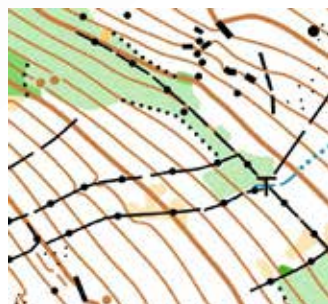
Men B

First start final B:	10:00
Approx. course length:	11.4 km
Total climb:	430 m
Number of controls:	15
Number of refreshment controls:	2 (35%, 70%)
Winning time:	75 min
Maximum running time:	240 min
Start interval:	2 min

Middle distance qualification

Date: Thursday, 26th May, from 15:00 to 16:45

Location: Horní Údolí (25 km from event centre)
GPS 50.2110997N, 17.3705119E

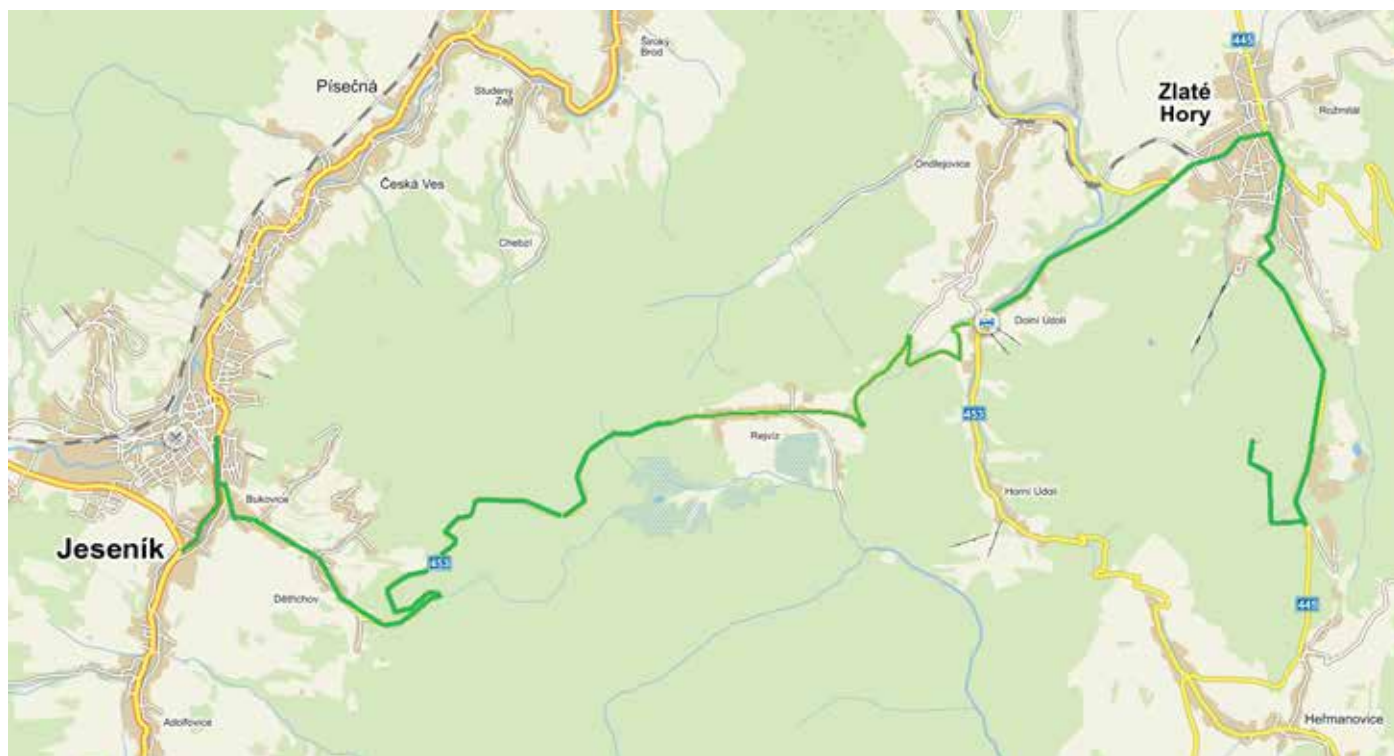


Route to arena



Quarantine

Route to quarantine:



Location:	Church of Panny Marie Pomocné – GPS 50.2251903N, 17.3942139E
Access route:	Follow the route 453 to Dolní Údolí and then route 454 to Zlaté Hory. In Zlaté Hory turn right and follow the route 445. After 6 kilometres turn right to church of Panny Marie Pomocné.
Quarantine check-in time:	13:30 – 15:00

Quarantine borders are defined on the warm-up map and by marked way to start. Wandering outside this area and marked way to start after the check-in deadline may result in disqualification.

Way to start is 2200 m long (1400 m from warm-up map edge) and it takes min. 20 minutes fast walking. It is the competitor's responsibility to be present at start on time.
Drinking water will be available at start.

Start procedure



Terrain:	curly terrain, slope with stones, green areas, mixed visibility and runnability, medium density of paths, altitude 750 – 975 m
Map:	scale 1:10 000, contour interval 5 m, mapped by Martin Kratochvil
Special map symbols:	black cross – small ruin shelter
Control description size:	Men 48 x 156 mm, Women: 48 x 120 mm
Course planner:	Adam Chromý
Number of heats:	3 (there will be 17 qualified European federation competitors from each heat + non-European competitors ranked 17 or better)
Max. number of competitors: (men/women) from each federation	6 (+ current European Champion)

Women

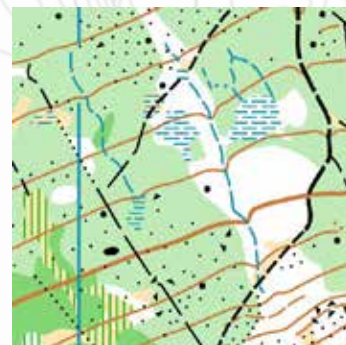
First start:	15:00
Approx. course length:	3.3 km
Total climb:	80 – 85m
Number of controls:	16
Number of refreshment controls:	0
Winning time:	25 min
Maximum running time:	75 min
Start interval:	2 min

Men

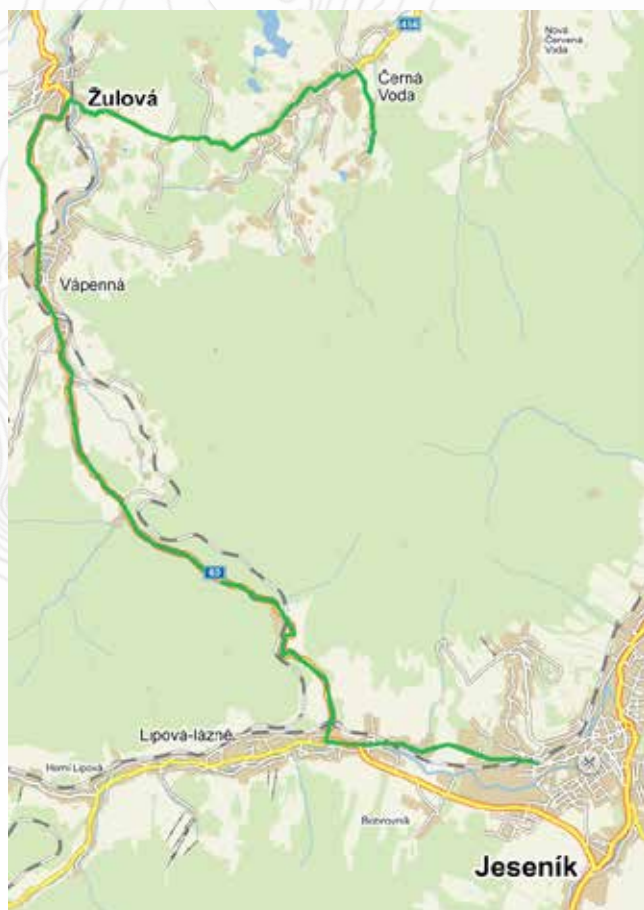
First start:	15:00
Approx. course length:	4.7 km
Total climb:	175 – 190 m
Number of controls:	21 – 22
Number of refreshment controls:	0
Winning time:	25 min
Maximum running time:	75 min
Start interval:	2 min

Middle distance final

Date:	Friday, 27 th May, from 12:30 to 18:00
Location:	Černá Voda (25 km from event centre) GPS 50.2972850N, 17.1615544E

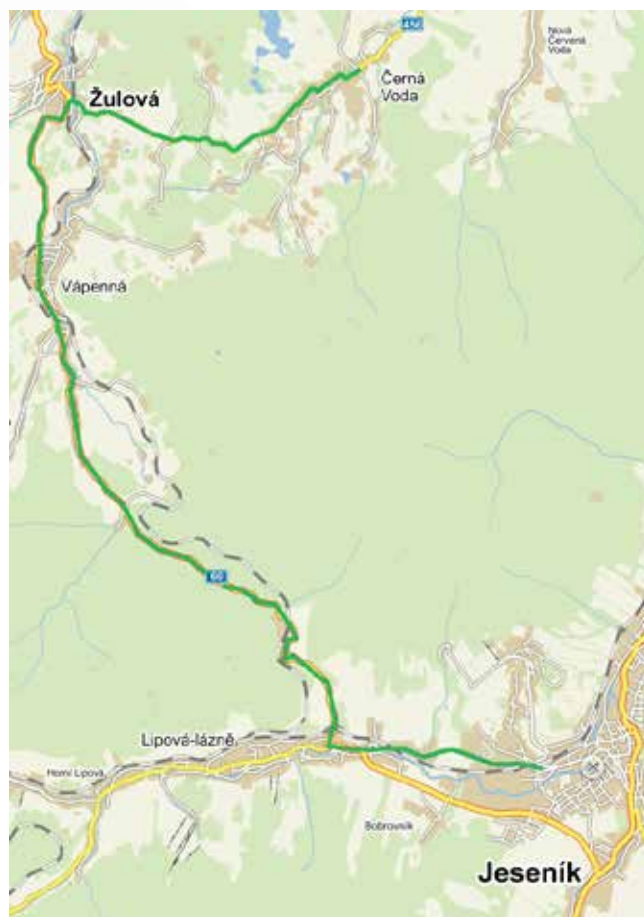


Route to arena



Quarantine

Route to quarantine:



Location:	Community house in Černá Voda – 50.3104889N, 17.1558061E
Access route:	Follow the route 60, in village Žulová turn right and follow the route 456
Quarantine check-in time:	11:00 – 12:30

Start procedure



Competitors will be transported by car according to the following schedule:

Departure from quarantine	start number men	start number women
11:30	201-204	301-304
11:35	205-208	305-308
11:40	209-212	309-312
11:45	213-216	313-316
11:50	217-220	317-320
11:55	221-224	321-324
12:00	225-228	325-328
12:05	229-232	329-332
12:10	233-236	333-336
12:15	237-240	337-340
12:20	241-248	-
12:25	249-256	-
12:30	257-264	-
12:35	265-272	-
13:00	1-4	101-104
13:15	5-8	105-108
13:30	9-12	109-112
13:45	13-16	113-116
14:00	17-20	117-120
14:15	21-24	121-124
14:30	25-28	125-128
14:45	29-32	129-132
15:00	33-36	133-136
15:15	37-40	137-140
15:30	41-44	141-144
15:45	45-48	145-148
16:00	49-52	149-152

Own drinks for refreshment controls must be delivered to the organizer in quarantine until 11:15. There must be written start number and number of refreshment control on each drink. There will be water on refreshment control provided by the organizer. All refreshment stations are situated at controls.

Terrain:	curly terrain, slope with many stones, stone grounds, watercourses, mixed visibility and runnability, medium density of paths, altitude 350 – 600 m
Map:	scale 1 : 10 000, contour interval 5 m, mapped by Zdeněk Sokolář, size 350 x 297 mm
Special map symbols:	black cross – small building, information board, collapsed fodder rack
Control description size:	Men A: 48 x 168 mm, Women A: 48 x 150 mm
Course planner:	Jakub Weiner

Women A

First start final A:	15:30
Approx. course length:	5.0 km
Total climb:	170 m
Number of controls:	21
Number of refreshment controls:	1 (70%)
Winning time:	35 min
Maximum running time:	105 min
Start interval:	2 min

Men A

First start final A:	13:45
Approx. course length:	5.7 km
Total climb:	210 m
Number of controls:	24
Number of refreshment controls:	1 (75%)
Winning time:	35 min
Maximum running time:	105 min
Start interval:	2 min

Women B

First start final B:	12:30
Approx. course length:	3.9 km
Total climb:	115 m
Number of controls:	16
Number of refreshment controls:	1 (55%)
Winning time:	30 min
Maximum running time:	105 min
Start interval:	1 min

Men B

First start final B:	12:30
Approx. course length:	4.7 km
Total climb:	150 m
Number of controls:	19
Number of refreshment controls:	1 (60%)
Winning time:	30 min
Maximum running time:	105 min
Start interval:	1 min

Note: The race will be broadcast by Czech TV. Close to several controls there will be TV staff present. It may even happen that a cameraman follows athletes for a few metres.

Relay

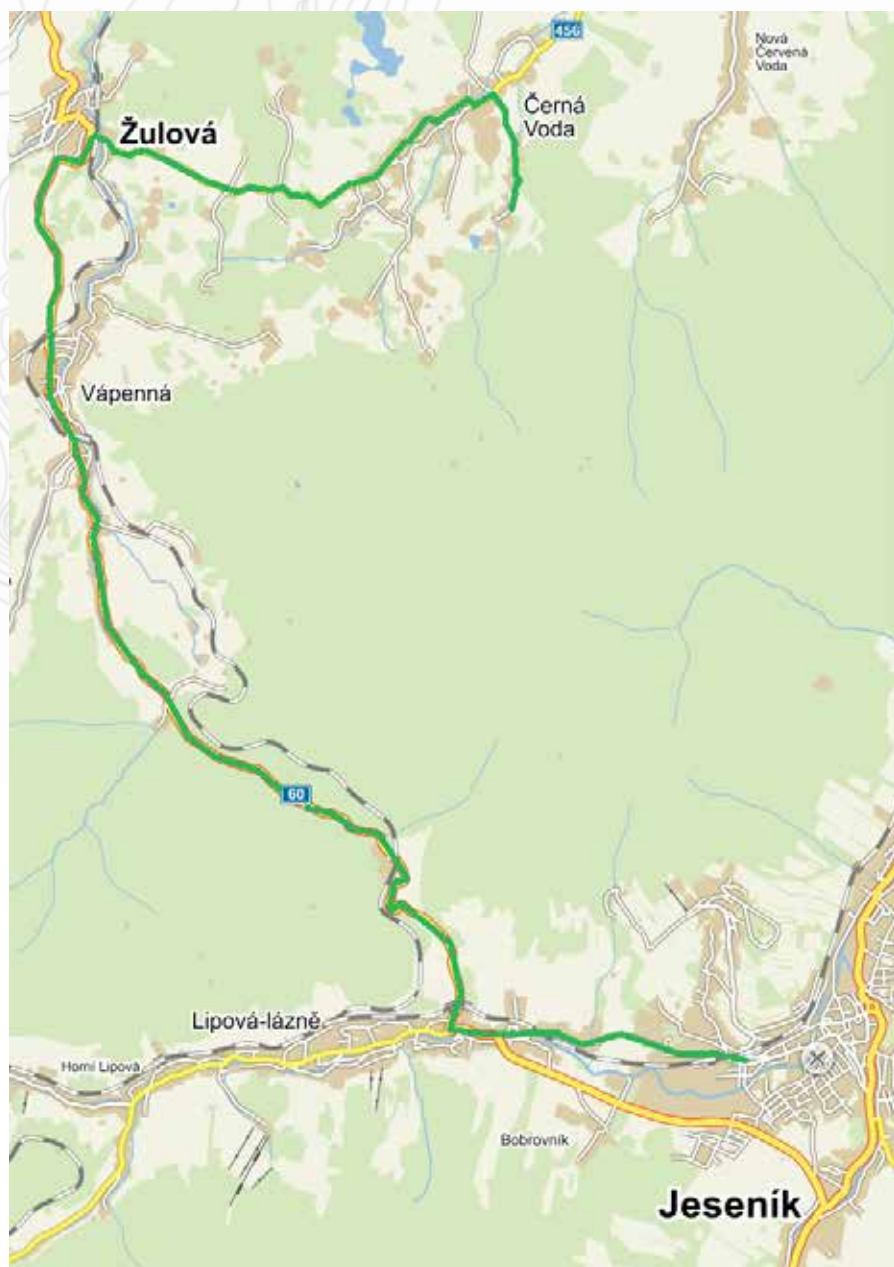
Date: Saturday, 28th May, from 10:00 to 13:45

Location: Černá Voda (25 km from event centre)
GPS 50.2972850N, 17.1615544E



Quarantine

Route to quarantine:



Location:

Location: Černá Voda – 50.2972850N, 17.1615544E

Access route:

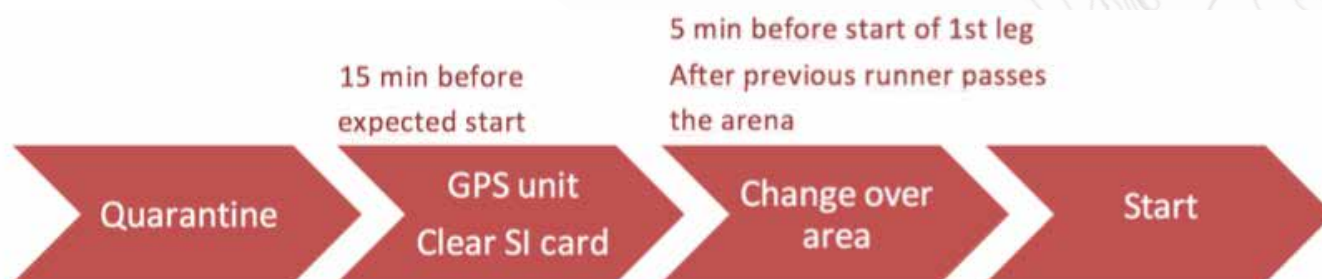
Follow the route 60, in village Žulová turn right and follow the route 456

Quarantine check-in time:

8:45 – 9:55

Start procedure

After the previous leg runner punches spectator control, the next leg runner is allowed to enter changeover area. There will be broadcast from spectator control to the screen on the entrance to the changeover area. It is athlete's responsibility to enter changeover area after the competitor on previous leg punches spectator control.



Refreshment station is situated at spectator control at arena passage. Own drinks for refreshment controls must be delivered to spectator control until 9:30 or drinks can be handed by coaches outside of quarantine on spectator control. There will be water on refreshment control provided by the organizer.

Terrain:	curly stony terrain, stone grounds, watercourses, mixed visibility and runnability, medium density of paths, altitude 350 – 600 m
Map:	scale 1 : 10 000, contour interval 5 m, mapped by Zdeněk Sokolář, size 350 x 297 mm
Special map symbols:	black cross – small building, information board, collapsed fodder rack
Course planner:	Jan Pícek
Number of legs:	3
Max. number of relays: (men/women) from each federation	2/2 (only the better placed relay team of each federation counts for European championships)

Women

First start:	12:00
Approx. length of legs: Legs 1 & 2:	4.9 km
Leg 3:	5.2 km
Total climb:	240 m
Number of controls:	19 – 20
Number of refreshment controls:	1 (80%)
Winning time:	105 min
Maximum running time:	210 min
Last loop Arena passage – Finish:	approx. 3 – 5 min.

Men

First start:	10:00
Approx. length of legs: Legs 1 & 2:	6.0 km
Leg 3:	6.3 km
Total climb:	260 m
Number of controls:	21 – 22
Number of refreshment controls:	1 (85%)
Winning time:	105 min
Maximum running time:	210 min
Last loop Arena passage – Finish:	approx. 3 – 5 min.

Notes: The race will be broadcast by Czech TV. Close to several controls there will be TV staff present. It may even happen that a cameraman follows athletes for a few metres. The competitor must stay in team zone after finishing. It is strictly forbidden to return to the quarantine and support other competitors with any information.





Classes and participation restrictions for ETOC

- In ETOC there are two classes. All competitors, regardless of sex, age or physical ability/disability are eligible to be entered for the ETOC Open class competition.
- Only competitors who have a permanent disability that significantly reduces their mobility are eligible to be entered for the European Championship Paralympic class competition.
- Competitors for the Paralympic class shall submit to the IOF, at least eight weeks before the competition, an eligibility form (available at www.orienteering.org) completed by a doctor.
- When approved, a certificate authenticating their Paralympic status will be issued.
- The eligibility certificate must be sent to the event organiser with the final entry form (by 11th May).
- There are no age restrictions.
- Competitors representing member Federations of the IOF, defined by the International Paralympic Committee as belonging to the European continent, can compete in ETOC.
- Competitors representing other member Federations of the IOF can participate in ETOC but will not be eligible for European titles, medals or diplomas.
- In the individual PreO event a Federation may enter a maximum of 6 persons in each class. In the TempO event a Federation may enter a maximum of 8 persons. The current European Champion may be entered in their respective classes in addition to the normal maximum.
- In the TrailO Relay a Federation may enter 2 teams in each class, each consisting of 3 competitors. Only the better-placed team will count in the prize list.
- There are no other peculiarities of the event.

Electric Wheelchair

The maintenance of wheelchairs is the responsibility of the participants. There will be a possibility to recharge wheelchairs in the event centre.

Clothing

According to The Competition Rules for IOF Trail Orienteering Events, the choice of clothing and footwear shall be free.

ETOC Events

Punching PreO: SPORTIdent. Each competitor must compete with an assigned SI card. Team leaders will receive SI cards in the event office during the registration. SI cards must be returned to the organizer after the last competitor's competition (usually PreO 2)

In case of SI failure the competitor punches to the map with a pin to a control description field. For example (as you can see in the right picture), SI on station 13, 17 and 19 doesn't work. Your answer is A, C and Z. The red spots show, how you would punch with a pin then. There is usually space for 30 punches in the SI-card, so be careful of

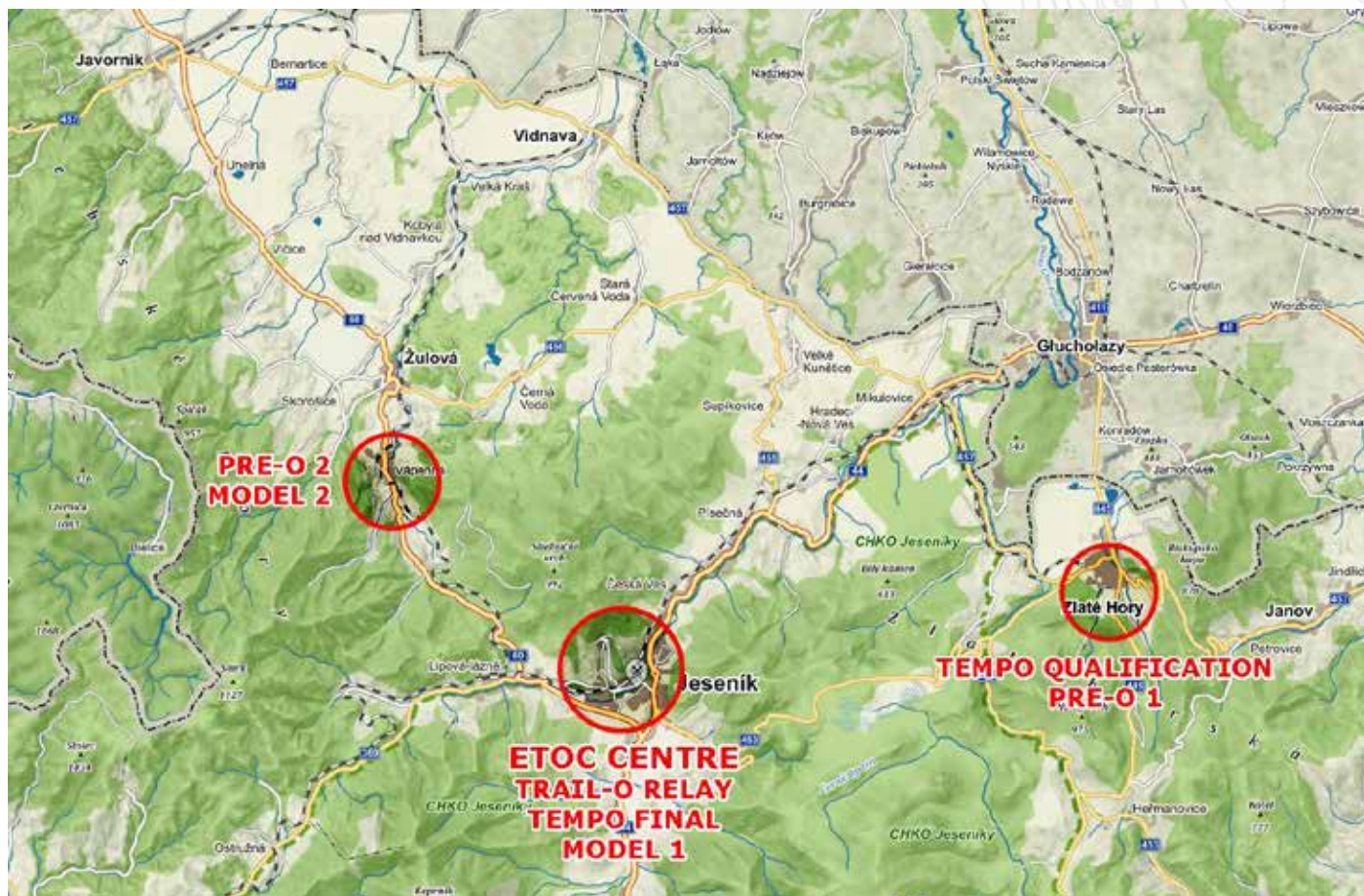
multipunching. The punching device is a carousel with several SI-units. The corresponding carousel will be placed close to the decision point in the terrain and will be clearly marked (see picture) with the corresponding control number; you **MUST** punch your answer at the correct carousel, so check carefully!

Complaint time: 15 minutes after the announcement of official results. Any complaint shall be made in writing to the organizer in finish area.

Start numbers are mandatory for all competitors. It must be worn visible on the clothes (or wheelchairs). For each discipline (Relay, TempO Q, TempO F, PreO) there are different start numbers. These numbers will be available at the team officials' meeting.



Overview map



Model TempO + TrailO Relay

Date:	23 rd May, from 12:00 to 17:00
Location:	Jeseník, water fort GPS 50.2302894N, 17.2079969E
Terrain:	town park, paved paths
Map:	scale 1:4 000, contour interval 2.5 m, mapped by Jan Fátor
Special map symbols:	none
Course planner:	Tomáš Leštinský
Max. number of competitors: (Open/Para) from each federation	unlimited

Course

2 TempO clusters, 5 PreO controls

Length:	0.3 km
Time limit	no limit
Total climb	0 m
Assistants:	no need, all paths are flat and paved
Refreshment:	we provide no refreshment

On one station you will see five kites. Upper three of them are for one control, lower two for another control. To separate them the red/white tape in terrain is used, in the map it is marked by dashed purple line.



Parking: not organised. Use public parking lots in Štefánikova street or surrounding.
Route to parking through the city of Jeseník is not marked.
Toilet: 1x ToiToi handicap, 1x ToiToi

We kindly ask federations to keep suggested schedule for Model 1 participation:

10:00 – 11:00	CZE, DEN, POL, CRO
11:00 – 12:00	FIN, GBR, ITA
12:00 – 13:00	HUN, LAT, LIT, SLO
13:00 – 14:00	RUS, SVK, UKR, GER
14:00 – 15:00	NOR, SWE, PTG, ESP

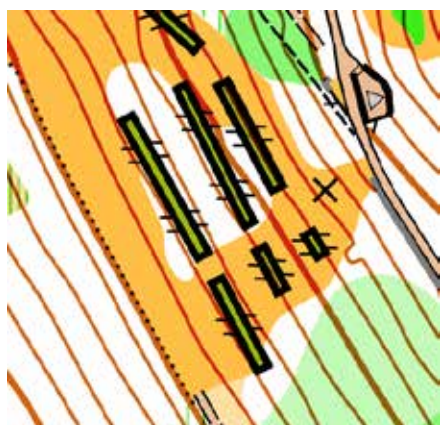
TrailO Relay

Date:	24 th May, from 10:00 to 13:00
Location:	Lázně Jeseník GPS 50.2423122N, 17.1895003E
Terrain:	hilly park with paved paths, excellent visibility
Map:	scale 1:4 000, contour interval 2.5 m, mapped by Jan Fátor
Course planner:	Tomáš Leštinský
Max. number of competitors: (Open/Para) from each federation	2/2 relays, each of 3 competitors
Last update of team members:	23rd May 15:00
Punching:	SportIDeNT

Course

10 controls each leg + 2 TempO station, 3rd leg has plus 2 extra PreO controls and plus 1 extra public TempO station

Length:	0.9 – 1.1 km
Time limit Open	120 min
Time limit Para	150 min
Total climb	20 m



Competition area: All area surrounding ETOC centre is a competition area. Is forbidden to use any paths except allowed path.
Parking: Use official parking for ETOC next to main building in Spa. Distance to event centre – 100 m.
Assistance for wheelchair: will be provided in the event centre.

Special map symbols

black circle

basket for discgolf
trash bin



black cross

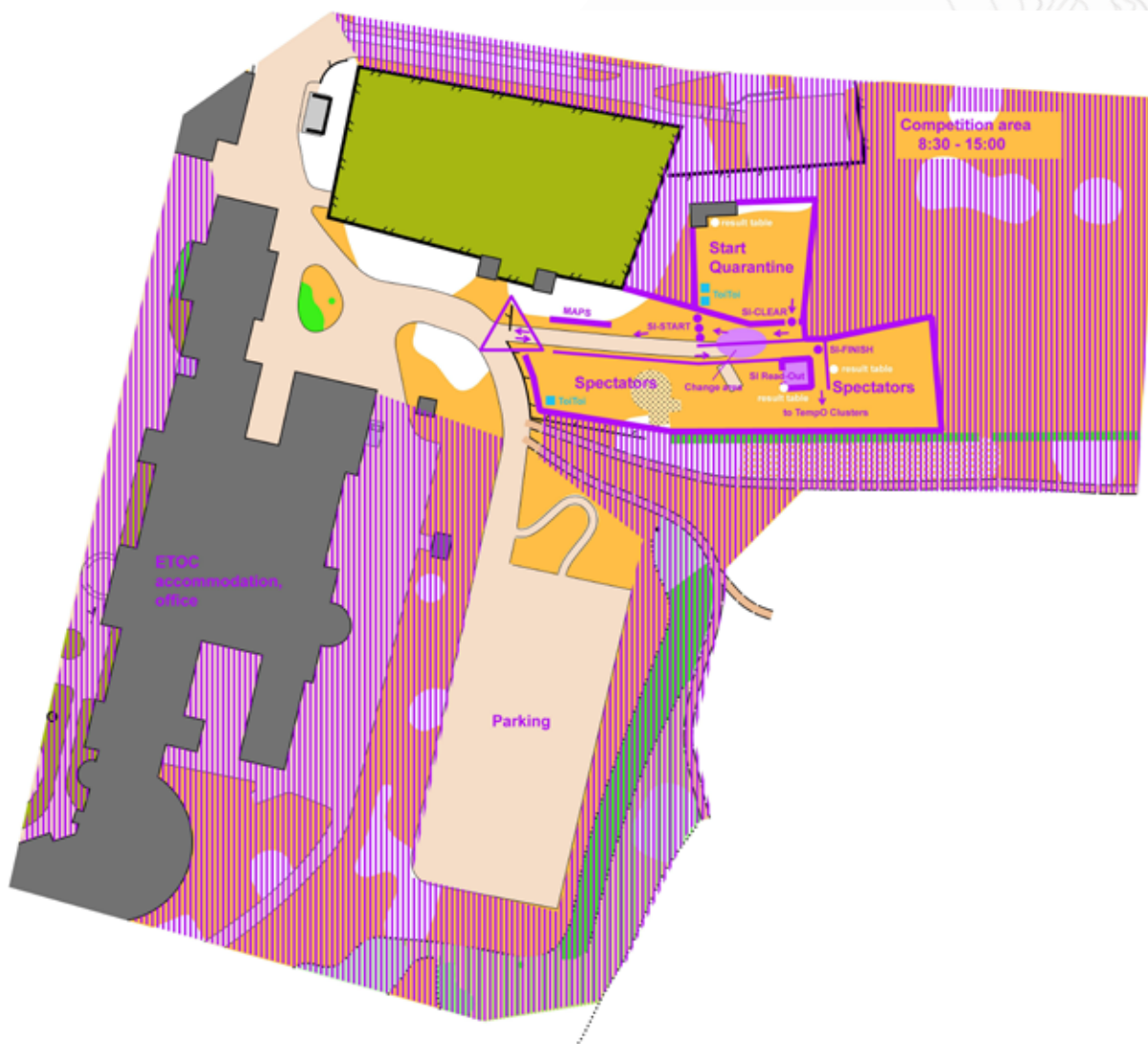
playground



green cross

root stock





All competitors shall be at **8:30** in start quarantine in the competition centre. Don't be late, after this time we won't allow anybody to go to quarantine = your relay will be disqualified then.

No communication devices are allowed in quarantine. There will be toilets, tents and results. At 9:20 there will be a sample show of change, start and taking map procedure.

At 9:30 we plan a mass start for category Open, at 9:40 for category Para.

Competitors, who return from the PreO part to finish, let the next member of the relay go for his part of the race touching by hand. Then s/he reads out their SI card and right after that s/he goes to TempO cluster 1 and 2 following the map s/he receives in finish. After s/he solves two clusters s/he returns to the event centre and stays there as a spectator.

Maps will be collected in the finish. No one is allowed to keep their map! Maps will be provided after TempO F in the competition office.

The third leg of relays goes through the same procedure, but after the solving of TempO clusters stays in the race. Organizers will wait till all 3rd legs return from TempO cluster 2. Then all 3rd leg competitors (Para and Open) will be announced by the commentator several times to go to TempO cluster 3 quarantine (will be marked). After all these competitors are in quarantine, organizers will set the final TempO station, open the spectators area and start with the final part of the race. According to current results competitors go from quarantine to the last TempO cluster in the order the worse as the first,

the best as the last. Para class at first, Open as second. Follow the instructions given by the organizers. The last TempO cluster is public, so all competitors from the first and second legs are invited to marked area to observe and cheer.

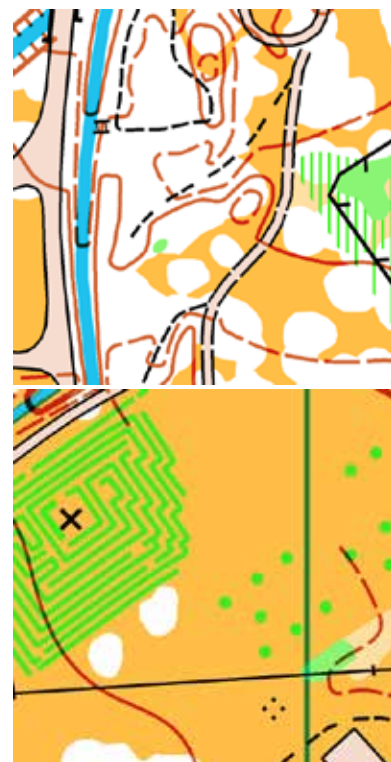
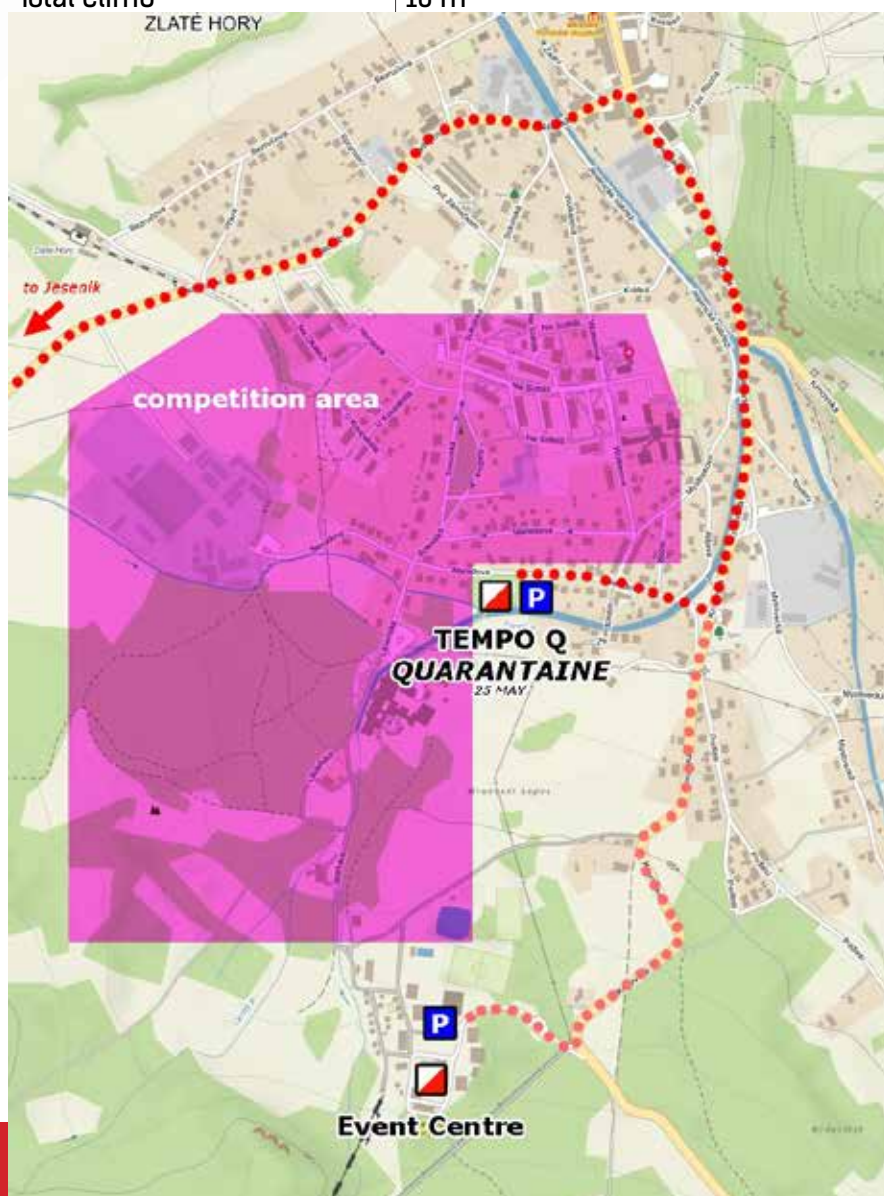
TempO qualification

Date:	25 th May, from 9:30 to 12:30
Location:	Zlaté Hory GPS 50.2537286N, 17.3934769E
Terrain:	town park, paved paths
Map:	scale 1:4 000, contour interval 2.5 m, mapped by Tomáš Leštinský
Course planner:	Tomáš Leštinský
Max. number of competitors from each federation:	8
Last update of team members:	24th May 15:00

Course

6 clusters, each 4 controls, 2 heats

Length:	0.5 km
Total climb	10 m



Special map symbols

black circle

special metal construction
playground



green cross

cut-off orchard tree



Unmapped single objects

If there are a lot of features of similar types, many of them are omitted.



Arrival and parking:

Competitors are allowed to park their cars in Nerudova street close to Start Quarantine. But we recommend to ask the non-competing team members to move the cars to the event centre in Bohema (where the screen with live results will be). Competitors without this possibility can return through the competition area exactly the same way as they used for the race only after the race is over to reach their car.

Spectators and others go to the event centre in Bohema.

Start quarantine:

All competitors shall be in start quarantine till 9:00. If a non-competitor enters the quarantine, he won't be allowed to leave it till the end of the race. No communication devices are allowed in quarantine. When leaving the quarantine for the race the competitor receives his competitors card.

Start:

9:30, distance from quarantine 200 m

Finish:

after solving all the course, competitors go to the event centre situated in Bohema. Distance to Bohema from finish is 0.5 km / 25 m

There is refreshment, hot/cold beverages, hot meals at approx. 5 euros will be provided and running results of the race will be published there.

TempO final

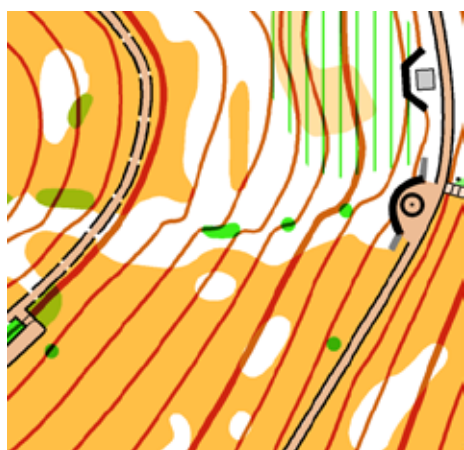
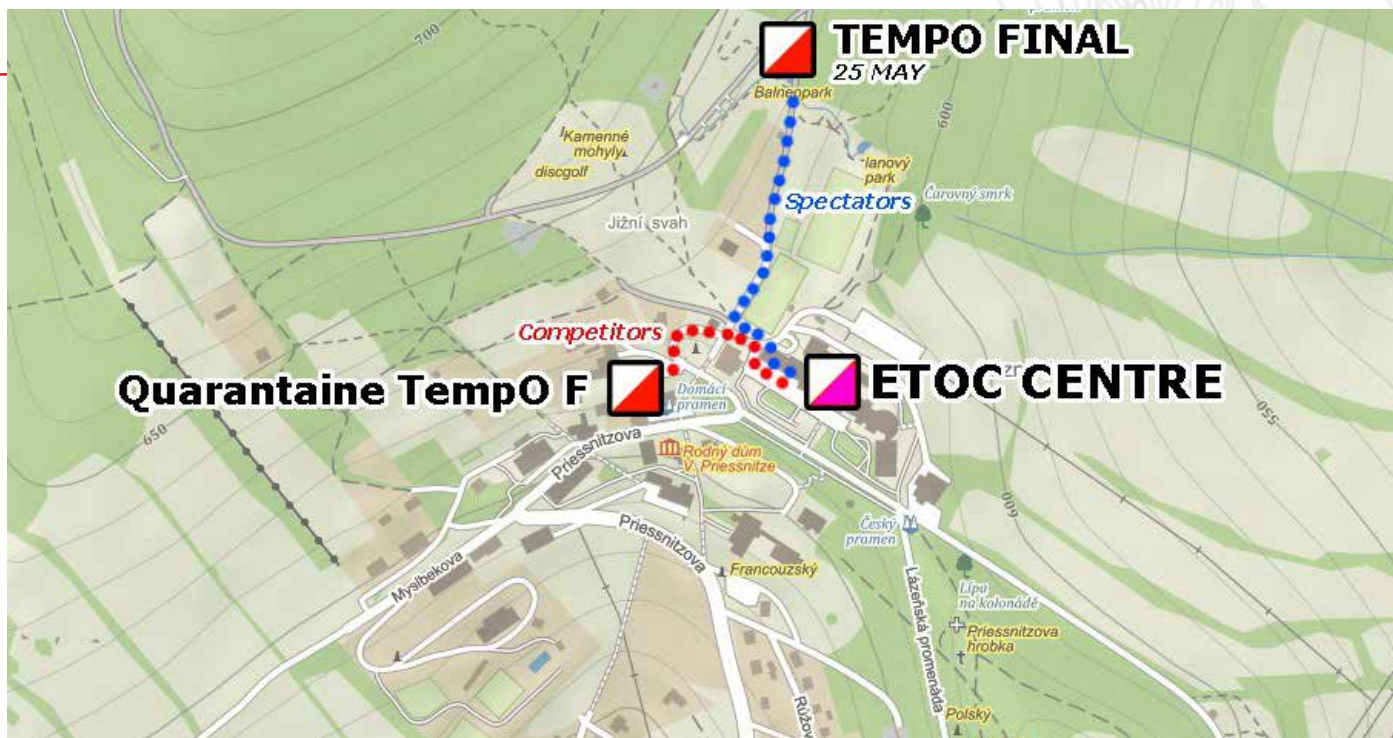
Date:	25 th May, from 16:00 to 17:30
Location:	Lázně Jeseník GPS 50.2423122N, 17.1895003E
Terrain:	hilly park with paved paths, excellent visi- bility
Map:	scale 1:4 000, contour in- terval 2.5 m, mapped by Jan Fátor
Special map symbols:	none
Course planner:	Tomáš Leštínský
Max. number of competitors:	the top 18 from each heat



Course

7 clusters, each 4 controls

Length:	0.3 km
Total climb	0 m
Distance from quarantine to start:	400m, 30m climbing
Max. number of competitors:	the top 18 from each heat



Qualified competitors from TempO Q must be in TempO F quarantine until 15:00. Late comers are not allowed and the competitor is disqualified then. No communication devices and maps are allowed in quarantine.

Competitors leave quarantine 10 minutes before their start and follow the tapes to reach the start. There they receive their competition card. The best from TempO Q at the end.

The last cluster is public. All spectators are welcome to observe competitors to the set area marked in a plan. No refreshment for spectators will be provided.

Model PreO

Date:	26 th May, from 10:00 to 15:00
Location:	Vápenná GPS 50.2782944N, 17.0922436E
Terrain:	old limestone mine, bushy, reduced visibility, unpaved road
Map:	scale 1:4 000, contour interval 2.5 m, mapped by Tomáš Leštínský
Special map symbols:	black circle O = pole, place for burning charcoal
Course planner:	Tomáš Leštínský
Max. number of competitors: (Open/Para) from each federation	unlimited

Course

9 controls, 1 time control

Length:	0.2 km two parts, each 0.1km
There will be map change between the parts. It is a model situation to PreO 2.	
Total climb	5 m
Parking to start:	400m, 20m climb, rough gravel road

We kindly ask federations to keep suggested schedule for Model 2 participation:

10:00 - 11:00	NOR, SWE, PTG, ESP
11:00 - 12:00	RUS, SVK, UKR, GER
12:00 - 13:00	HUN, LAT, LIT, SLO
13:00 - 14:00	FIN, GBR, ITA
14:00 - 15:00	CZE, DEN, POL, CRO



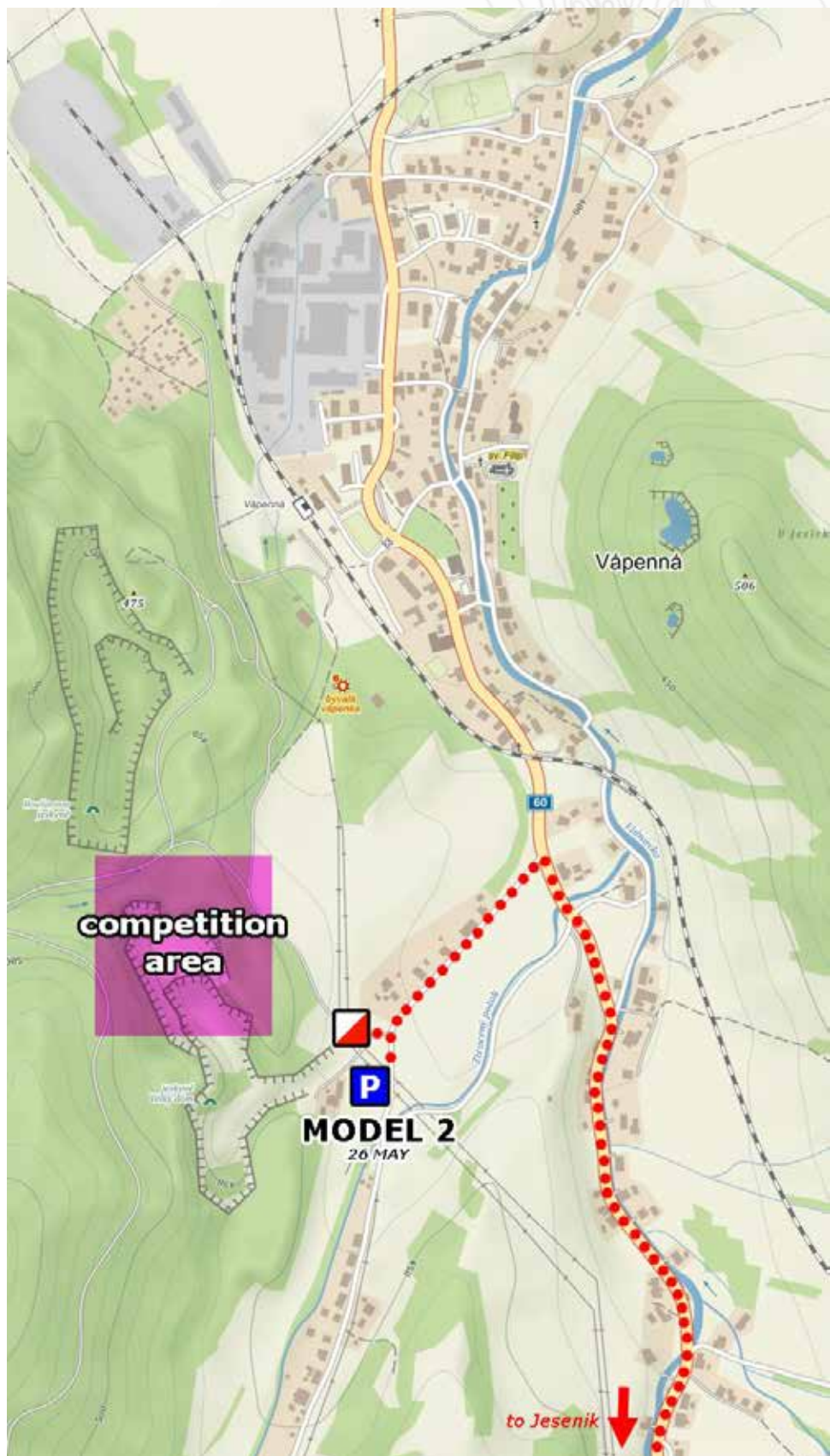
Parking: not organized. You can put your car at the edge of the set meadow next to the road.

Toilet: 1x ToiToi handicap, 1x ToiToi

No refreshment will be provided.

Punching: SportIDENT

Assistants: Very limited amount of organizer's assistants. Please, use your team mates.



Pre0 1

Date:	27 th May from 10:00 to 16:00
Location:	Zlaté Hory, Bohéma 50.2459900N, 17.3921467E
Terrain:	Ancient mining area, large amount of pits and depressions, unpaved narrow forest paths. Generally good visibility.
Map:	scale 1:4 000, con- tour interval 2.5 m, mapped by Tomáš Leštinský
Course planner:	Tomáš Leštinský
Max. number of competitors: (Open/Para)	6/6

Course

23 controls + 1 time control

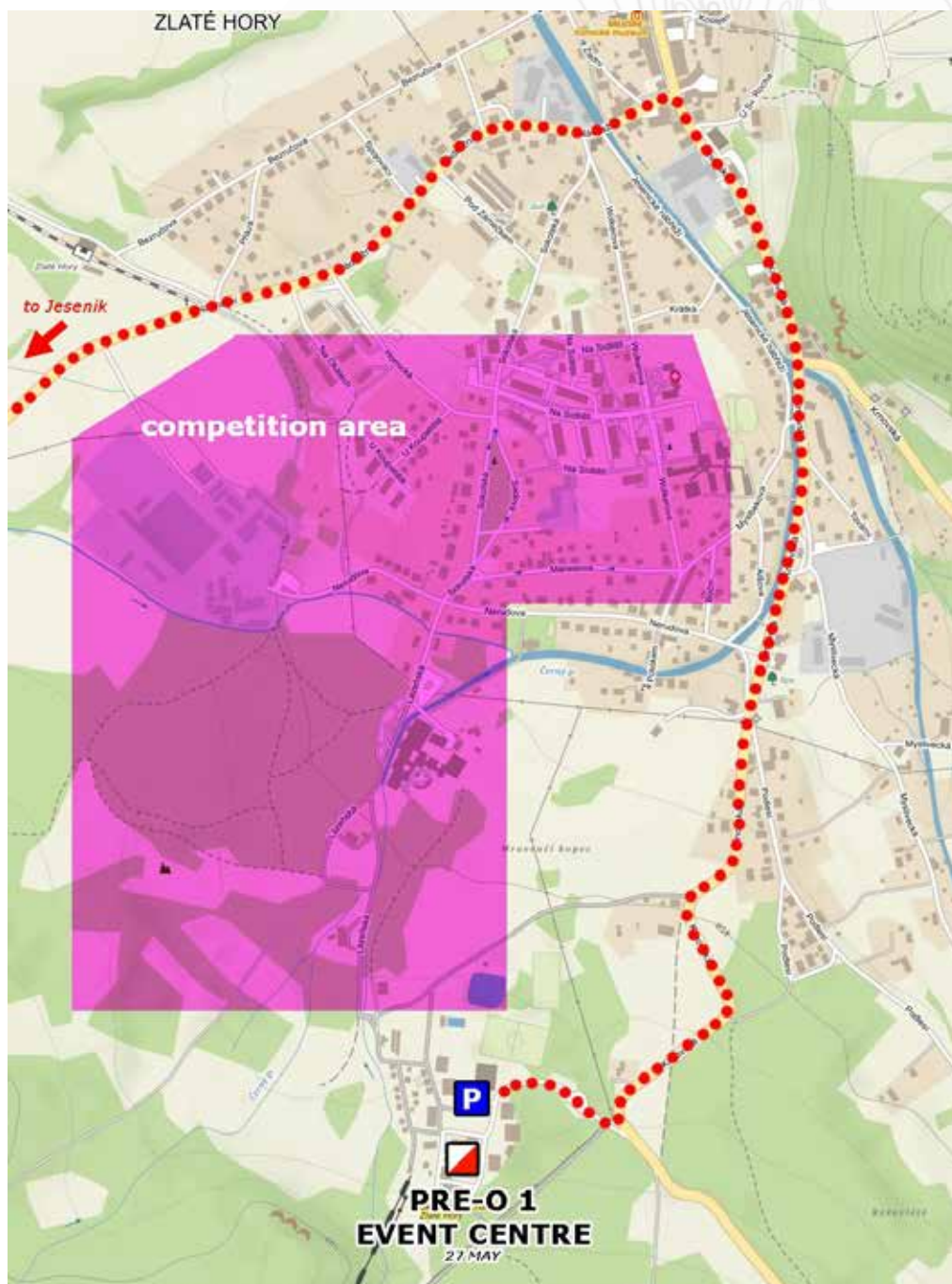
Length:	1.0 km
Total climb	0 m
Time limit Open	100 min
Time limit Para	130 min

Special map symbols

black cross
playground

green cross
root stock





Distance to pre-start: 700m, paved/unpaved path – 50/50, no climbing. Leg to start (with 2 time controls on it) is a grassy path, it is 400 m long with 20 m climbing

Punching: SportIDENT. Keep the order of controls!

Distance from finish to the event centre: 900m, climbing 30m

There will be organised a finish quarantine till the last competitor starts. Competitors in finish are subject to keep this quarantine.

Finish: The competitor reads out their SI card and follows the tapes to quarantine/event centre.

Refreshment: water in finish, hot/cold beverages, hot meals are provided in the event centre. Toilets: for Para 3 ToiToi handicap cabins. In Bohema there is WC inside.

Specialities: There will be three ONE WAY legs during the race. The competitor is not allowed to go back through this leg after s/he enters it. There will be marshals to watch it. Be careful about punching everything you want before you go through this leg.

Assistance for wheelchairs: will be available in the event centre in Bohema.

PreO 2

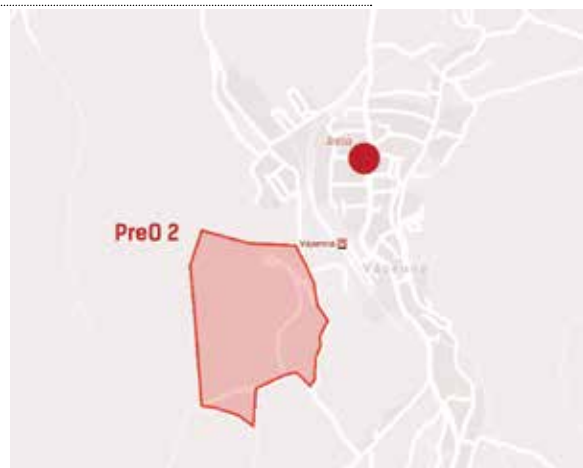
Date:	28 th May, from 10:00 to 15:00
Location:	Vápenná GPS 50.2864800N, 17.0958914E
Event centre:	Omya hall, there will be toilets, drinks, live results, parking, possibility to buy lunch... Parking in the yard.
Terrain:	old limestone mine, bushy, reduced visibility, unpaved road
Map:	scale 1:4 000, contour interval 2.5 m, mapped by Tomáš Leštinský
Course planner:	Tomáš Leštinský
Max. number of competitors: (Open/Para)	6/6

Course

24 controls + 1 time controls

Length:	0.7 km divided into two parts 0.4 km and 0.3 km.
There will be map change between the parts.	
Total climb	5 m
Time limit Open	95 min
Time limit Para	115 min
Punching:	SportIDENT. Keep the order of controls!

Distance from the event centre to pre-start: 1.6 km, 10 m climb, rough road. For Para competitors a scheduled bus will be organised. Please be at the departure place (right next to the event centre) at least 30 minutes before your start. Only in very special occasions we can let Para competitors to drive with their car to start area. But the finish is in a completely different place and reach the car again could be hard. Open competitors reach the start by walking. Follow the tapes and signs.



Special map symbols

black cross

old power pole without wires





Start: 10:00. Right after start there is a steep slope (250 m / 30 m). The competitor receives his/her map and punches the SI unit Clear and Start just after this slope = slope is not included in race time. The race starts after punching the Start SI unit. For Para there will be one more assistant provided by the organizer if needed.

The course is divided into two parts. When the competitor solves all controls from the first part, s/he goes to place marked on his map as „finish“, hands in his map there, follows the mandatory path to the second part where he receives a map with the rest of the race. There is no stop time!

Some kites of the second part could be visible from the first part!

Finish: In finish the competitor punches finish SI unit, hands in his map and follows organizer's instructions to reach the time control.

Distance from finish to the event centre: 1.7 km. Again there will be a scheduled bus for Para (in case of free spots Open competitors can use the bus too) to drive them to the event centre. Open will walk to the event centre themselves.

Assistance for wheelchairs: will be available in the event centre in Omya hall.

There will be available a sufficient number of assistants for Para competitors on TempO qualification, TempO final, TrailO Relay, PreO 1 and PreO 2. On models there will be only a limited number of assistants.

Events for spectators

Saturday	21 st May	Regional event	Bruntál
Saturday	28 th May	Czech Cup (middle)	Černá Voda
Sunday	29 th May	Czech Cup (long)	Černá Voda

Entries: <http://oris.orientacnisporty.cz/>

There will be no competitive TrailO events for ETOC spectators. There will be possibility to visit several TrailO courses after competition.

Notes:



Notes:





PHOTO: STAS.COM

LESYČR



generální partner

generální partner



hlavní partneři



mediální partneři



mediální skupina **mafra**

nápojoví partneři



partneři



podporovatelé



partnerská samospráva



Město Bruntál



Vápenná



Bílá Voda



Černá Voda



Zlaté Hory

pořadatelé

